Jesus said, "Whoever wants to be my disciple must say no to themselves. They must pick up their cross and follow me."

**Matthew 16:24** 

Jesus said, "Whoever wants to be my disciple must say no to themselves. They must pick up their cross and follow me."

**Matthew 16:24** 

Jesus said, "Whoever wants to be my disciple must say no to themselves. They must pick up their cross and follow me."

**Matthew 16:24** 

Jesus said, "Whoever wants to be my disciple must say no to themselves. They must pick up their cross and follow me."

**Matthew 16:24**