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| |  | | --- | | Approved Counselling Centres | | **Some approved Counsellors:**  **Jodi Bryant** <http://lifechangeresources.ca>  **Cindie Neudorf**  [www.neudorfcounselling.ca](http://www.neudorfcounselling.ca)  **Leighton Tebay**  <https://cairis.ca/counseling-for-christians-1>  **Alan Whyte**  <https://www.amazinggracecounselling.ca>  **Jenna Zhao**  <http://jennazhaocounselling.ca>  **The above are based in Saskatoon and do offer video appointments as well.**  Check with us for other approvals of Counsellors you may be aware of within Saskatchewan. | |  |  | |  | | --- | |  | |  | | PAOC SK District  604 Webster Street  Saskatoon, SK S7N 3P9  Phone: 306-683-4646  Fax: 306-683-3699  paocsk@sasktel.net | |  |  | |  | | --- | | Confidential Pre-Emptive Counselling | | For Saskatchewan PAOC Credential Holders and their families | |  | |  | |

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| |  | | --- | |  | | Counselling Policy As a District, we understand that the pressures upon our credential holders may at times result in the need for professional counselling. To that end, we offer provision for counselling with the understanding that these are meant to be guidelines when there is no credential matter involved.  ACCESS   * the confidential, toll-free Clergy Care Network 1-888-5CLERGY (1-888-525-3749) [www.clergycare.ca](http://www.clergycare.ca) [info@clergycare.ca](mailto:info@clergycare.ca) * the District Superintendent and/or the Credential Care team member of the Saskatchewan District * Up to eight one-hour professional counselling sessions with a counsellor from the provided list or a District Approved counsellor | |  |  | |  | | --- | | Purpose of Counselling  1. To be pre-emptive vs reactive 2. To be restorative, not punitive 3. To ensure the spiritual, mental, emotional and physical health of our credential holders  Process In an effort to properly monitor those approved for counselling while at the same time maintaining individual confidentiality, and to streamline the accounting process, these guidelines have been established:   1. Credential holder (or family member) contacts the District Superintendent or Credential Care team member requesting counselling 2. A confidential code will be assigned to the individual and given to the counsellor. The code is given to the District Office for tracking purpose (no names). 3. The individual goes to the approved counselling centre and gives them their confidential code for billing purposes. No names are to be on the counselling bill received at the District Office. 4. The purpose of the counselling is known only to the counsellor. | |  | |  | |  |  | |  | | --- | | 1. The costs for the counselling will be shared 50 – 50 by the district and the individual. 2. A maximum of eight one-hour sessions will be cost-shared by the District. If the counsellor feels more sessions are required, reapplication will need to be made with the approving Executive Officer. 3. Specific concern will be given for the spouse and children of credential holders as well. 4. A progress report may be requested.   Pre-emptive counselling is different from and not directly related to mandated counselling provided through the Credential Restoration Program.  Should there be issues that affect credential matters, the District increases their share of the cost. | |  | | Contact Us  PAOC SK District 604 Webster Street Saskatoon, SK S7N 3P9  306-683-4646 paocsk@sasktel.net  Visit us on the Web: www.skpaoc.com | |