

## Sermon Reflection Questions

We encourage you to use these for personal reflection, or to discuss as a family or with a friend, or to dig deeper in small group conversations around the sermon text. You can meet over the phone or online to go through these questions to discuss and pray together.

Series: Taking a Breather in the Psalms  
Message: **Delighting**  
Scripture: **Psalm 37:1-24**  
Speaker: Pastor Lawrence Kong

### Reflection Questions:

1. What are the delights of your life?
2. What are the desires of your heart?
3. Is God the source of your delight? As you delight in Him more, are there particular aspects of God's character that begin to resonate with you more?
4. As you delight in God, are your desires being transformed, no longer being driven by personal ambition, instead, are you opening your heart to receive God's desires as your own? What desire does God want you to share with Him today?