

Archbishop & Metropolitan: The Most Reverend Dr. Lynne McNaughton
Diocese of New Westminster – Bishop: The Right Reverend John Stephens



The Sixth Sunday of Easter
May 22nd 2022
Holy Eucharist

St Clement's Anglican Church

Welcome to everyone worshipping with us in-person and online today.

The Gathering of the Community

please stand

Processional Hymn: Christ is Risen

Refrain: Christ is risen! Hallelujah! Hallelujah!
Christ is risen! Risen indeed, hallelujah!

Love's work is done, the battle is won;
Where now, O death, is your sting?
He rose again to rule and to reign.
Jesus our conquering King.

Refrain

Lord over sin, Lord over death,
At his feet Satan must fall!
Every knee bow, all will confess
Jesus is Lord over all.

Refrain

Tell it abroad, “Jesus is Lord!”
Shout it and let your praise ring.
Gladly we raise our songs of praise,
Worship is our offering.

Refrain: Christ is risen! Hallelujah! Hallelujah!

Christ is risen! Risen indeed, hallelujah! Risen indeed, hallelujah!

Text: Chris Rolinson.

Music: Lynley Lewis.

The Presider greets the community

Presider Alleluia Christ is Risen!

All **Christ is Risen indeed! Alleluia!**

Presider As we gather on the unceded and ancestral lands of the Squamish, Musqueam, and Tseil-Waututh nations, let us pray that Christ’s grace and peace will be with us.

All **May we be ministers of the reconciling love of the Risen Christ. May our hearts be filled with joy. Alleluia!**

Gloria, Gloria, in Excelsis Deo CP 376 (sung once in unison and twice as a round)

Ambo side of the church	Choir side of the church
1. Gloria, Gloria, in excelsis Deo! Gloria, gloria. Alleluia, alleluia!	1. Gloria, Gloria, in excelsis Deo! Gloria, gloria. Alleluia, alleluia!
2. Gloria, Gloria, in excelsis Deo! Gloria, gloria. Alleluia, alleluia!	(silence) 2. Gloria, Gloria, in excelsis Deo! Gloria, gloria. Alleluia, alleluia!
3. Gloria, Gloria, in excelsis Deo! Gloria, gloria. Alleluia, alleluia! (silence)	3. Gloria, Gloria, in excelsis Deo! Gloria, gloria. Alleluia, alleluia!

Text: Luke 2:14a; Eng. para. Taizé Community (France).

Music: Jacques Berthier (1923-1994).

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The Collect

Presider Gracious God,

All through a vision you sent forth Paul to preach the gospel
and called the women to a place of prayer on the sabbath.
Like Paul and Lydia, may our hearts respond to your word
and be open to go where you lead us. Amen.

Revised Common Lectionary Prayers (2002)

Children's talk

The Rev. Helen Dunn

please sit

Hear God's Word, a flame that lights our path each day.

See God's Word, reflected in our lives.

Live God's Word, throughout each day, in work and play.

God's own Word, keeps us alive. *(Music: Lynne Graham: Lyrics: Lynley Lewis)*

1st Reading from the Book of Acts (16: 9-15)

Lynne Graham

⁹ During the night Paul had a vision: there stood a man of Macedonia pleading with him and saying, 'Come over to Macedonia and help us.' ¹⁰ When he had seen the vision, we immediately tried to cross over to Macedonia, being convinced that God had called us to proclaim the good news to them.

¹¹ We set sail from Troas and took a straight course to Samothrace, the following day to Neapolis, ¹² and from there to Philippi, which is a leading city of the district of Macedonia and a Roman colony. We remained in this city for some days. ¹³ On the sabbath day we went outside the gate by the river, where we supposed there was a place of prayer; and we sat down and spoke to the women who had gathered there. ¹⁴ A certain woman named Lydia, a worshipper of God, was listening to us; she was from the city of Thyatira and a dealer in purple cloth. The Lord opened her heart to listen eagerly to what was said by Paul. ¹⁵ When she and her household were baptized, she urged us, saying, 'If you have judged me to be faithful to the Lord, come and stay at my home.' And she prevailed upon us.

Reader Holy Word. Holy Wisdom.

All Thanks be to God.

