

# **Choral Eucharist**

**20 February 2022**

**Seventh Sunday after the Epiphany**



**St. George's Cathedral, Kingston**



**Setting:** *Rutter, Communion Series 3*

## Gathering Hymn

Lead us, heavenly Father, lead us  
o'er the world's tempestuous sea;  
guard us, guide us, keep us, feed us,  
for we have no help but thee;  
yet possessing every blessing,  
if our God our Father be.

3 Spirit of our God, descending,  
fill our hearts with heavenly joy,  
love with every passion blending,  
pleasure that can never cloy:  
thus provided, pardoned, guided,  
nothing can our peace destroy.

2 Saviour, breathe forgiveness o'er us:  
all our weakness thou dost know;  
thou didst tread this earth before us,  
thou didst feel its keenest woe;  
lone and dreary, faint and weary,  
through the desert thou didst go.

*Mannheim*

Friedrich Filitz 1804-76

James Edmeston 1791-1867

## The Gathering of the Community

*All stand. The presiding celebrant greets the community*

*Celebrant* The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit, be with you all.

*People* **And with thy spirit.**

*Then may be said by the people,*

**Almighty God,  
unto whom all hearts be open, all desires known,  
and from whom no secrets are hid: cleanse the thoughts of  
our hearts by the inspiration of thy Holy Spirit, that we  
may perfectly love thee, and worthily magnify thy holy  
name; through Christ our Lord. Amen.**

## The Summary of the Law

*Celebrant* Our Lord Jesus Christ said: hear, O Israel, the Lord our God is one Lord;  
and thou shalt love the Lord thy God with all thy heart, and with all thy  
soul, and with all thy mind, and with all thy strength.  
This is the first and great commandment. And the second is like unto it:  
thou shalt love thy neighbour as thyself. On these two commandments  
hang all the law and the prophets.

*People*        **Lord, have mercy upon us, and write both these thy laws in our hearts,  
we beseech thee.**

## **Kyrie**

*Chorister*    Kyrie Eleison, Christe Eleison, Kyrie Eleison  
(Lord have mercy, Christ have mercy, Lord have mercy)

## **The Collect of the Day**

Almighty God, your Son revealed in signs and miracles the wonder of your saving love. Renew your people with your heavenly grace, and in all our weakness sustain us by your mighty power; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

## **The Proclamation of the Word**

A reading from the book of Genesis

Joseph said to his brothers, "I am Joseph. Is my father still alive?" But his brothers could not answer him, so dismayed were they at his presence. Then Joseph said to his brothers, "Come closer to me." And they came closer. He said, "I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, 'Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there - since there are five more years of famine to come - so that you and your household, and all that you have, will not come to poverty.'" And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

*Bidding*        **Hear what the Spirit is saying to the Church**

*Response*      **Thanks be to God**

Psalm 37

FRET not thyself because of the ungodly; / neither be thou envious against the evil doers.

2 For they shall soon be cut down like the grass, / and be withered even as the green herb.

3 PUT thou thy trust in the LORD, and be doing good; / dwell in the land, and verily thou shalt be fed.

4 Delight thou in the LORD, / and he shall give thee thy heart's desire.

5 COMMIT thy way unto the LORD, and put thy trust in him, / and he shall bring it to pass.

6 He shall make thy righteousness as clear as the light, / and thy just dealing as the noon-day.

7 REST in the LORD, and abide patiently upon him: / but grieve not thyself at him whose way doth prosper, against the man that doeth after evil counsels.

8 LEAVE off from wrath, and let go displeasure: / fret not thyself, else shalt thou be moved to do evil.

9 For wicked doers shall be rooted out; / but they that patiently abide the LORD, those shall inherit the land.

10 YET a little while, and the ungodly shall be clean gone: / thou shalt look upon his place, and he shall be away.

11 But the meek-spirited shall possess the land, / and shall be refreshed in the multitude of peace.

12 THE ungodly seeketh counsel against the just, / and gnasheth upon him with his teeth.

40 BUT the salvation of the righteous cometh of the LORD; / who is also their refuge in the time of trouble.

41 And the LORD shall stand by them and save them: / he shall deliver them from the ungodly, and shall save them, because they put their trust in him.

A reading from the First Letter of Paul to the Corinthians

But someone will ask, "How are the dead raised? With what kind of body do they come?"

