

Lent—A Wonderful Season Before Easter

- **March 20** — This will be our Prayer for Crops and Industry service. Pastor Gary will bring the third Lenten message focusing on John 14.
- **March 27**— The Praise Band will begin the service with praise songs. The Cadets will be our guests highlighting a few of their projects and experiences. The Christian Reformed Church will be hosting the fourth Lenten service when Pastor Gary will preach from the 15th chapter of John.
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FRC and CRC To Share in Lenten Series

FRC and CRC will share in a series called the Upper Room. We hope you will join us for all these services as we walk through John 13-17. Services begin at 7 p.m. Here is the schedule:

March 6	FRC hosts	Pastor Bryan	John 13:1-17	(fellowship to follow)
March 13	CRC hosts	Pastor Frank	John 13:18-38	
March 20	FRC hosts	Pastor Gary	John 14	
March 27	CRC hosts	Pastor Gary	John 15	
April 3	FRC hosts	Pastor Bryan	John 16	
April 10	CRC hosts	Pastor Gary	John 17	(fellowship to follow)

Ten Things to Give Up for Lent That Aren't Diet Coke

1. Give up complaining
 2. Give up comparisons
 3. Give up striving ambition
 4. Give up people-pleasing
 5. Give up accepting other people's experiences as true
 6. Give up self-centeredness
 7. Give up neglecting self-care
 8. Give up anxiety and worrying
 9. Give up not savoring the moment
 10. Give up living as if God does not exist
- This is not an extensive list, but I hope the suggestions will put our hearts in a better place..... Darrell L. Delaney, Grand Rapids, MN—taken from The Banner, March 2020

First Reformed Church, Volga, SD

March 2022

Glad Tidings

"I bring you glad tidings of great joy..."
Luke 2:10

Lent—A Wonderful Season Before Easter

Lent is a wonderful season before Easter where we try our best to identify with the sufferings of Christ in a variety of ways. FRC and CRC are sharing in a Lenten series called the Upper Room which takes a look at everything that happened in the upper room just shortly before Jesus' death. All combined Lenten services begin at 7 p.m.

- **March 2** —You have an opportunity to participate in the Ash Wednesday service which begins at 7:30 p.m. We will focus on our need to "Return to the Lord". Those who attend will receive a mark of the cross in ashes on their hand and a Lenten medallion..
- **March 6** — We will look at "Coming off the Mountain" as a follow up to the transfiguration message. Collin Vander Wal will be sharing about his work with FCA. There will also be an offering for his work. We invite you to join us for our first Lenten service with the Christian Reformed Church held here at FRC with Pastor Brian Dick preaching. A time of fellowship will follow.
- **March 13** —The praise team will lead us in some signing at the beginning of the service. Pastor Gary and Robin will be on vacation. Guest pastor is Carl Van Voorst from Watertown. Our second Lenten service will be held at the Christian Reformed Church. Pastor Frank Feltis will bring a message from John 13:18-28.

