

Community



Calgary Diocese
Anglican Church Women
Fall Newsletter 2021

FAMILY CHURCH FRIENDS SOCIAL



The Anglican Church Women's Prayer

Almighty God, our heavenly Father,
who sent your blessed Son into the world to be the Saviour of all; Grant
us a deep sense of gratitude for your grace and mercy towards us. Enable us
by your Spirit to reveal your love in prayer and work and stewardship, so that
your salvation may become known to all people, and your Name glorified
throughout the earth, through Jesus Christ our Lord.

Amen





Calgary Diocesan Anglican Church Women

PRESIDENT'S Report

September 1st has arrived! I find it hard to believe that two thirds of this year is gone! I see that the spring crocuses have burst into bloom on some hillsides, thinking that after the drought and recent rains, spring has returned. Maybe that is a sign of hope for us all.

Our Diocesan ACW had a busy and very interesting summer with our June 28th Hymn Sing, two Board Meetings and a Spiritual Disciplines Exploration Saturday in August! The Fall looks exciting too, with The Rev. Dr. Richard Le Sueur as our Fall Conference Guest Speaker, another Hymn Sing in October, our Lessons and Carols Evening in December, and a new Book Study beginning after Thanksgiving. Response to our ZOOM sessions has been very good. I am also looking forward to attending the National ACW Conference on ZOOM, at the end of October.

The one sad note this Fall, is our cancellation of the Silver Cross Luncheon in September because of the high COVID numbers. We were so hoping to be able to meet face-to-face this year. Our theme for this Newsletter is “More Caring” and I have given this idea much thought. We have seen so many generous responses during COVID and our Conference in the Spring highlighted a myriad of ideas for connecting with people and showing “care”.

Our motto seemed to echo the Philippians verse, “Let each of you look not only to his own interests, but also to the interests of others.” I have seen so many examples of love, caring and thoughtfulness.

Now, I am thinking that perhaps we need to focus on another aspect of “caring”, that of “kindness” in caring for everyone. I read in the Newspapers and hear reports of very strident condemnation of either the “maskers” or the “anti-maskers”, of the “vaxxers” or the “anti-vaxxers” and I really fear that we will see schisms in our families, in our communities and in our Churches. Ephesians 4: 32 says, “Be kind to one another, tender hearted, forgiving one another, as God in Christ forgave you.” We need to continue to strive to be one community in Christ ...showing ever and ever more caring.

Blessings to each and every one of you as you head into the Fall – always a time of new beginnings. May God be with you.

Respectfully submitted by Linda Holt



From the Chaplain's Desk



Can we be more caring? Of course, we always can! It is our calling as Christian's to care for all, however and whenever we can. As the song said we need to "think a little more of others, and a little less of me".

As people become tired of this long COVID time, it is common to hear complaints. We need to ask ourselves if what we want is for the common good. We need to think of the children too young to be vaccinated, those whose immune systems are compromised, and others at risk.

It is not a time for "I want" if the answer to our want puts others at risk. Maybe we will have to wait a while for normal or even the new normal.

That being said, many of you have gone above and beyond in the last months: calling the lonely, encouraging others, providing needed food, forgetting some of our useless conflicts, and being aware of the needs of others. We need to carry on being caring. We need to be more caring even if restrictions and COVID ease up. Hopefully there has been a reset button that has helped us to see that beyond all the consumerism and consumption of our world; there is a more basic need to look at how our actions affect others and the general health of creation. We are called to be more caring on all fronts.

I could say I am in my last decade or two so I should be able to have what I want and disregard the God given Creation. But then I have to think of my children, grandchildren and great grandchildren. What will their lives be like if I think only of myself? Perhaps it's a good time to think of the heritage we will leave. Have we furthered God's kingdom?

Jesus set the world of his time upside down. He cared for sick, suffering, outcasts and "sinners". He stood with women and children in a patriarchal society. He told us if we followed Him we would be asked to "take up our cross". This is the theology of sacrifice to which we are called. To do His ministry here on earth, Jesus put his own wants and needs aside. We think of the temptation in the wilderness as a prelude to His ministry. We like the baby in the manger of Luke, but the stark beginning in Mark at the Jordan seems to set the tone for Jesus, the Christ.

So, let us ask ourselves how can we be "more caring"? It involved putting others first and being willing to sacrifice.

We in Anglican Church Women have always stood up to help in time of need. Our ways of helping may have changed but our mission hasn't. We are here for the needs of others. As your chaplain, I am here for you. Please also let me know of others who are sick, suffering in the need of help and in the need of prayer. Like in a parish it is hard to reach out if needs are not known. My land line is 4036784502 and my cell for calls or text is 4036781163. Please note that the cell number was listed incorrectly in some newsletters. My email is bpiwowar@telusplanet.net.

