



## Parenting Resources:

- Parenting books i.e. Dr. Kevin Leman;
- Focus on the Family Canada – Parenting, Marriage resources, Book store
- Kids of Integrity – Family devotions, character traits, speak a blessing; free, downloadable ages 3 - 10
- Parenting courses, seminars i.e. Love and Logic
- Infant Toddler Temperament Tool (IT<sup>3</sup>)  
[ecmch.org/temperament/](http://ecmch.org/temperament/)
- Lethbridge Plays, [www.lethbridgeplays.ca](http://www.lethbridgeplays.ca)
- Triple P Alberta - Free 0 – 12 parenting program and teen program visit: [Triplep-parenting.ca/alb-en/triple-p/](http://Triplep-parenting.ca/alb-en/triple-p/)
- Love and Logic; Love and Logic for Early Childhood; Teaching with Love and Logic