



Advent 4

December 19, 2021 | 5:30 p.m. Eucharist

The Rev. Stuart Mennigke | *Presider*

The Very Rev. Chris Pappas | *Preacher*

St. Brigid's Eucharist

Gathering of the Community

Greeting and Welcome

Gathering Song O Come, O Come Emmanuel

CHRISTIAN YEAR Advent

89 O Come, O Come, Emmanuel

7 O come De-sire of na - tions bind in one the hearts of
hu - man kind O bid our bitt - er con - flict cease
and be for us our Prince of Peace Re - jice! Re - jice!
Em - man - u - el shall come to you, O Is - ra - el.

Refrain

The musical score is written on four staves in G major (one sharp). The first staff begins with a treble clef and a key signature of one sharp (F#). The melody consists of quarter and eighth notes. The lyrics are placed below the notes. A '7' is written below the first note of the first staff. The second staff continues the melody. The third staff includes a double bar line followed by a section labeled 'Refrain' with a 7/8 time signature. The fourth staff concludes the piece with a double bar line.

Lighting of the Advent Candle

Presider

On the fourth Sunday of Advent: we light four candles: one for Hope, one for God's Word, one for Faith, and the fourth candle for Love incarnate.

One reads We light this candle for all God-bearers, saying ‘yes’ to God’s challenge, accepting the pain and joy of an unknown future.

***All* God, as we wait for your promise, give light, give hope.**

Presider The Grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you

***All* And also with you**

Presider Creator God,

***All* We give you thanks for all that you are and all that you bring to us for our visit within your creation. In your presence and in the presence of this community gathered, we acknowledge that we stand on the traditional, ancestral, and unceded territory of the Musqueam, Squamish, and Tsleil-Waututh Nations. Help us to be mindful of our actions here, for you are God, now and forever. Amen.**

Collect

Leader God of promise, you look with favour on the lowly, you scatter the proud and you fill the hungry. May we, like Mary, respond to your call and be obedient to your will; through Jesus Christ who is to come.
Amen.

Proclaiming the Word.

Reading Micah 5:2-5a

Reader Hear what the Spirit is saying to the church.

***All* Thanks be to God.**

Canticle 18

My soul proclaims the greatness of the Lord*
my spirit rejoices in God my Saviour;
For he has looked with favour on his lowly servant,*
from this day all generations will call me blessed.
The Almighty has done great things for me, *
And holy is his name.
He has shown the strength of his arm, *
He has scattered the proud in their conceit.
He has cast down the mighty from their thrones*
and has lifted up the lowly.
He has filled the hungry with good things*
and the rich he has sent empty away.
He has come to the help of his servant Israel, *
for he has remembered his promise of mercy.
The promise he made to our forbears: *
to Abraham and his children forever.

Reader

All **Glory to the holy and undivided Trinity, one God:
As it was in the beginning, is now and will be forever. Amen.**

Reading

Hebrews 10:5-10

Reader

All Hear what the Spirit is saying to the church.
Thanks be to God.

59 Come light of lights

Ruth Cunningham

FORM: Double five-part round

LEVEL: Easy

LEARN TOGETHER:

- Divide the congregation into two groups.
- Teach Part 1 phrase by phrase.

Part 1

Come light of lights in - to my heart. Come

Detailed description: This is the first staff of music for Part 1. It is written in treble clef with a 12/8 time signature. The melody begins with a quarter note on G4, followed by a quarter rest, then a quarter note on A4. A repeat sign follows. The melody continues with quarter notes on B4, C5, D5, E5, and F5, then a quarter note on G5. The lyrics 'Come light of lights in - to my heart. Come' are written below the staff.

wis - dom of spi - rit in - to my heart. Come

Detailed description: This is the second staff of music for Part 1. It continues the melody from the first staff with quarter notes on G4, F4, E4, D4, C4, B3, A3, and G3. The lyrics 'wis - dom of spi - rit in - to my heart. Come' are written below the staff.

Part 2

Come light of lights in - to my heart. Come

Detailed description: This is the first staff of music for Part 2. It is written in treble clef with a 12/8 time signature. The melody begins with a quarter note on G4, followed by a quarter rest, then a quarter note on A4. A repeat sign follows. The melody continues with quarter notes on B4, C5, D5, E5, and F5, then a quarter note on G5. The lyrics 'Come light of lights in - to my heart. Come' are written below the staff.

wis - dom of spi - rit in - to my heart. Come

Detailed description: This is the second staff of music for Part 2. It continues the melody from the first staff with quarter notes on G4, F4, E4, D4, C4, B3, A3, and G3. The lyrics 'wis - dom of spi - rit in - to my heart. Come' are written below the staff.