Psalm 67

1 O God, be merciful to us and bless us,
show us the light of your countenance and come to us.

**2 Let your ways be known upon earth,
your saving health among all nations.**

3 Let the peoples praise you, O God;
let all the peoples praise you.

**4 Let the nations be glad and sing for joy,
for you judge the peoples with equity
and guide all the nations upon earth.**

5 Let the peoples praise you, O God;
let all the peoples praise you.

**6 The earth has brought forth its increase;
may you, O God our God, bless us.**

7 May you bless us,
and may all the ends of the earth stand in awe of you.

Presider Glory to the holy and undivided Trinity, one God:
All **As it was in the beginning, is now and will be for ever. Amen.**

2nd Reading from the Book of Revelation (21: 10, 22- 22: 5) David Smith *please sit*

¹⁰ And in the spirit he carried me away to a great, high mountain and showed me the holy city
Jerusalem coming down out of heaven from God.

22 Then the angel showed me the river of the water of life, bright as crystal, flowing from the throne of God and of the Lamb ²through the middle of the street of the city. On either side of the river is the tree of life with its twelve kinds of fruit, producing its fruit each month; and the leaves of the tree are for the healing of the nations. ³ Nothing accursed will be found there any more. But the throne of God and of the Lamb will be in it, and his servants will worship him; ⁴ they will see his face, and his name will be on their foreheads. ⁵ And there will be no more night; they need no light of lamp or sun, for the Lord God will be their light, and they will reign for ever and ever.

Reader Holy Word. Holy Wisdom.
All **Thanks be to God.**

Gradual Hymn: Alleluia No. 1 CP 405 *please stand*

*Refrain: Alleluia, alleluia! Give thanks to the risen Lord.
Alleluia, alleluia! Give praise to his name.*

5



6th Sunday: All who love me will keep my words,

5



My Father will love them, and we will come to them!

Refrain

The Gospel

All stand for the Gospel

Deacon The Lord be with you.

All **And also with you.**

Deacon The Holy Gospel of our Lord Jesus Christ according to John (5: 1-9).

All **Glory to you, Lord Jesus Christ.**

5 After this there was a festival of the Jews, and Jesus went up to Jerusalem.

² Now in Jerusalem by the Sheep Gate there is a pool, called in Hebrew Beth-zatha, which has five porticoes. ³ In these lay many invalids—blind, lame, and paralysed. ⁵ One man was there who had been ill for thirty-eight years. ⁶ When Jesus saw him lying there and knew that he had been there a long time, he said to him, ‘Do you want to be made well?’ ⁷ The sick man answered him, ‘Sir, I have no one to put me into the pool when the water is stirred up; and while I am making my way, someone else steps down ahead of me.’ ⁸ Jesus said to him, ‘Stand up, take your mat and walk.’ ⁹ At once the man was made well, and he took up his mat and began to walk.

Deacon The Gospel of Christ

All **Praise to you, Lord Jesus Christ.**

the song continues

Refrain: Alleluia, alleluia! Give thanks to the risen Lord.

Alleluia, alleluia! Give praise to his name.

Text: Donald Fishel (1950-) and the Bible.

Music: Melody Donal Fishel (1950-); arr. Betty Carr Pulkingham (1928-), Charles Mallory (1950-), and George Mims (1938-). Text and music © 1973 *World of God Music* (Administered by The Copyright Company, Nashville, TN). All rights reserved. International copyright secured. Used by permission.

*Silence for Reflection***The Creed: I Believe in God Almighty CP 44 (tune of CP 482)***please stand*

I believe in God almighty, Father of all things that be,
Maker of the earth and heavens, keeper of the sky and sea.
I believe in God's Son, Jesus, now for us both Lord and Christ,
Of the Spirit and of Mary born to bring abundant life.

I believe that Jesus suffered, scourged and scorned and crucified;
Taken from the cross, was buried—true life there had truly died.
I believe that on the third day Christ was raised up from the grave,
Then ascended to God's right hand. He will come to judge and save.

I believe in God's own Spirit, bonding all the saints within
One church, catholic and holy, where forgiveness frees from sin;
In the body's resurrection, for the breaking of death's chain
Gives the life that's everlasting: this the faith that I have claimed.

