

## Life Group Questions (Advent Week 1 - What is Biblical Hope?)

- 1. What are some of the ways we use the word "hope" in our everyday language? Do you think most people assume "wishful thinking" when they talk about hope? Why or why not?
- 2. How is biblical hope different? Read Hebrews 6:11-12 and Hebrews 11:1. Does there seem to be certainty or uncertainty when Paul talks about hope?
- 3. The basis of our hope is God himself. Look up the following verses and reflect on how our hope is found in God:
  - Psalm 62:5-6
  - Psalm 65:5
  - Psalm 130:4-5
  - Lamentations 3:21-24
  - 2 Corinthians 1:10
  - 1 Timothy 4:10
- 4. In the past, how have you found hope in a trying time? Were there specific things you did? Were they centred on yourself or on God?
- 5. Pastor Andrew said to have hope we must walk through the door of hopelessness. Do you agree? Have you ever come to "the end of yourself"? What happened?
- 6. One way to have hope is to remind yourself is what God has done in the past. Spend some time reminding one another of God's faithfulness in your own lives.
- 7. One way to have hope is to remember the death and resurrection of Jesus. What are ways you can practically do this during difficult seasons?
- 8. Have you ever had to "wait on the Lord" for something? What was that experience like?
- 9. Read Psalm 42-43 together. Why do you think the psalmist "talks to himself" 3 separate times in these psalms?
- 10. Isaiah 40:31 and Isaiah 30:18 says there is a blessing that comes with waiting on the Lord. Have you experienced this kind of blessing? What was it like?

Spend some time in prayer together. Praise God for his faithfulness in the past. Praise God and remember the death and resurrection of Jesus. Ask Jesus to return soon. Bring your pains and disillusionments and disappointments to him. Ask the living God to fill you with hope.