Peace in Christ,
Rev. Betty
Diocesan Chaplain

The Ven Dr Pilar Gateaman's Spiritual Disciplines overview

Workshop and Sharing Session

Opened with Imaginative Prayer exercise using John 21 and worked through the passage intentionally.

This was followed by a question and discussion period about what practices people were currently using. We shared ways in which practices had been frustrating and ways to negotiate those frustrations. Encouraging practices and prayer resources were shared and conversation around how to choose a practice or the particulars of how to enter in to certain disciplines.

From there we discussed emotionally healthy spirituality and how our whole selves show our spiritual formation. The work of Peter Scazzero was discussed and an assessment tool he created shared to help us gain a better understanding of where our areas of growth and strength are currently.

We spoke about how being self-aware of our strengths, weaknesses and how God is in them with us can lead us to grow in deeper relationship with God and others. This led to an explanation and conversation about the Examen. This took is vital to our self-awareness in the presence of God. It helps us to become more aware of God's presence, allows us to practice to discipline of gratitude and research has shown its power in refocusing our attention toward others while increasing our confidence and intimacy in our relationship with God.

It was a wonderful interaction of all participants.

Pilar+

The Ven. Dr. Pilar Gateaman

Executive Officer

Archdeacon of Calgary

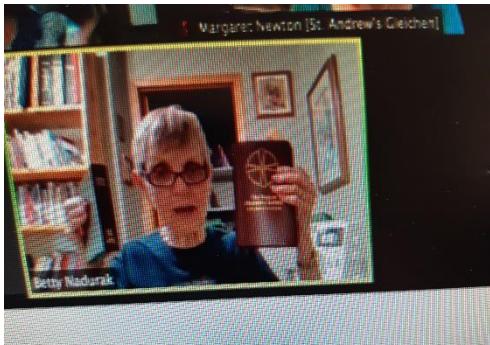
Phone: 587-320-1342 (direct line)

Toll Free: 1-888-999-1551 ext. 102

www.calgary.anglican.ca



Our August session, "Spiritual Disciplines Exploration" with the Ven. Dr. Pilar Gateaman (minus a few who had to leave early)



Our new Deacon, The Rev Betty Nadurak, receiving gifts from the Diocesan ACW



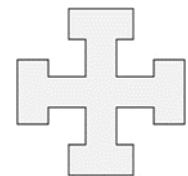
Deacon, The Rev Betty Nadurak, 2nd from right

From the Historical Files....

Dear Friends – I was thrilled to be considered for the position of Historian – thank you to the Executive and Board for their faith in me. It is a joy for me to explore our history and to share with all, the wonderful historical documents that we are blessed to have. Many thanks to our previous Historian - Ann Bright for all her hard work organizing this wealth of material.

I recently received via our President Linda Holt an overfull box of documents from St. Albans, Brooks. Sadly their ACW had closed January 31, 2001. To have these records is certainly a gift.

As this has traditionally been our Silver Cross celebration month I thought I would share with you a Silver Cross Celebration held Thursday May 4th, 2000 at St. Albans. At that time fifteen ladies were presented with Silver Crosses – each dear lady had given of their time and talents for over 40 years to St. Albans ACW. The Silver Crosses were presented by Elizabeth Challice and Anne Davidson.



All the ladies listed below remind me so much of all the ladies that I know in ACW – they took their turn on the executive, they sang in the choir, participated in the altar guild, etc. – anything that needed done these ladies and so many others would have put their hand to the wheel. And it should be noted that more than half of these ladies were still active in 2000.

Betty Lomas [member since 1945]
1946]

Hazel Carlson [member since 1946]
Eunice Hall [member since 1951]
Wanda White [member since 1952]
Dora Kraft [member since 1954]
Goldie Hughes [member since 1955]
Phyllis Clarke [member since 1956]
Jerri Schindeler [member since 1958]

Joyce Saunders [member since

Helen Smith [member since 1949]
Mae Crawshaw [member since 1952]
June Lewendon [member since 1952]
Vi Jackson [member since 1955]
Blanche Coulter [member since 1956]
Peggy Sparry [member since 1958]

Respectfully and Joyfully submitted by Margaret Newton

I'd love to share this story with you all about my mom – written by the Calgary Food Bank for their Summer Newsletter. My mom was a cradle Anglican and served for many years in the 60's & 70's as the organist at Holy Trinity in Rocky Mountain House. I have many fond memories of sitting at her feet at the organ listening to the minister and watching services. Perhaps that is where my love of hymns comes from?? This story focuses on the Calgary Food Bank (as it was written by them for their newsletter) and the reason I share it with you is that the church they briefly mention is our own St Edmund's, Bowness and our Food Bank is the one they help. My mom was a great supporter of our 'Little Church that Serves' and was always there to help us however she could. Many of our regular Anglican Church Women conference attendees may recall meeting my mom at a few of our gatherings and she even played the organ at one of our Calgary Regional conferences. She will be dearly missed!

