

THE CENTRE FOR

SPIRITUAL RENEWAL



**APR-JUL
2022**

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Welcome!

Welcome to the Centre for Spiritual Renewal at the Parish of St. Dunstan. The Centre is what we call our Spiritual Formation program at the Parish. It is meant to nourish our hearts and is a ministry to our neighbours, both Anglican and not. We hope that these offerings will enrich your spiritual journey and be a source of connection to your Creator and those you meet along the way.



The Reverend **David Taylor** is the Rector of the Parish of St. Dunstan. His passion is to re-connect people to the Scripture as well as the depth and breadth of Christian spiritual practice.



The Reverend **Lorie Martin** is the Associate Director of the Centre for Spiritual Renewal. She is currently serving at the Parish of St. Andrew as a transitional Deacon. Lorie is a spiritual director and has a passion for sacred spaces, gathering together, and opening to God's loving presence.

All who desire to follow Christ and grow more in the image of God are welcome.

All who are on a spiritual journey are welcome.

All who are curious are welcome.

All who are tired and need rest are welcome.

All are welcome.



THE CENTRE AT

St Dunstan



Sunday Worship

10am

growing hearts that love

Lectio & Labyrinth

Fridays, noon

A meditative Bible Study and time on the grass.



CENTERING PRAYER

Wednesdays, 6:30pm
Fridays, 11:30am

A practice of silence following the teachings of Thomas Keating & Cynthia Bourgeault.

INSPIRE

Wednesdays
7pm in-person

Lent: the Welcoming Prayer
February 23 through April 6

Easter: Anglican Spirituality
April 20 through June 1

Pentecost: Bible Study
June 8 through June 29



ADVANCED CENTERING PRAYER

APRIL 25

MAY 30

7-8:30 PM

The intention of these monthly gatherings is to deepen into our Centering Prayer practice and the contemplative life. Each session will include the practice of Centering Prayer along with teachings by Father Thomas Keating.

\$20 \$10 \$5

FACILITATED BY

Katherine Murray & Elaine Chatwin

***Katherine Murray** is a postulant for ordination to the diaconate in the Diocese of New Westminster. **Elaine Chatwin** is a parishioner at the Parish of St. Dunstan, and Centering Prayer practitioner.*

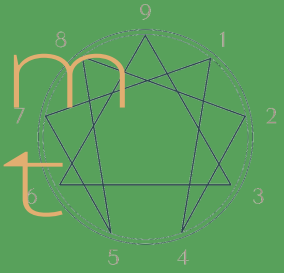
REIKI

Reiki is an alternative healing practice It translates to Life (Rei) Energy (Ki).

If you would like more information on how Reiki can be part of your healing, please connect with Christina. Christina is a 3rd Level Reiki Master and is available for an individual or group share.

You can reach Christina at
nigel.christina@gmail.com

Enneagram in Conflict



new dates!

in-person
Friday, April 1 7-9pm
Saturday, April 2 9am-3pm

Facilitated by Amanda & Dylan Vanz and Rebecca Horch

Join Enneagram professionals as they guide you through navigating conflict through the lens of the Enneagram. Their narrative approach brings the types to life by facilitating panels that will allow you to learn from the lived experience of each type and their conflict styles. You will gain a deeper level of understanding, connection, and transformation.

You will learn how your enneagram type shows up in conflict with self, others, and spirit. How to move from reaction to response and connect to conscious choice with the inner observer. How to cultivate receptivity, open-heartedness, and balance for productive conflict resolution

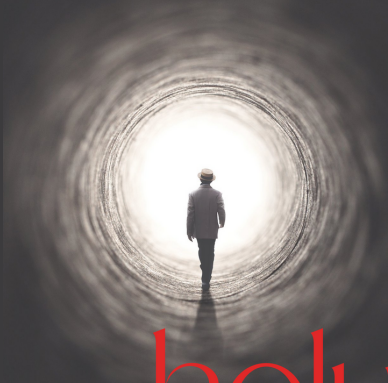
\$80 \$40 \$20

Amanda & Dylan Vanz are Relationship Coaches & Enneagram Practitioners trained in the Narrative Tradition. **Rebecca Horch** is a Life Coach & Counsellor as well as a certified Enneagram Coach.

LISTENING Prayer

Listening Prayer is a ministry of St. Dunstan's. It is a form of prayer where one meets with two trained prayer facilitators in a quiet setting to listen and invite God's healing presence into a present dilemma or past wound. No fee required.

Contact Lesley Weiler to book a session with one of our teams. lesleywieler@gmail.com



holy week

PSALM 27

THE LORD IS MY LIGHT
& MY SALVATION;
WHOM SHALL I FEAR?

Palm Sunday April 10, 10am

Holy Mon-Wed April 11-13, 7pm

Sung Night Prayer

Maunder Thursday April 14, 6pm

Simple Supper & Foot Washing

Good Friday April 15, 10am, 4:30pm

Stations of the Cross at 10am

Children's Service at 4:30

Holy Saturday April 16, 7pm

Sung Night Prayer

With Reflections on the Psalms by the Reverend David Taylor.

Contemplation & Theology

with Katherine Murray

Tuesdays online: April 19, 26, May 3, 10

10-11:30am & 7-8:30 pm (choose morning or evening)

This four week offering will contemplatively explore central themes of Christian doctrine such as creation, sin, Christ, Trinity and more. We will take time to listen, linger, and enjoy sacred conversation.