Fool! What you sow does not come to life unless it dies. And as for what you sow, you do not sow the body that is to be, but a bare seed, perhaps of wheat or of some other grain. But God gives it a body as he has chosen, and to each kind of seed its own body. So it is with the resurrection of the dead. What is sown is perishable, what is raised is imperishable. It is sown in dishonour, it is raised in glory. It is sown in weakness, it is raised in power. It is sown a physical body, it is raised a spiritual body. If there is a physical body, there is also a spiritual body. Thus it is written, "The first man, Adam, became a living being"; the last Adam became a life-giving spirit. But it is not the spiritual that is first, but the physical, and then the spiritual. The first man was from the earth, a man of dust; the second man is from heaven. As was the man of dust, so are those who are of the dust; and as is the man of heaven, so are those who are of heaven. Just as we have borne the image of the man of dust, we will also bear the image of the man of heaven. What I am saying, brothers and sisters, is this: flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable.

*Bidding*

Hear what the Spirit is saying to the Church

*Response*

**Thanks be to God**

## Gradual Hymn

Lord of the boundless curves of space  
And time's deep mystery,  
To Your creative might we trace  
All nature's energy.

2 Your mind conceived the galaxy,  
Each atom's secret planned,  
And every age of history  
Your purpose, Lord, has spanned.

3 Yours is the image stamped on man,  
Though marred by man's own sin;  
And Yours the liberating plan  
Again his soul to win.

4 Give us to know Your truth; but more,  
The strength to do Your will;  
Until the love our souls adore  
Shall all our being fill.

*London New*

*The Psalms of David in Prose and Meeter, 1635*

Albert F. Bayly 1901-84

Gospel:

*Bidding*      The Lord be with you.

*Response*     **And with thy spirit.**

*Bidding*      The Holy Gospel of our Lord Jesus Christ according to Luke.

*Response*     **Glory be to thee, O Lord.**

Jesus said, "But I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you. If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful. Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back."

*Bidding*      The Gospel of Christ

*Response*     **Praise be to thee, O Christ**

**Sermon** – The Rt Rev'd Michael Oulton

### **The Nicene Creed**

**I believe in one God, the Father almighty,  
maker of heaven and earth,**

and of all things visible and invisible;  
And in one Lord Jesus Christ,  
the only-begotten Son of God,  
begotten of the Father before all worlds,  
God, of God; Light, of Light;  
very God, of very God;  
begotten, not made;  
being of one substance with the Father;  
through whom all things were made:  
who for us and for our salvation  
came down from heaven,  
and was incarnate by the Holy Ghost of the Virgin Mary,  
and was made man,  
and was crucified also for us under Pontius Pilate.  
He suffered and was buried,  
and the third day he rose again  
according to the scriptures,  
and ascended into heaven,  
and sitteth on the right hand of the Father.  
And he shall come again with glory  
to judge both the quick and the dead:  
whose kingdom shall have no end.  
And I believe in the Holy Ghost,  
the Lord, the giver of life,  
who proceedeth from the Father and the Son,  
who with the Father and the Son together  
is worshipped and glorified,  
who spake by the prophets.  
And I believe one, holy, catholic, and apostolic Church.  
I acknowledge one baptism for the remission of sins.  
And I look for the resurrection of the dead,  
and the life of the world to come. Amen.

## **The Prayers of the People**

*Response:* Lord have mercy.

## **Confession and Absolution**

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that labour and are heavy laden, and I will refresh you. *Matthew 1.28*

God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have eternal life.

*John 3.16*

Hear also what Saint Paul saith.

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners.

*1 Timothy 1.15*

Hear also what Saint John saith.

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins: and not for ours only, but also for the sins of the whole world.

*1 John 2.1,2*

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God.

*Silence is kept. The celebrant and people say together,*

**Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word and deed, Against thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name; Through Jesus Christ our Lord. Amen.**

*Celebrant* Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## **The Peace**

*All stand, and the celebrant addresses the people.*

*Celebrant* The peace of the Lord be always with you.

*People* **And with thy spirit.**

## Offertory Hymn

Thou, whose almighty word  
chaos and darkness heard,  
and took their flight;  
hear us, we humbly pray,  
and where the gospel-day  
sheds not its glorious ray,  
let there be light.

2 Thou, who didst come to bring  
on thy redeeming wing  
healing and sight,  
health to the sick in mind,  
sight to the inly blind,  
O now to all mankind  
let there be light.

