

Discover the Gifts of Play to Strengthen and Add More FUNctionality to All of Your Relationships

with Susie Leonard Weller, M.A., Quantum Living Coach

Being playful is our natural birthright. Wholehearted play is the antidote to being frenzied or fearful. Due to trauma and other challenges, some may find it more challenging than others to feel light-hearted. Discover how play nurtures creativity throughout the lifecycle. Learn practical tips for enjoying “re-creation” within your everyday activities.

Apply the tools from the **Quantum Living™ Process** (formerly known as the *Art and Practice of Living with No One and Nothing Against You*) to expand your capacity to embody playful being.

Zoom Class Dates: Introductory Overview on **Wednesday, April 27 from 4-5 p.m.**

3 follow-up sessions are: **May 4, 11 & 18, from 4-5:30 p.m.** (Pacific Time)

Fee: \$99 for all four classes through Zoom. Susie will send you a link.



Contact Susie Leonard Weller to RSVP by Tuesday, April 26*

(*I'll be closing registrations by May 2)

Call Susie at **(509) 499-1423** or email me at **weller.susie@gmail.com**

Visit my website at: **www.susieweller.com** for free resources on parenting, and other topics!

Susie is available after today's service to share more information about this upcoming series.