Text: The Apostles' Creed; para. Sylvia G. Dunstan (1955-1993). Para. © 1991 G.I.A. Publications, Inc.

Music: *Melody Welsh trad. coll. Edward Jones (1752-1824), Musical and Poetical Relicks of the Welsh Bards, 1784, alt.; harm. George Black (131-) ©.*

Prayers of the Community

Diane Kozoris

*stand, sit, or kneel***The Peace***please stand**Presider*

The Peace of the Lord be always with you.

All**And also with you.***Please nod or bow to one another.*

The Offertory Hymn: O for a Thousand Tongues to Sing CP 306

O for a thousand tongues to sing
My great Redeemer's praise,
The glories of my God and King,
The triumphs of his grace!

Jesus! the name that charms our fears,
That bids our sorrows cease;
'Tis music in the sinner's ears,
'Tis life, and health, and peace.

He speaks, and, listening to his voice,
New life the dead receive,
The mournful, broken hearts rejoice,
The humble poor believe.

Hear him, ye deaf; ye voiceless ones,
Your loosened tongues employ;
Ye blind, behold your Savior come,
and leap, ye lame, for joy!

My gracious Master and my God,
Assist me to proclaim,
To spread through all the earth abroad
the honors of your name.

Text: Charles Wesley (1707- 1788), alt.

Music: Thomas Haweis (1734- 1820); adapt. Samuel Webbe the younger (1770?- 1843);
desc. Craig Sellar Lang (1891- 1971). Desc. © Novello and Co., Ltd. Reprinted by permission of
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The Celebration of the Eucharist

Prayer over the Gifts

please stand

Presider Bless these gifts and our lives, O God,

All that we may share both food and faith
with all people and all creation.
With our own hunger, feed the hungry;
with our doubt, inspire our faith;
and with our voice, we join other voices,
demanding justice, here and everywhere,
now and always. Amen.

If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in the breaking of bread.

Presider The Lord be with you.

All And also with you.

Presider Lift up your hearts.

All We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

All It is right to give our thanks and praise.



Angels Clipart Praising God - Illustration, HD Png Download , Transparent Png Image - PNGitem

Sanctus: You are Holy

(sung in unison and then again as a 2-part round)

Ambo side of the church	Choir side of the church
<p>Part 1</p> <p>You are holy, you are whole. You are always evermore, than we ever understand, you are always at hand. Blessed are you coming near. Blessed are you coming here, To your church in wine and bread, Raised from soil, raised from dead.</p> <p>Part 2</p> <p>You are holy, You are wholeness, You are present, Let the Cosmos praise you Lord! Sing hosanna in the highest! Sing hosanna! Sing hosanna to our God!</p>	<p>Part 1</p> <p>You are holy, you are whole. You are always evermore, than we ever understand, you are always at hand. Blessed are you coming near. Blessed are you coming here, To your church in wine and bread, Raised from soil, raised from dead.</p> <p>Part 2</p> <p>You are holy, You are wholeness, You are present, Let the Cosmos praise you Lord! Sing hosanna in the highest! Sing hosanna! Sing hosanna to our God!</p>
<p>Part 1</p> <p>Part 2</p>	<p>Part 2</p> <p>Part 1</p>

Music and Lyrics: Per Harling.
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Presider May God be with you
All **And also with you**

Presider Lift up your hearts
All **We lift them up**

Presider Let us give thanks to God our Creator

All **It is right to give our thanks and praise**

Presider Holy God, you alone are holy, you alone are God. The universe declares your praise: beyond the stars; beneath the sea; within each cell; with every breath.

All **We praise you, O God.**

Presider Generations bless your faithfulness: through the water; by night and day; across the wilderness; out of exile; into the future.

All **We bless you, O God.**

Presider We give you thanks for your dear Son: at the heart of human life; near to those who suffer; beside the sinner; among the poor; with us now.

All **We thank you, O God.**

Presider In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

Remembering his love for us on the way, at the table, and to the end, we proclaim the mystery of faith.

All **Christ has died. Christ is risen. Christ will come again.**

Presider We pray for the gift of your Spirit: in our gathering; within this meal; among your people; throughout the world.

