

# BOOK OF PSALMS

## \_\_ Learning to Express Deeper Affection For God \_\_

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**MAIN IDEA ||** God alone is working as the source of our everyday peace, joy and prosperity so we can flourish & rest by applying his wisdom.

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### **Psalm 122 (NLT)**

*<sup>1</sup> I was **glad** when they said to me,*

***“Let us go to the house of the Lord.”***

*<sup>4</sup> All the tribes of Israel—the Lord’s people—*

*make their pilgrimage here.*

***They come to give thanks to the name of the Lord,***

*<sup>8</sup> For the sake of my family and friends, I will say,*

***“May you have peace.”***

*<sup>9</sup> For the sake of the house of the Lord our God,*

*I will seek what is best for you, O Jerusalem.*

Our God working is the source for all of our everyday:

- **peace** & prosperity, (122)

## **Psalm 126**

<sup>1</sup> *When the Lord brought back his exiles to Jerusalem,  
it was like a dream!*

<sup>2</sup> *We were filled with laughter,  
and we sang for joy.*

*And the other nations said,*

*“What amazing things the Lord has done for them.”*

<sup>3</sup> ***Yes, the Lord has done amazing things for us!***

***What joy!***

<sup>4</sup> ***Restore our fortunes, Lord,  
as streams renew the desert.***

<sup>5</sup> *Those who plant in tears  
will harvest with shouts of joy.*

<sup>6</sup> *They weep as they go to plant their seed,  
but they sing as they return with the harvest.*

Our God is the source for all of our :

- renewal & **restoration**, (126)

## **Psalm 127**

<sup>1</sup> *Unless the Lord builds a **house**,  
the work of the builders is wasted.*

*Unless the Lord protects a **city**,  
guarding it with sentries will do no good.*

<sup>2</sup> *It is useless for you to **work** so hard  
from early morning until late at night,  
anxiously working for **food** to eat;  
**for God gives rest to his loved ones.***

<sup>3</sup> ***Children** are a gift from the Lord;  
they are a reward from him.*

Our God is the source for all of our :

- flourishing & rest, (127)

## **Psalm 128**

*A song for pilgrims ascending to Jerusalem.*

<sup>1</sup> *How joyful are those who **fear the Lord**—  
all who **follow his ways!***

<sup>2</sup> *You will enjoy the fruit of your labor.*

***How joyful and prosperous you will be!***

Our God is the source for all of our :

- wisdom & joy. (128)

## CONTINUING THE CONVERSATION

1. Psalms (122,126-128) inspire us to **express our worship** and **apply God's wisdom** as an everyday life routine. Why do you think that's such a challenge for us to live this every day?
2. After carefully considering this Psalm, can you think of how it might change the way you worked or rested if you **trusted more deeply** that God is always at work building all the good things you need?

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3. According to the Psalmist (128), joyful & prosperous people are those who fear the Lord & follow His ways. Are there any examples you've experienced where rebelling against God or living selfishly has undermined someone's joy or prosperity?