LESSON 5

I AM CONFIDENT

REAL CONFIDENCE CAN BE DEFINED AS "AN AWARENESS OF WHO YOU ARE, REGARDLESS OF HOW YOU COMPARE OR MEASURE UP TO OTHERS."

1. When you think of a confident person, what comes to mind? How do you

Reflect

compare to the person you described?
2. Appearing confident is easier than being confident. In what ways have you
"faked" confidence to appear confident? Why?
y.

3. God's love gives us the freedom to learn, grow, and develop. In what areas do
you need to allow yourself to learn, grow, and develop? How will this boost your
confidence?
Journal