Blessing, praise, and thanks to you, holy God, through Christ Jesus, by your Spirit, in your church, without end.

All **Amen.**

The Lord's Prayer

Presider Gathering our prayers and praises into one, let us pray as our Saviour taught us in the language closest to your heart,

All **Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

The Breaking of the Bread

Presider Lord, we died with you on the cross.

All **Now we are raised to new life.**

Presider We were buried in your tomb.

All **Now we share in your resurrection.**

Presider Live in us, that we may live in you.

The Communion

Presider The gifts of God for the people of God.

All **Thanks be to God.**

please sit

If you are not physically receiving Communion, then offer this prayer

In union, O God, with all your faithful people gathered wherever the eucharist is celebrated this day, I offer you praise and thanksgiving for creation and all the blessings of this life, for the redemption given to us through the life, death, and resurrection of Christ, and for the means of grace and the hope of glory. I pray you come into my heart, my soul and my mind. Let nothing separate me from you. May I serve you in this life until, by your grace, I come to your promised reign of justice and peace; through Christ and in the unity of the Spirit. Amen.

During Communion:

More Than We Can Ask or Imagine CP 86

please sit or stand

More than we can ask or imagine,
more than we can ever dare to dream,
we are the children of heaven's creation,
God's own beloved, each called by name.

*Refrain And we cry, Glory! Glory! Glory to God who calls us by name!
Glory! Glory! Glory to God! Glory we sing!*

More than we will ever imagine,
more than we will ever understand;
we are sent to walk with compassion,
to live out God's love by heart and by hand.

Refrain

More than we can ask or imagine,
more than we could ever desire;
out of the dust God's building a kingdom,
like wine from the press, like bread from the fire.

*Refrain 2 And we cry, Glory! Glory! Glory to God! Glory we cry!
Glory! Glory! Glory on earth! Glory on high!
And we cry, Glory! Glory! Glory to God! Glory we cry!
Glory! Glory! Glory on earth! Glory on high!
Glory on earth! Glory on high!*

Text: Gordon Light (1944-).

Music: Melody Gordon Light (1944-); arr. Andrew Donaldson (1951-) ©.

Text and melody © 1993 Common Cup Company.

Nada te turbe (Nothing Can Trouble) CP 568

Nothing can trouble, nothing can frighten.

Those who seek God shall never go wanting.

Nothing can trouble, nothing can frighten.

God alone fills us.

Text: Teresa of Avila (1515-1582); Eng. tr. Taize Community (France).

Music: Jacques Berthier (1923-1994).

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Prayer after Communion

please stand

Presider

Glory to God

All

whose power, working in us,

can do infinitely more

than we can ask or imagine.

Glory to God from generation to generation,

in the Church and in Christ Jesus,

for ever and ever. Amen.

The Sending

Blessing

Community Announcements

please sit

Recessional Hymn: Lord, the Light of Your Love is Shining CP 460

please stand

Lord, the light of your love is shining,

In the midst of the darkness, shining;

Jesus, Light of the world, shine upon us;

Set us free by the truth you now bring us,

Shine on me, shine on me.

*Refrain: Shine, Jesus, shine;
Fill this land with the Father's glory;
Blaze, Spirit, blaze:
Set our hearts on fire.
Flow, river, flow:
Flood the nations with grace and mercy:
Send forth your word,
Lord, and let there be light.*

Lord, I come to your awesome presence
From the shadows into your radiance;
By the blood I may enter your brightness;
Search me, try me, consume all my darkness
Shine on me, shine on me.

Refrain

As we gaze on your kingly brightness
So our faces display your likeness;
Ever changing, from glory to glory,
Mirrored here may our lives tell your story,
Shine on me, shine on me.

Refrain

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Deacon Dismissal

All Thanks be to God! Alleluia!

Intercessory Prayers for any concerns happen every Sunday after worship, with an intercessory team, in the chancel (behind the Ambo). Please wait until there is a chair free, to leave privacy for the person ahead of you.

Pastoral Care

Pastoral concerns may be referred to the Rev. Helen Dunn at 236-888-4938.
Please let the clergy know if you or a family member is in hospital.