Cost: \$40 \$20 \$10 \$0

Katherine Murray is an experienced retreat and group facilitator, and companion of others on their spiritual journey.

FOUR GOSPELS MANY RESURRECTIONS

Invitations to Easter (part 5)

Saturday, April 30 10-11:30am online

“Know Yourself”

Gospel of Mary; Gospel of Philip; Gospel of Peter; Apocalypse of Peter; Treatise on the Resurrection

\$10 \$5 \$0

Harry Maier is Professor of New Testament and Early Christian Studies at Vancouver School of Theology. He is a member and former ordained minister of the Evangelical Lutheran Church in Canada. He has written over ten books on topics relating to early Christians in their many social worlds. He lives at UBC on the traditional unceded lands of the Musqueam, Squamish and Tsleil-Waututh nations.



CHRIST AT THE THRESHOLD

Faith in times of transition

Dr. Bradly Jersak

online!

Sunday, May 29 4-5:30pm PST

\$30 \$15 \$0



Brad is an author and teacher based in Abbotsford, BC. He is also the Dean of Theology and Culture at St. Stephen's University

Many good souls feel the world around them unraveling and wonder how their faith can adjust. Whether in joy or in grief, letting go or holding on, living life or dealing with death, we frequently find ourselves facing transitions. We are standing at a threshold (a doorway), wondering how to exit one season of life and enter the next. We call that in-between place 'liminal space.' What if Christ is there with us? In our time together, we'll ponder Jesus's claim, "I am the Door" and what that means for each of us.

Centering Prayer

an introductory program

Saturday, May 14 10am–3pm in-person

Follow-up Training (online):
Tuesday, May 19, May 26, June 2, June 9
7–8:30 pm

\$150 \$75 \$35 \$15 \$0

Includes lunch, snacks, materials,
and *Open Mind, Open Heart*
by Father Thomas Keating.

Facilitated by
Gene Fraser,
Katherine Murray &
Christine Kesans.



Birding

& the Holy Spirit
with the Reverend Jessica Schaab

Saturday, June 4 in-person
9:30 am - 12:30 pm
\$30 \$15 \$0

Come for an exploration of how birdlife might give us new insight into the nature of the Spirit and how birding can be a spiritual practice. Over the morning we will gather and pray, have fun with a birding app, go birdwatching, and discover how the Spirit is imaged as bird through scripture and tradition. No need to have any birding experience. Bring binoculars.

Jessica is the Missioner for Christian Formation in the Diocese of New Westminster.

Noticing God's Voice Within & All Around *a listening prayer workshop*

Facilitated by Katherine Murray & Lorie Martin

Saturday June 18 (in-person)

9am-12pm

\$20

This retreat invites you to explore the ways you already hear God and to consider new ways of listening. We will look at invitations in Scripture, the experiences of Saints in history, and Benedictine life model as a model to approach listening to God.



Katherine is the facilitator of the Listening Prayer ministry at the Parish of St. Dunstan. **Lorie** has been involved in Listening Prayer ministry for over twenty years.

Sorrento Centre **this Summer!**



Opening Our Hearts to
Reconciliation
with Katherine Murray, Dr. Mary Ellen
Kelm, Kerry Baisley
July 31-August 6

the Reverend David Taylor will
be leading worship at the 4
weeks of Sorrento this Summer.

Register at sorrentocentre.ca

Calendar at-a-glance

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	Labyrinth Enneagram Workshop	2 Enneagram Workshop
3	4	5	6 Cent. Prayer Inspire Study	7	8 Labyrinth	9
10 Palm Sunday	11 Holy Monday	12 Holy Tuesday	13 Holy Wednesday	14 Maundy Thursday	15 Good Friday	16 Holy Saturday
17 Easter	18	19 Contemplation & Theology	20 Cent. Prayer Inspire Study	21	22 Labyrinth	23
24	25 Advanced Centering Prayer	26 Contemplation & Theology	27 Cent. Prayer Inspire Study	28	29 Labyrinth	30 Harry Meier Resurrections

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Contemplation & Theology	4 Cent. Prayer Inspire Study	5	6 Labyrinth	7
8	9	10 Contemplation & Theology	11 Cent. Prayer Inspire Study	12	13 Labyrinth	14 Intro to Cent. Prayer
15	16	17	18 Cent. Prayer Inspire Study	19 Cent. Prayer Follow Up	20 Labyrinth	21
22	23	24	25 Cent. Prayer Inspire Study	26 Cent. Prayer Follow Up	27 Labyrinth	28
29 Brad Jersak Threshold	30 Advanced Centering Prayer	31	1	2	3	4

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1 Cent. Prayer Inspire Study	2 Cent. Prayer Follow Up	3 Labyrinth	4 Birding & Holy Spirit
5	6	7	8 Cent. Prayer Inspire Study	9 Cent. Prayer Follow Up	10 Labyrinth	11
12	13	14	15 Cent. Prayer Inspire Study	16	17 Labyrinth	18 Listening Prayer
19	20	21	22 Cent. Prayer Inspire Study	23	24 Labyrinth	25
26	27	28	29 Cent. Prayer Inspire Study	30	1	2

To register for events, visit
ST-DUNSTANS.CA

As we offer an honourarium to our facilitators for their work, registration is pay-what-you-can. Consider choosing your registration fee in a way that will help others with theirs.

Let's ensure this is accessible to all.

All events have a \$0 registration option.



the Parish of St. Dunstan