

FOOD BANK SHOPPING LIST

Top 3 needed items:

- Rice
- Hearty Soups
- Canned meats

Fresh / Frozen:

- Produce
- Dairy Products
- Meat products

Non-Perishable:

- Peanut butter
- Rice
- Pasta & sauce
- Canned Meat
- Hearty Soups
- Cereals/granola bars
- Canned beans
- Jam/honey
- Crackers
- Canned

TIPS FOR GIVING FOOD:

- The Food Bank's buying power makes your money go further
- Look for items on sale and buy extra
- Think of buying items your family enjoys on a regular basis.
- Get your kids involved in picking out items to donate.

Thank you for supporting your community!