Please remain standing for the reading of the Gospel
Reader The Lord be with you.

All **And also with you.**

Reader The Holy Gospel of our Lord Jesus Christ according to Luke.

All **Glory to you, Lord Jesus Christ.**

Gospel Luke 1:39-55

Reader This is the Gospel of Christ.

All **Praise to you, Lord Jesus Christ.**

Silence & Stillness

The Sermon The Very Rev. Chris Pappas

Silence & Stillness

Please stand for the Affirmation of Faith

All **I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.
I believe in the Holy Spirit,**

**the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen**

Prayers of the People

You are invited to participate in an interactive prayer response.

Leader: Watchful at all times, let us pray to God for strength to stand with confidence.

Leader: God, our Maker and Redeemer, fill the earth with justice and compassion.

All: God of Mary and Joseph, hear and have mercy.

Leader: Establish righteousness in the nations.

All: God of Mary and Joseph, hear and have mercy.

Leader: Bind up the broken-hearted, restore the sick and raise up all who have fallen.

All: God of Mary and Joseph, hear and have mercy.

Leader: Shine the light of Christ on all who live in darkness and the shadow of death.

All: God of Mary and Joseph, hear and have mercy.

Leader: Empower us, with all the saints in light, to be your witnesses in the world.

All: God of Mary and Joseph, hear and have mercy.

Leader: O God of Elizabeth and Mary, you visited your servants with news of the world's redemption in the coming of the Saviour. Make our hearts leap with joy and fill our

mouths with songs of praise, so that we may announce glad tidings of peace and welcome the Christ in our midst. **Amen.**

Silence & Stillness

Confession & Absolution

Presider Let us confess our sins in the presence of God and of one another

Silence & Stillness

Presider Most merciful God,

***All* We confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.**

Presider God, who is rich in mercy, loved us even when we were dead in sin, and made us alive together with Christ. By grace you have been saved. In the name of Jesus Christ, your sins are forgiven.

Almighty God, strengthen you with power through the Holy Spirit, that Christ may live in your hearts through faith.

***All* Amen.**

The Peace

Presider The peace of Christ be always with you.

All **And also with you.**

All may exchange a non-contact sign of peace.

Celebration of the Eucharist.

The Offertory

You are invited to make a financial offering to further God’s mission through the work of the church by texting “Give” to 639.739.0843 and following the instructions; or by clicking on this link thecathedral.ca/give. Tax receipts are issued annually for gifts totalling \$20 or more. Your financial gifts matter and together with the bread and wine they are presented in spirit at the Altar as a sign of thanksgiving to God from whom all blessings flow.

The table is set for Eucharist.

Offertory Hymn Gracious Light

O Gracious Light, Lord Jesus Christ EVENING 14

1 O gra - cious Light, Lord Je - sus Christ, in you the
2 Now sun - set comes, but light shines forth; the lamps are
3 Wor - thy are you of end - less praise, O Son of

Fa - ther's glo - ry shone. Im - mor - tal, ho - ly,
lit to pierce the night. Praise Fa - ther, Son, and
God, life - giv - ing Lord; where - fore you are through

blest is he, and blest are you, his ho - ly Son.
Spir - it: God who dwells in the e - ter - nal light.
all the earth and in the high - est heaven a - dored.

Text: *Phos hilaron*, Greek hymn (200?); para. F. Bland Tucker (1895–1984).
Para. © 1985 *The Church Pension Fund*.
Music: Thomas Tallis (1505?–1585).

Prayer over the Gifts

All God of abundance, we bring before you the precious fruits of your creation, and with them our very lives. Teach us patience and hope as we care for all those in need until the coming of your Son, our Saviour and Lord. Amen.

The Great Thanksgiving

Presider May God be with you

All And also with you

Presider Lift up your hearts

All We lift them to the Lord

Presider Let us give thanks to God our Creator

All It is right to give our thanks and praise

Presider Blessed are you, gracious God, creator of heaven and earth; you are the source of light and life for all your creation, you made us in your own image, and call us to new life in Jesus Christ our Saviour. Therefore we praise you, joining our voices to proclaim the glory of your name.

