

UGLY
Christmas
SWEATER



MPP



IT's CHRISTMAS TIME

- **For many people Christmas is more Scrooge than Buddy the Elf**
- **Too often the joy of Christmas is lost in ugly thoughts , words, motives & actions**

THE BATTLE FIELD

- The war of life is fought in the battlefield of the MIND
- The most prevalent ugly attitude that threatens to rob us of joy is, ANXIETY and FEAR
- God can rewire our thoughts
- This requires a REWIRING OF THE MIND

Philippians 4:4-7

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all.

The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

GOD'S PRESCRIPTION FOR JOY

- Worry about NOTHING, pray about EVERYTHING &

REJOICE

- Worry about NOTHING pray about EVERYTHING & **RELAX**

- Worry about NOTHING, pray about EVERYTHING & **REST**



Luke 2:8-11

“In the same region there were some shepherds staying out in the fields and keeping watch over their flock by night. And an angel of the Lord suddenly stood before them, and the glory of the Lord shone around them; and they were terribly frightened. But the angel said to them, “Do not be afraid; for behold, I bring you good news of great joy which will be for all the people; for today in the city of David there has been born for you a Savior, who is Christ the Lord.””



BIG IDEA

JOY DOES NOT PRECEDE
GRATITUDE, GRATITUDE
PRECEDES JOY