



**Triumphal**  
Christian Fellowship

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# What Do I Do With My Shame

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# 2 Samuel 13:1-22 (NASB)



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## 2 Samuel 13:1-22 (NASB)

<sup>1</sup> Now it was after this that Absalom the son of David had a beautiful sister whose name was Tamar, and Amnon the son of David was in love with her. <sup>2</sup> But Amnon was so frustrated on account of his sister Tamar that he made himself ill, for she was a virgin, and it seemed too difficult to Amnon to do anything to her. <sup>3</sup> But Amnon had a friend whose name was Jonadab, the son of Shimeah, David's brother; and Jonadab was a very clever man.



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## 2 Samuel 13:1-22 (NASB)

<sup>4</sup> And he said to him, "Why are you, the king's son, so depressed morning after morning? Will you not tell me?" So Amnon said to him, "I am in love with Tamar, the sister of my brother Absalom." <sup>5</sup> Jonadab then said to him, "Lie down on your bed and pretend to be ill; when your father comes to see you, say to him, 'Please have my sister Tamar come and give me food to eat, and have her prepare the food in my sight, so that I may see it and eat from her hand.'"

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## 2 Samuel 13:1-22 (NASB)

<sup>6</sup> So Amnon lay down and pretended to be ill; when the king came to see him, Amnon said to the king, "Please have my sister Tamar come and make me a couple of pastries in my sight, so that I may eat from her hand."

<sup>7</sup> Then David sent a messenger to the house for Tamar, saying, "Go now to your brother Amnon's house, and prepare food for him."



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## 2 Samuel 13:1-22 (NASB)

<sup>8</sup> So Tamar went to her brother Amnon's house, and he was lying in bed. And she took dough, kneaded it, made pastries in his sight, and baked the pastries. <sup>9</sup> Then she took the tray and served them to him, but he refused to eat. And Amnon said, "Have everyone leave me." So everyone left him.

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## 2 Samuel 13:1-22 (NASB)

<sup>10</sup> Then Amnon said to Tamar, "Bring the food into the bedroom, so that I may eat from your hand." So Tamar took the pastries which she had made and brought them into the bedroom to her brother Amnon. <sup>11</sup> When she brought them to him to eat, he took hold of her and said to her, "Come, sleep with me, my sister."



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## 2 Samuel 13:1-22 (NASB)

<sup>12</sup> But she said to him, “No, my brother, do not violate me, for such a thing is not done in Israel; do not do this disgraceful sin! <sup>13</sup> As for me, where could I get rid of my shame? And as for you, you will be like one of the [g]fools in Israel. Now then, please speak to the king, for he will not [h]withhold me from you.” <sup>14</sup> However, he would not listen to her; since he was stronger than she, he violated her and slept with her.



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## 2 Samuel 13:1-22 (NASB)

<sup>15</sup> Then Amnon hated her with a very great hatred; indeed, the hatred with which he hated her was greater than the love with which he had loved her. And Amnon said to her, "Get up, go away!" <sup>15</sup> But she said to him, "No, because this wrong in sending me away is greater than the other that you have done to me!" Yet he would not listen to her.



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## 2 Samuel 13:1-22 (NASB)

<sup>17</sup> Then he called his young man who attended him and said, “Now throw this woman out of my presence, and lock the door behind her!” <sup>17</sup> Now she had on a long-sleeved garment; for this is how the virgin daughters of the king dressed themselves in robes. Then his attendant took her out and locked the door behind her.



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## 2 Samuel 13:1-22 (NASB)

<sup>19</sup> Tamar took ashes and put them on her head, and tore her [k]long-sleeved garment which was on her; and she put her hand on her head and went on her way, crying out as she went. <sup>20</sup> Then Absalom her brother said to her, “Has Amnon your brother been with you? But now keep silent, my sister, he is your brother; do not take this matter to heart.” So Tamar remained and was isolated in her brother Absalom’s house.



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## 2 Samuel 13:1-22 (NASB)

<sup>21</sup> Now when King David heard about all these matters, he became very angry. <sup>22</sup> But Absalom did not speak with Amnon either good or bad; for Absalom hated Amnon because he had violated his sister Tamar.

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1. Allow Jesus to give you a  
**NEW** story

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## Isaiah 61:1-3(NASB)

<sup>1</sup> The Spirit of the Lord God is upon me, Because the Lord anointed me To bring good news to the humble; He has sent me to bind up the brokenhearted, To proclaim release to captives And freedom to prisoners; <sup>2</sup> To proclaim the favorable year of the Lord And the day of vengeance of our God; To comfort all who mourn, <sup>3</sup> To grant those who mourn in Zion, Giving them a garland instead of ashes, The oil of gladness instead of mourning, The cloak of praise instead of a disheartened spirit. So they will be called oaks of righteousness, The planting of the Lord, that He may be glorified.



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2, Allow Jesus to give you an understanding of **TRUE** love

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## John 13:34(NASB)

<sup>34</sup> I am giving you a new commandment, that you love one another; just as I have loved you, that you also love one another.  
<sup>35</sup> By this all people will know that you are My disciples: if you have love for one another.”

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3. Allow Jesus to open the door of  
**HOPE**

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## Psalm 63:4(NASB)

<sup>4</sup> So I will bless You as long as I live;  
I will lift up my hands in Your name.

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Sexual abuse hotline 800-656-4673

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