



Salt and Light

GOD STORY

Salt and Light

Matthew 5:13–15

KEY VERSE

“Those who are peacemakers will plant seeds of peace and reap a harvest of righteousness.”

James 3:18 (NLT)

SERIES OVERVIEW

In this series, kids will discover the many things that Jesus said about peace, and how being a peacemaker helps people see us as God's kids. Kids will dive into the Sermon on the Mount to hear from Jesus, and then discover practical ways to live out his teachings.

1 | Ask

INSTRUCTIONS

Ask your child:

- What is one place where you would be very glad to have a light, like a flashlight or a lantern?
- What is one food that tastes better with salt?
- How do salt and light make the world a better place?

2 | Read

INSTRUCTIONS

Ask your child:

- Look up and read Matthew 5:14. Why are Jesus-followers called "the light of the world"?
- What does it mean for you to be a light for Jesus at home or school this week?

3 | Watch

INSTRUCTIONS

Watch the video teaching with your family this week. Talk about the video as a family.

- What stood out to you?
- What did you like?
- What did you want to ask a question about?

(Tip: If it's helpful, consider pausing the video as you watch it together, and ask questions or talk about things that stick out to you as you go!)