# B. Struggling Against Sin: • Paul tells us about his personal struggle with sin - As a Pharisee Paul was highly disciplined (Php.3:4-6) - Wrestling with defeat: Rom. 7:14-20 (over 40 times he refers to

• Choices— We can choose to be drawn into sin or we can choose to be holy.

struggle)

himself in his personal

- Rom.6:12-13
- Rom. 6:16 "Don't you realize that you become the slave of what ever you choose to obey?"

### C. The Power of the Holy Spirit:

- We do not need to stand against sin in our own strength.
- We can be victorious in the power of the Spirit Rom.8:2, 5, 6, 14

### D. The Battle Inside: Choosing...

- To be a servant of God or allow our sin nature to dominate.
- To walk in the power of the Spirit or the powerlessness and defeat of sin.
- To live in forgiveness (Ram.8:1 "Na candemnation") or a life of self-loathing and guilt.
- To live a life that is filled with peace and life or a life that is hostile to God.

# NOTES



### THIS WEEK

Today	10:30 am	Worship Service
Monday	3:30 pm	Children's Music Class
		Children's Bible Study
	7:00 pm	Choir Practice
Tuesday	10:00 am	Women of Faith
	1:30 pm	Prayer
	6:00 pm	Life 360
Wednesday	3:30 pm	Children's Music Class
		Children's Bible Study
	7:00 pm	Hub
		Bible Study led by Paul Bible Study Led by Brad Divorce Care
Thursday	10:00 am	Stepping Stones
	7:00 pm	Worship Practice
Friday	7:00 pm	Youth Group
Sunday	10:30 am	Worship Service
	6:00 pm	Prayer Time

Church Office 403-783-5533

fbc\_office@fbcponoka.org

www.fbcponoka.org

### Babies of 2021

Malena Hutton Asher Leathon Inglis

Alise Joanna Riehl Colter Robin Gillis

Scottie Mariah Janssen Harlow Saige Lawton

Magdalena Tejaswi Enid Bauer Tessa Lori Selke

Please come celebrate these babies January 29th 2022 at 10:00am.

First Baptist Church Ponoka.

Please let the office know if you would like to come to this Baby Celebration Service.





**EVERY FRIDAY AT 7:00PM** 

MEET AT THE CHURCH UNLESS

SPECIFIED OTHER WISE

### Save The Dates

February 21st 2022 Family Day April 24th 2022 Annual General Meeting



## Choir Mondays at 7:00pm New Sanctuary





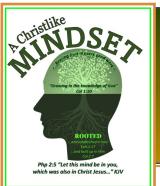
Congrats Justin & Alana and boys on the new little buddle of Joy .

Casey Babcock!

Congrats Paul & Kristy and kids on their new buddle of Joy , Micah White!

Paul Spate - Lead Pastor spatep@gmail.com Carly Krijger - Office Assistant Fbc\_office@fbcponoka.org





# Winning the Battle for your Mind

"The Battle Inside"

Scripture: Romans 7:14-25

Review: The battle is in your mind Satan- Tempts with his words & lies	NOTES
·	
(We need a Biblical/Theological foundation before we go on!)	
I. Our Dark Side: The Flesh: Sinful Nature: Slave to Sin	
A. Result of the Fall:	
Born with sin in our very	
nature— We are drawn to sin	
<ul> <li>We live to 'gratify' the</li> </ul>	
cravings of our sinful	
nature (Ps.51:5, Eph.2:3)	
<b>B. Recognizing Sin:</b> God has provided his " <b>Law</b> "	
• Confronting sin:1 Tim.1:9-	
10	
<ul> <li>Revealing our sin: Rom.</li> </ul>	
3:19-20	
• Guidance: Ps.119:105	
C. Attraction to Sin: Rom.7:9	
C. Alliaction to sim Rollin, 1.7	
II Ossa Waler Sidas	
II. Our Holy Side: Salvation; New Nature; Life in the Spirit	
A. Salvation:	
We have died to sin- it is	
no longer our Master	
- Sin's power is broken - No longer slaves to sin	

• Resurrected- to new life in

\* Warning- Sin is still present in our life! (Rom.7:18)

Christ (Rom.6:4)