



The One Minute Prayer is a great way to support world peace, including peace for the people of Ukraine.

During World War II, an adviser to Prime Minister Winston Churchill organized a group of people to stop whatever they were doing at a certain time each night to pray and usher in peace, safety and security. They did this every day and it was as if the city stood still, such was the power of prayer. The result was

so overwhelming that the bombings were stopped after a short time!

Now we are organizing again, a group of people of different nationalities, to spend a minute praying for the peace, well-being and security of our countries, for an end to the problems that oppress, and for Spirit-guided decisions of leaders around the world.

We pray around the clock and how powerful it would be to do so consciously at the following times:

United States 6 p.m.

Germany 4 p.m.

Austria 4 p.m.

Spain 4:00 p.m.

Portugal 3:00 p.m.

Canary Islands 3:00 p.m.

Costa Rica 8 p.m.

Colombia 7:00 p.m.

Nicaragua 8:00 p.m.

Ecuador 7:00 p.m.

Guatemala 8:00 p.m.

Mexico 8 p.m.

Panama 7 p.m.

Honduras 6 p.m.

El Salvador 8:00 p.m.

Venezuela 6 p.m.

Uruguay 5 p.m.

Paraguay 5 p.m.

Brazil 6 p.m.

Argentina 5 p.m.

Chile 5 p.m.

Italy 4 p.m.

Join in this initiative with a prayer from your own spiritual tradition as you feel led. Please feel free to share out to those you know in your congregations and communities!

We pause for a minute each day at the appointed time to pray for world peace, and for the restoration of tranquility for all. Remember to set a reminder on your computer or your phone every day at the time set for your country and pray for PEACE!