3 Spirit of truth and love,  
life-giving, holy Dove,  
speed forth thy flight;  
move on the water's face,  
bearing the lamp of grace,  
and in earth's darkest place  
let there be light.

4 Holy and blessed Three,  
glorious Trinity,  
Wisdom, Love, Might;  
boundless as ocean's tide  
rolling in fullest pride,  
through the earth far and wide  
let there be light.

*Moscow*

Felice de Gardini 1716-96

John Marriott 1780-1825

## The Celebration of the Eucharist

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.

*People* **It is meet and right so to do.**

*Celebrant* It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things.

Through Jesus Christ our Lord, who, in substance of our mortal flesh, manifested forth his glory, that he might bring us out of darkness into his own marvellous light. Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

*Choir* *Holy, holy, holy, Lord God of Hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high.*

*Blessed is he that cometh in the name of the Lord: Hosanna in the highest.*

*Celebrant* Blessing and glory and thanksgiving be unto thee, almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for

the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my body which is given for you: Do this in remembrance of me."

Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying,

"Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded:

*All*            **We praise thee, we bless thee, we thank thee, and we pray to thee,  
Lord our God.**

*Celebrant*    And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. Amen.

### **The Lord's Prayer**

*Celebrant*    And now, as our Saviour Christ hath taught us, we are bold to pray:

*All*            **Our Father, who art in heaven, hallowed be thy name, thy kingdom  
come, thy will be done, on earth as it is in heaven. Give us this day  
our daily bread. And forgive us our trespasses, as we forgive those  
who trespass against us. And lead us not into temptation, but  
deliver us from evil. For thine is the kingdom, the power, and the  
glory, for ever and ever. Amen.**

*Silence*

## The Breaking of the Bread

*All* We do not presume to come to this thy table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the flesh of thy dear Son Jesus Christ, And to drink his blood, That we may evermore dwell in him, And he in us. Amen.

## Agnus Dei

*Choir* O Lamb of God, that takest away the sin of the world: have mercy upon us.  
O Lamb of God, that takest away the sin of the world: have mercy upon us.  
O Lamb of God, that takest away the sin of the world: grant us thy peace.

## The Communion

The body of our Lord Jesus Christ, which was given for thee.

## Prayer after Communion

*Celebrant* Let us pray.

*All* Almighty and everliving God, We most heartily thank thee That thou dost graciously feed us, in these holy mysteries, With the spiritual food of the most precious body and blood Of thy Son our Saviour Jesus Christ; Assuring us thereby of thy favour and goodness towards us; And that we are living members of his mystical Body, Which is the blessed company of all faithful people; And are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, Ourselves, our souls and bodies, To be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, Yet we beseech thee to accept this our bounden duty and service, Not weighing our merits, but pardoning our offences; Through Jesus Christ our Lord, To whom, with thee and the Holy Spirit, be all honour and glory, World without end. Amen.

*The celebrant blesses the people.*

*Celebrant* The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God almighty, the Father, the Son, and the Holy Spirit be amongst you and remain with you always. Amen.

## Dismissal

*Leader* Go in peace to love and serve the Lord.

People      **Thanks be to God.**

## Closing Hymn

Eternal Father, strong to save,  
whose arm doth bind the restless wave,  
who bidd'st the mighty ocean deep  
its own appointed limits keep:  
O hear us when we cry to thee  
for those in peril on the sea.

2 O Saviour whose almighty word  
the winds and waves submissive heard,  
who walkedst on the foaming deep,  
and calm amid its rage didst sleep:  
O hear us when we cry to thee  
for those in peril on the sea.

3 O sacred Spirit, who didst brood  
upon the chaos dark and rude,  
who bad'st its angry tumult cease,  
and gavest light and life and peace:  
O hear us when we cry to thee  
for those in peril on the sea.

4 O Trinity of love and power,  
our brethren shield in danger's hour;  
from rock and tempest, fire and foe,  
protect them whereso'er they go:  
and ever let there rise to thee  
glad hymns of praise from land and sea.

*Melita*

John Bacchus Dykes 1823-76

William Whiting 1825-78

**Postlude:** *Toccata in Seven, John Rutter*

**Celebrant and Preacher:** The Rt Rev'd Michael Oulton  
**Organist:** Brad Barbeau, Interim Director of Music

We acknowledge that in Kingston we are situated on traditional Anishinaabe and Haudenosaunee territory. We are grateful to be able to live, learn and play on these lands.



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