Submitted by Linda Anderson (Original Story Credit – Betty Jo Kaiser, Communications Coordinator, Calgary Food Bank)



If someone needs help, you help.

Jill van Tol loved to shop. Jill would search for great deals and she would donate her treasured "finds" to those without. This mom of three, grandma of seven and great grandma of seven had a passion for supporting people in her community and she found a simple pleasure in shopping and donating to others.

Jill moved to Canada from England and taught in various schools in the Rocky Mountain House area and a one-room schoolhouse in Southern Alberta. When not teaching, she was hard at work on the family farm and supporting the community in any way she could. The core belief of everyone chipping in and helping their neighbours and friends became the foundation for her giving spirit. She brought this

philosophy when she moved to Calgary in 2003 when she immediately set out to find ways to give-back and support her new community.

The Calgary Food Bank was one of the organizations she loved to help. Marrying her "love of a good deal" with serving others, Jill would quietly and consistently donate case-lots of food and personal items like socks. Jill's daughter, Linda Anderson, remembers her mom with great affection and says that her love of giving back was rooted in her upbringing and living in a farming community where you do what you can to help one another out. She said, "If someone needs help, you help. You don't stop to think about it." In addition to her love of "scooping up a great deal" Jill

also had a gift for connecting community. In her time volunteering with the Food Bank she facilitated a partnership with her church to create a food support program for the local community.



Jill (2nd from right) meeting with Calgary Food Bank and St Edmund's Food Bank Volunteers

Calgary Food Bank CEO James McAra knew Jill well. "She was a gem, quiet about her accomplishments but not shy in helping others or even asking what needed to be done. She always had an update on what was happening in and around her community. She was pragmatic yet never lacked empathy. I

remember when she would stop by for coffee and share her thoughts about the community and what was working and how we all could improve. Sometimes Jill would phone to check in, and she

was always thoughtful of others, and always with expectations of how each of us could work harder or better to the benefit of others.”

Jill van Tol passed in December of 2020 after a decline in her health mostly brought-on by Alzheimers and the isolation that resulted from COVID-19. While her smiling face and donations of groceries and supplies are deeply missed, Jill made a very important decision about how her support would continue. When she prepared her Will, she had a planned gift in place for the Food Bank. Jill admired the work being done and seeing first-hand the impact that was made. Her foresight and generosity through her bequest has ensured there is continued support for the community’s most vulnerable.

James said, “When we learned of Jill’s passing, it stopped a lot of us here at the Food Bank. A flood of great memories about Jill and what she had accomplished in her part of the world washed over all of us. We have lost a very kind and generous soul.” We are grateful that Jill van Tol’s beautiful legacy of supporting community lives on through her planned gift.

For information about Planned Giving to the Calgary Food Bank, please contact

Leah Johnson-Clark,

Individual, Foundations and Planned Giving Coordinator.

Calgary Food Bank, ljohnson-clark@calgaryfoodbank.com

Some of you are unaware of just
how amazing you really are. The
way you make people laugh, lift
others up, or spread some extra
love. You do this even though
you are struggling too, and
I think it makes you such a
BEAUTIFUL HUMAN BEING.



POSITIVE
OUTLOOKS

Submitted by Lisa Boulet, 1st Vice President



ACW DIOCESAN QUILT

Please contact Jennifer to book the quilt for your church event 403-948-6463 or jennjmingram@gmail.com



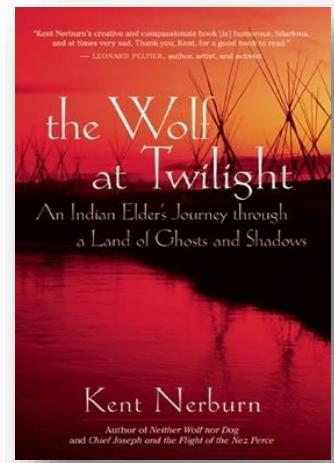
READ ANY GOOD BOOKS LATELY?

The Wolf at Twilight: An Indian Elder's Journey through a Land of Ghosts and Shadows by Kent Nerburn

This book was recommended to me by our Priest, and I found it to be a very insightful look at past and present-day Native issues, as seen through the eyes of a Lakota elder.