From: [live grow serve - Bing images](#)

Ministry Lay Leaders this Week

Altar set-up	Lynne Graham
Clean-up and linens	Diana Segers and Jo Zosiuk
Counters	Audrey Yong and Gordon Graham
Eucharistic Bread	Barbel Ismen
Lay Eucharistic Ministers	Jeanette and Larry Terrace
Intercessory Prayers	Ian Thomas and Sylvia Enga
Prayers of the People	Diane Kozoris
Readers	Lynne Graham and David Smith
Servers	Jacqueline Faivre-Duboz
Sidespeople	Phoebe Yong and Jonathan Jang
Sunday School Teacher(s)	Delayne Sartison, Maddy Walter and Christopher Yong
Tea/Coffee hosts	The ROMEO's

Scripture Readings for next Sunday

Acts 16: 16-34/ Ps 97/ Rev 22: 12-14, 16-17, 20-21/ Jn 17: 20-26

Name tags – after the service, please remove from around your neck, wind the string around two fingers and tuck it into the plastic pocket before placing it in the box. Please let me know if you would like one via email or phone call (so that I don't forget if you tell me on Sunday morning!)

Faith-filled Activities This Week

Today	after church neighbourhood litter pick-up
Monday	7:30 pm What I Have Learned From Studying the History of the Bible- an in-person or livestreamed public lecture from Regent College. See this link: Public Lecture - What I Have Learned from Studying the History of the Bible About Us

[Regent College \(regent-college.edu\)](http://regent-college.edu) And there are many more offered from Regent College's Summer Programs Evening Public Lectures.

- Tuesday** **4.30pm Prayer Group** on zoom- contact Lynne Graham. We give thanks and pray for the world and our community. All are welcome. Everything is confidential.
- Wednesday** **11am Bible Study** at the church or on zoom- contact Helen Dunn.
- Wednesday** **7.30pm Bible Study** on zoom- contact Lynne Graham.
- Friday** **7.45am The Romeo's** meet at Cora's Restaurant, cnr Marine Dr. and &Fell, for Breakfast and Bible Study. (*Retired Old Men Eating Out*)
- Listening Circle** **Over the course of May**, St Clement's will be hosting a series of Listening Circles to discern the direction and mission of our church. Your input is essential to this process. One specific goal is to come up with a plan for Lynn Valley Day on July 16th. The last date and time is: **IN PERSON**: Sunday, May 29 (1-3pm) - Click to register

Opportunities to Give:

1. St Clement's will be commissioning a cope for Peggy's collation as Archdeacon for Deacons. If you would like to donate to St Clement's in support of this, you may do so via cheque or cash in the offering plate (with the note: 'Peggy's cope') or via the website at <https://www.stclementschurch.ca/pages/giving> (select 'Peggy's cope' in drop-down menu).



2. Do you have a special date of remembrance that you'd like to share with our community by giving flowers for our Sunday service? If so, please contact Beth, the parish administrator, at the office to get more information.

Today's flowers are in celebration of Kristina Lee (Phoebe's niece) and Brian Andrews who held a beautiful church blessing ceremony yesterday at St. Clements. Their upcoming nuptials will be on May 28th, 2022 at Ferguson Point, Stanley Park. Thank you, Helen for presiding at both ceremonies.

Hello all St. Clement's Parents and Children,
 St. Clement's continues to cherish members of all ages including children. Sunday school has just re-started (on Easter Sunday). If you would like your child to participate, teachers will collect them after the Children's talk. They will remain with them until the passing of the Peace, where they will be returned to you. If your children would like to remain upstairs in the service, that is fine also. There are coloring activities at the back of the church. Children can take any colouring or activities completed with them at the end of the service but will be asked to leave the activity bag and other contents (e.g. toys, craft supplies, crayons etc.) behind to be reused in future weeks. Anyone who has questions/thoughts about or would like to help with the Children's Ministry at St. Clement's is encouraged to contact Helen or Delayne.

