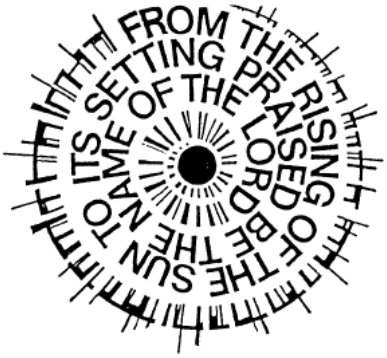
Midday Prayer – Friday (can be used daily in Lent)

An order adapted from Celebrating Common Prayer: Society of St Francis



You are welcome to respond with the parts in bold type

Preparation

God is with you
And also with you

O God, make speed to save us.
O Lord, make haste to help us.

Glory to God, Creator, Word, Spirit
As it was in the beginning, is now, and shall be forever. Amen .

This CANTICLE is said

We adore you, O Christ, and we bless you,
because by your holy cross you have redeemed the world.

Holy God,
holy and strong,
holy and immortal,
have mercy upon us.

We glory in your cross, O Lord,
and praise and glorify your holy resurrection:
for by virtue of the cross
joy has come to the whole world.

from the Liturgy of Good Friday

The Word of God

Psalmody

Psalm 22.1-11

1 My God, my God, why have you forsaken me, *
and are so far from my salvation,
from the words of my distress?

2 O my God, I cry in the daytime,
but you do not answer; *
and by night also, but I find no rest.

3 Yet you are the Holy One, *
enthroned upon the praises of Israel.

4 Our forebears trusted in you; *
they trusted, and you delivered them.

5 They cried out to you and were delivered; *
they put their trust in you and were not confounded.

6 But as for me, I am a worm and no man, *
scorned by all and despised by the people.

7 All who see me laugh me to scorn; *
they curl their lips and wag their heads, saying,

8 'He trusted in the Lord; let him deliver him; *
let him deliver him, if he delights in him.'

9 But it is you that took me out of the womb *
and laid me safe upon my mother's breast.

10 On you was I cast ever since I was born; *
you are my God even from my mother's womb.

11 Be not far from me, for trouble is near at hand *
and there is none to help.

Glory to God, Creator, Word, Spirit
As it was in the beginning, is now, and shall be forever. Amen .

Short Reading

Jesus began to teach his disciples that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.' He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it.'

Mark 8.31-35

Responsory

Come, you that are blessèd of my Father,
Inherit the kingdom prepared for you.

I was hungry and you gave me food,
I was thirsty and you gave me drink,

I was a stranger and you welcomed me,
I was naked and you clothed me,

I was sick and you took care of me,
I was in prison and you visited me.

As you did it to one of the least,
You did it to me.

Prayers

The minister prays for the world, for the church, and for those in need, as well as for ourselves

At the end

Lord, have mercy.
Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.
Lord, have mercy.

The Collect

Almighty and everlasting God,
who in your tender love towards the human race
sent your Son our Saviour Jesus Christ
to take upon him our flesh
and to suffer death upon the cross:
grant that we may follow the example of his patience and humility,
and also be made partakers of his resurrection;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen**

The Disciples Prayer

Lord Jesus, remember us in your Kingdom
and teach us to pray:
Our Father in heaven,
Hallowed be your name.
Your kingdom come, your will be done
On earth as in heaven.
Give us today our daily bread,
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial,
And deliver us from evil.
For the Kingdom, the power and the Glory are yours,
Now and forever.
Amen

Blessing

May Christ our brother give us peace.
Amen.

Let us bless our Loving God.
Thanks be to God.