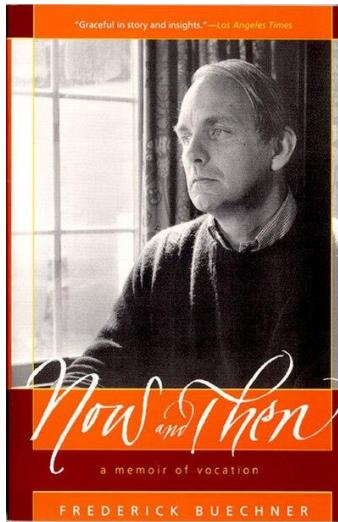
It is the second book in a Trilogy, a fictionalized account of an actual journey that Nerburn takes to help the Lakota elder, Dan, bury "Fatback", an old and faithful dog who had been a beloved companion during the ninety-year old's twilight years. After that is done, Dan asks Nerburn to join him for another important mission: finding his long-lost sister Yellow Bird, who disappeared from a reservation boarding school over 80 years ago. Before they leave, they participate in a sweat lodge ceremony.

By the end of the journey, Nerburn has "gathered" the many pieces of light and dark and put them into his heart. The book ends as they feast on spam sandwiches, and Dan remarks: "It's a good day to live" and they raise their Spam sandwiches in thanks.



Review by Linda Holt

This is perhaps a more personal book review because they are all about Spiritual Autobiographies. I am taking part in a three part workshop with The Ven. Dr. Pilar Gateman with our last session just a few days away. Folk often say confession is good for the soul – so here goes – I participated in four years of Education for Ministry and each year we were to create a Spiritual Autobiography and each year I had no idea what I was to do. NOW I get it thanks to Pilar and Frederick Buechner. Dear Friends this really is an exercise of great worth and if no one else reads it but yourself it is so very worth your efforts.



I had read **The Sacred Journey** by Frederick Buechner last winter and raved about it to Linda H. so much that she purchased the second part of his autobiography **Now and Then : a memoir of vocation** as a birthday gift. To prepare us for working on our own journey Rev. Pilar had sent out a list of suggested books and much to my delight these were listed so not only was I reading a book I really wanted to read but I was getting brownie points for doing books on that list. Then... on the second page of Now and Then I read a sentence that completely illuminated for me why a spiritual autobiography is of such use to us as we age and as our life changes. We come to realize that our circuitous routes are the result of the Holy Spirit pushes us to see the truth of God's purpose for our lives.

In part what he was explaining was why his first book was devoid of the ordinary things of life – going to the movies, going out with friends. “I focused instead on those past events which, although I hadn’t been aware of it at the time, I could more clearly see as having set the stage for, to have foreshadowed my becoming a Christian and deciding to go to seminary mainly because I couldn’t think of any other move dramatic and official enough to commemorate such an unexpected turn of events in my life.” From this introduction he addresses why he thinks that he was important enough to have an autobiography written.

Each of the authors on Rev. Pilar’s bibliography would also question why they are doing it but what I have found is that just as in our Bible God uses the ordinary, the fallen, the most unlovable, those who are cast off by society we need to read and see this working in our own lifetimes by people not so very different from us.

And... for a change from typical autobiographies all these authors are brutally honest. Again a final quote from Buechner [at least in this review!]. “But if we keep our hearts and minds open as well as our ears, if we listen with patience and hope, if we remember at all deeply and honestly, then I think we come to recognize, beyond all doubt, that however faintly we may hear him, he is indeed speaking to us, and that, however little we may understand of it, his word to each of us is both recoverable and precious beyond telling. In that sense autobiography becomes a way of praying, and a book like this, if it matters at all, matters mostly as a call to prayer.”

Imagine in these sessions hearing about other books that have been read by various members of the group. And... imagine a bookie who is always looking for suggestions. I fear that I may become a brain on a stick [thanks to Pilar for that imagine] as I have several on reserve at my library and have already had the experience of reading **Traveling Mercies : some thoughts on faith by Anne Lamott**. I was familiar with Anne Lamott’s books but was perhaps not prepared for the reality of her life. She has had some terrible experiences and her road to Jesus was far from straight forward and simple. She fought alcohol, anorexia, being a single mother, and many experiences she would prefer to have been able to handle differently. Deaths, disappointments,

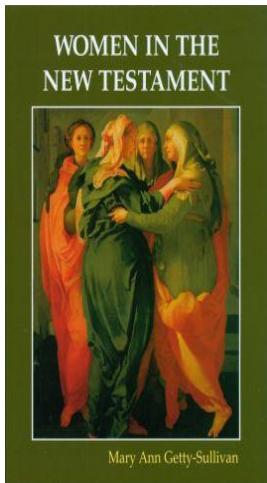
lost jobs, lost direction – all things that we all experience. All part of that road to faith. Lamott has a quirky humor and her short stories are always haunting but perhaps for me this is the most haunting of all her books. She exposes her life and soul for all to see. Can I do this?