Sanctus Holy, Holy, Holy -Scott Gould

Holy Holy Holy

♩ = 130

1st time - *Leader (or Choir)*

Scott Gould

2nd time - *All*

All **12**

Ho - ly, Ho - ly,

17
A Ho - - - - ly Lord, God of pow - er and

23
A mi - ght, hea - ven and earth are full of your glo - ry, Ho -

29
A san - na in the high - est. Blessed is the one who

35
A Blessed is the one who comes in the name of the Lord. Ho -

42
A comes in the name of the Lord! Ho -

49
A san - na, Ho - san - na, Ho - san - na in the high - est. Ho -

55
A san - na, Ho - san - na, Ho - san - na, Ho - san - na in the

high - est!

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Presider We give thanks to you, Lord our God, for the goodness and love

you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son.

For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “ Take, eat: this is my body which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, Father, according to his command,

All **we remember his death,**
 we proclaim his resurrection,
 we await his coming in glory;

Presider And we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours,

almighty Father, now and forever.

All Amen.

The Lord's Prayer

Presider As Jesus taught us, and in the language of our hearts we now pray

All Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

Fraction Anthem

Behold

Emily Parsons Dickau

Be - hold. Be - hold. Be - hold. Be - hold.

Be-hold the lamb whotakes a - way the sin of the world.

Have mer - cy. Have mer - cy. Have mer - cy on us.

The Breaking of the Bread

Presider God of promise, you prepare a banquet for us in your kingdom.

All **Happy are those who are called to the supper of the Lamb.**

Presider These are the gifts of God for the People of God.

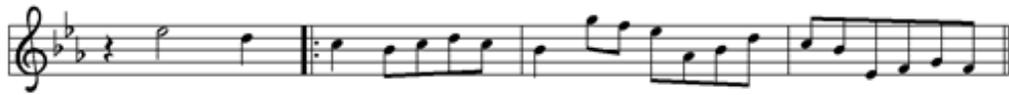
All **Thanks be to God.**

Please stay at your seat and the priest will come to you to offer a wafer. To receive a regular wafer, please extend both hands. To receive a gluten-free wafer, please extend one hand. If you would prefer a blessing, simply cross your arms in front of your chest.



Communion Hymn

Unexpected and Mysterious



1 Un - ex - pect - ed and mys - te - rious is the gen - tle
 2 In a mo - men - tar - y meet - ing of e - ter - ni -
 3 We are called to pon - der mys - t'ry and a - wait the



word of grace. Ev - er - lov - ing and sus - tain -
 ty and time, Mar - y learned that she would car -
 com - ing Christ, to em - bod - y God's com - pas -



ing is the peace of God's em - brace. If we fal - ter
 ry both the mor - tal and di - vine. Then she learned of
 sion for each frag - ile hu - man life. God is with us



in our cour - age and we doubt what we have known, God is
 God's com - pas - sion, of E - liz - a - beth's great joy, and she
 in our long - ing to bring heal - ing to the earth, while we



faith - ful to con - sole us as a moth - er tends her own.
 ran to greet the wom - an who would rec - og - nize her boy.
 watch with joy and won - der for the prom - ised Sav - ior's birth.

Text: Jeannette M. Lindholm, b. 1961
 Music: ST. HELENA, Calvin Hampton, 1938-1984
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Presider

God for whom we wait, in this meal you give us a foretaste of that day when the hungry will be fed with good things. Send us forth to make known your deeds and to proclaim the greatness of your name, through Jesus Christ, our Saviour and Lord.

