INTERCESSIONS FOR DECEMBER 5TH 2021

In our Anglican Cycle of Prayer, we pray for The Anglican Church of Burundi. We pray for Clara, our Rector; Lynn, our Deacon; Bob and Cathie, our Honorary Assistants; Anna Greenwood-Lee, our Bishop, Linda, our Primate, Mark, our National Indigenous Archbishop, and Lynne, our Metropolitan. We pray for S. Barnabas, Victoria - James Cowan. We remember the Diocese of New Westminster - Bishop John Stephens.

We offer healing prayers for Evan, Jeff, Nicole T., Donna G., Chris A., Debbie G., Valerie, Lucas H., Fay, Elisje H., Blanche G., Donna D., Grace V, Chester, Syd L, Wayne R., Andrea W, Paige, and Diane B.

PARISH ACTIVITIES FOR THE WEEK OF DECEMBER 5TH - 12TH

Monday-Friday	8:30 am	Morning Prayer (Zoom)
Monday	7:00 pm	Contemplative Prayer (Zoom)
Wednesday	11:00 am	Mid-Week BCP Communion (in-person)
Sunday	8:00 am	BCP Holy Communion (in-person)
Sunday	10:30 am	Holy Eucharist Service (in-person & livestream)

CHRISTMAS SERVICES

Christmas Eve	3:00 pm	Family Service (in person only)
Christmas Eve	9:00 pm	Candlelight Service (in person and livestream)
Christmas Day	10:00 am	BCP Christmas Day with Carols (in person only)
Sunday, Dec 26	10:30 am	Lessons & Carols with Eucharist (in person only)

READINGS FOR DECEMBER 12th 2021:

Zeph 3:14-20

Psalm: Canticle 3

Luke 3:7-18

ANNOUNCEMENTS

HOSPICE GATHERING TO REMEMBER: TODAY, Dec. 5th, our parish partners with the Nanaimo Hospice Society as they host their annual *Gathering To Remember* event at our Church. Come attend for an afternoon of candlelight remembrance, music and readings, as we remember those we hold close in our hearts. 2:30

ADVENT LESSONS AND CAROLS: The service of Lessons and Carols is one of the most widely-anticipated and well-known events during Advent. Join us from coast to coast on December 17th at 5pm PST for the Anglican Church's national Advent Lessons and Carols. This event is free, and you can pre-register to receive a reminder here: https://www.anglican.ca/lessonsandcarols/

BC FLOOD RELIEF DONATION OPTIONS: If you are able, there are some options to help with BC's current state of emergency, in the wake of the atmospheric river experienced last week. Donations are being accepted by:

- <u>PWRDF B.C. Flood Emergency Response</u>, who will determine the allocation of funds once the mid and long range needs are better known; and,
- <u>Sorrento Centre</u> (250-675-2421), who have housed many of the evacuees from Merritt and the surrounding area.

OLDER ADULTS EATING WELL TOGETHER: Nanaimo Foodshare is launching a new free program in our parish hall for older adults who would like to cook together, eat lunch, socialize, and learn healthy eating habits. Peer-to-peer mentoring is available as well.

You're invited to join them in our parish hall for a lunch and info session on December 14th at 12noon – 1PM. The program will run on the 2nd and 4th Tuesdays of the month. Please register for the lunch and info session by December 9th with Alice at Nanaimo Foodshare at: alice.gove@nanaimofoodshare.ca

BIRTHDAYS THIS COMING WEEK

Colin Sheen Dec 12 Catherine Campbell Dec 14

Did we miss your birthday?
Simply call the office at 250 753 2523 or email admin@stpaulsnanaimo.ca to add your name to the birthday prayer list!