Ministry Connections

Priest	Helen Dunn	236-888-4938 helen@stclementschurch.ca
Deacon	Peggy Trendell-Jensen	604-619-5576
Deacon	Elizabeth Mathers	604-339-6581
Administrator	Beth Bailey	604-988-4418
Music Director	Lynley Lewis	music@stclementschurch.ca
Rector's Warden	Deborah Tuytens	604-970-1315
People's Warden	Sandra Martin	604-904-8689
Treasurer	Mike Crone	604-328-7156
Envelope Secretary	Audrey Yong	ayong@telus.net
Children/Sunday School	Delayne Sartison	778-229-0117
Youth	Mark Trendell-Jensen	604-561-9123

Prayers *The following are for your prayers this week*

In our own Diocese: Pray for John, our Bishop; for Stephen, Archdeacon; and Patrick, Regional Dean; for the N Van Regional Ministry Team and churches. For the parishes of The Church of the Epiphany, Surrey; and Christ the Redeemer, Surrey. For Linda, our Primate; Lynne, Archbishop and Metropolitan; and for Sidney Black, the interim National Indigenous Archbishop.

For the wider Church: Pray for the peace of Jerusalem and the Middle East. For St. Columba, Pitt Meadows – The Rev'd Georgia Harris (Priest-in-Charge), St. Helen, Surrey - The Rev'd Philippa Segrave-Pride and for St. Helen, Point Grey – The Rev'd Liz Hamel (Priest-in-Charge). We pray for the clergy and people in the Episcopal Diocese of Northern Philippines, specifically for our partner Parish of St. Clement of Alexandria, Payao. For all Pastors/Priests and congregations of other denominations in Lynn Valley.

In our Parish community: Pray for Helen, our priest; Elizabeth and Peggy, our deacons; for the wardens: Deborah, and Sandra. For the staff: Lynley and Beth; in our cycle of ministries, we pray this week for the eucharistic bread makers, the financial management team and the gardens management team.

In our parish cycle of prayers: Pray for Gary, Nicky, Olivia and Abigail Mey, Kevin, Jennifer, Kathleen and Darren Natrall and their families.

For healing: Pray for Beth Bailey; Rob Bloye; Brita; Caitlin; Christina; Marion Edwards; Fiona; Colleen and Matt Foster; Barry Goodwin; Michael Jeffries; Judy; Lachlan Keir; Lynda Mills; Carol Norwood; David Smith; Vanessa; Maryam Zamani, and for their families and caretakers.

For Outreach: Pray for all newcomers to Canada: pray for Saber and for his mother, Amina. For Qods (*pronounced Coo-dus*) as she continues to study at UBC. For Shahla as she waits for the next step in her sponsorship. Remember Honada, Said and family; Bukhari at VC College; Neema Grace, at Laurentian University; Malis (*pronounced Ma-lees*) & his family (especially his daughter Furaha who is not doing well socially); for Fatemeh and Nasrullah; for Nasrin & family (pray especially Nasrin's husband Ahmed as he grieves the death of his brother). For Mohammed (our new refugee sponsorship candidate). And for the community groups which use our building.

Add to our Miniature Eastertide Garden! It is always a joy to see the stone rolled away from the empty tomb and the bleak crosses from Good Friday replaced by springtime blossoms. We invite you to bring in a small sprig or two of flowers or greenery to keep the garden thriving during Eastertide and to remind us all to be thankful of the good things Christ is doing in our lives.

Celebrating the Peace in Different Languages:

1. Joseph and Junita Liu taught us how to say, "May God be with you," in Mandarin. Without the accents, it is, "***Shen yu ni tong zai***".
2. Henry Bloye taught us how to say, "May peace be with you," in French. It is, "***Que la paix soit avec vous!***"
3. Donna Burdick taught us, "***Namaste***," which means, "May the light in me honour the light in you" in Hindi.
4. Mia and Barbel Ismen taught us, "***Frieden sei mit Dir (singular)/Euch (plural)***," which means, "Peace be with you" in German.



It is the Day of Resurrection! Let us be radiant, O people! Easter! The Lord's Easter! For Christ our God has brought us from death to life, and from earth unto heaven, as we sing triumphant hymns! Let us purify our senses and we shall behold Christ, radiant with inaccessible light of the Resurrection, and shall hear Him saying clearly, 'Rejoice!'
~St John of Damascus

Top graphic from: [live grow serve - Bing images](#)

Bottom quote from: The Anglican Diocese of New Westminster May 16th e-newsletter