All

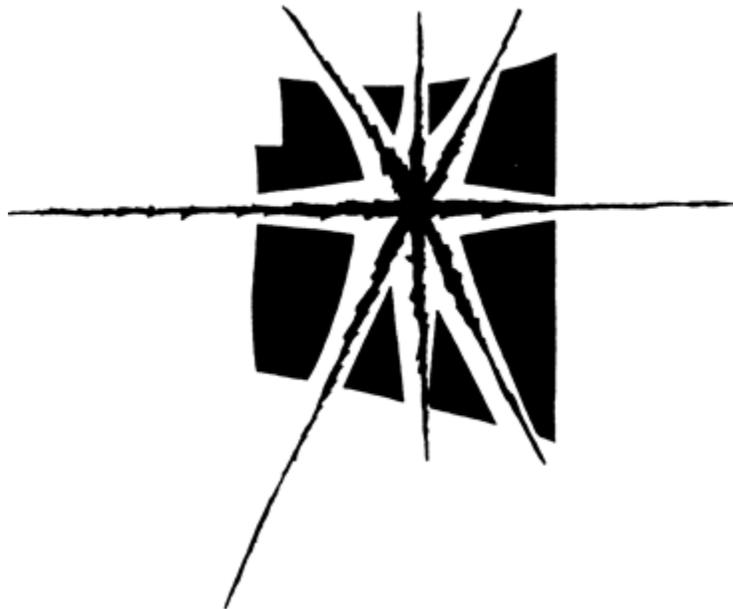
Amen.

Presider

Glory to God

All

whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the church and in Christ Jesus, for ever and ever. Amen.



The Sending Forth of the Community.

The Blessing God Gave This World a Gift

Em B Em B Em

God gave this world a gift the day that you were born, and
no mat-ter what you do, no mat-ter who you are, God's

The first system of music is in 2/4 time with a key signature of one sharp (F#). It consists of a vocal line and a piano accompaniment. The vocal line has a melody of quarter and eighth notes. The piano accompaniment features a steady bass line and chords in the right hand.

5 Am B⁷ Em

though life can be hard be - cause of who you love,
al - ways by your side. You're God's be - lov - ed child.

The second system continues the melody and accompaniment. It includes a double bar line with repeat dots at the end of the system.

Am D G C Am

When you are com-ing in, when you are go-ing out, God walks a-long with

The third system concludes the piece. The piano accompaniment ends with a final chord in the right hand and a sustained bass note in the left hand.

14 B⁷ Em Am D

you to jour-ney on your path. God's pres-ence is with us, our

19 G C Am B⁷ Em

fam-i - ly of choice. Let's all re-joice as one u - ni-ted in our love!

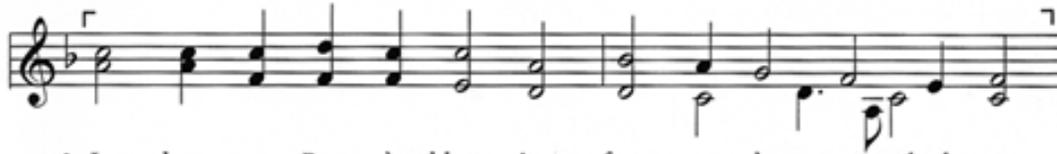
Announcements



Sending Song Lo, How a Rose E'er Blooming

CHRISTMAS/EPIPHANY CHRISTIAN YEAR

Lo, How a Rose E'er Blooming 117



1 Lo, how a Rose e'er bloom-ing from ten-der stem hath sprung,
2 I - sai - ah 'twas fore - told it, the Rose I have in mind;
3 O Flower, whose fra-grance ten - der with sweet-ness fills the air,



of Jes - se's lin - eage com - ing as seers of old have sung.
with Ma - ry we be - hold it, the vir - gin moth - er kind.
dis - pel in glo-rious splen-dour the dark-ness ev - ery-where;



It came, a blos - som bright a - mid the
To show God's love a - right, she bore to
true man, yet ve - ry God, from sin and



cold of win - ter, when half spent was the night.
us a Sav - iour, when half spent was the night.
death now save us, and share our ev - ery load.

Text: St. 1-2, German (15th cent.); tr. Theodore Baker (1851-1934).

St. 3, Friedrich Layritz (1808-1859); tr. Harriet Reynolds Krauth Spaeth (1845-1925).

ES IST EIN' ROS

Music: Melody *Alte Catholische Geistliche Kirchengesäng*, Köln, 1599; harm. Michael Praetorius (1571-1621).

Presider

Go in Peace to Share the Good News

All

Thanks be to God.

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and you can connect directly to the Cathedral—

Thank you for your support!

Thank you for joining the Christ Church Cathedral community

This Eucharist service takes place on the traditional, ancestral, and unceded territory of the Musqueam, Squamish, and Tsleil-Waututh Nations in the heart of Vancouver. If you have any questions about the Cathedral, its ministries or congregations, please visit our website at thecathedral.ca.



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