Submitted by Margaret Newton

The latest of Our Mascot and Friends



**This hat is a HOT
SELLER – GOING
FAST FOR \$\$\$\$\$\$**



Fall Book club

The Rev. Betty Piwowar has offered to lead the Fall Book Club. She would like to start on Monday, October 18th - following our conference- with the same theme as the conference. I am including the Poster (see following page), and suggest maybe, if you want to take the session, that you should order your book soon. It is quite reasonable and available on Kindle too. There will be 7 sessions and it will end on the last Monday of November, with the first Monday in December being our Service of Lessons and Carols.



The Diocesan ACW Book Study

With The Rev. Betty Piwowar

Beginning on Monday, Oct. 18th at 7:00 pm

and continuing until Nov. 29th

Reflecting the Theme of our Fall Conference with The Rev. Dr. Richard Le Sueur, The Rev. Betty will choose a few chapters and women to read about and discuss

For more information, contact: Bpiwowar@telusplanet.net

To register, contact: dioceseofcalgaryacw@gmail.com

(This book is available from Amazon in both Kindle and Paperback format:
Kindle Edition: \$6.98, Paperback Edition: \$9.92)

Spread the word.

Hymn Sing is back!

*The Anglican Church Women
of the Diocese of Calgary*

*Welcomes you To a Zoom Hymn Sing On
Monday, October 4th at 7:00 pm*

Please register at:

dioceseofcalgaryacw@gmail.com

or call 403-734-2130



The Anglican Church Women's Virtual Fall Conference

"The Women Who Walked Alongside Jesus"

Presented by The Rev. Dr. Richard Le Sueur



OPEN TO EVERYONE

WHEN: Saturday, October 16th, 2021, from 9:30 – 2:00

WHERE: ZOOM link (sent out to Registrants before Conference)

COST: Free

For further information please contact: The Rev. Betty Piwowar – Bpiwowar@telusplanet.net

PLEASE REGISTER WITH LINDA HOLT:

dioceseofcalgaryacw@gmail.com

MAP OF
PALESTINE
IN THE
TIME OF CHRIST.

By L. H. Clegg.

SCALE OF MILES.



And also

THE DIOCESE OF CALGARY ANGLICAN CHURCH WOMEN
Are Pleased to Invite Everyone to join us for a Zoom
Service of



*LESSONS
and
CAROLS*



Monday December 6th, 2021, 7:00 PM

For Further Information and to Register:

Please contact:

dicoeseofcalgaryacw@gmail.com

ALL ARE WELCOME



Anglican Church Women Website



The Anglican Church Women of the Diocese of Calgary have a website at www.acwcalgarydiocese.com where you can view the latest newsletters as well as get information on upcoming conferences, retreats and events. We also post pictures and articles from past diocesan events. Feel free to submit stories, articles or pictures to the website at email@acwcalgarydiocese.com. You can also find application forms on the website for Silver Cross, Book of Remembrance, and conference registrations.

Welcome to the ANGLICAN WOMEN, DIOCESE OF CALGARY Facebook Page.

I am excited to invite you to join our Facebook Page. Please send me any information, pictures, news articles or inspirational memos that you would like to share across Facebook. I am always looking for items of interest to post. Please contact Margaret Newton-
margmoore49@gmail.com You can search in Facebook for Anglican Women, Diocese of
Calgary and follow our page -OR- if viewing this newsletter on line click here  and then click to follow our page. By liking our page it boosts our visibility in Facebook.

PLEASE LIKE US 



The Book of Remembrance

The Book of Remembrance is a bound book in which the names of the WA and ACW deceased members are recorded in beautiful hand calligraphy.

The book was started and dedicated by Bishop Calvert in 1953, and is kept in a special case in the Cathedral Church of the Redeemer in Calgary.

There are over three hundred names entered, and the Book is taken to the Annual Conference each year so that members may have the opportunity to remember past friends.

ANGLICAN CHURCH WOMEN, Diocese of CALGARY
Application for Diocesan Book of Remembrance

PLEASE PRINT CLEARLY

Date of application _____
DD/MM/YR

FROM (group)

Town or City

Name to be inscribed (including Christian Names)

Date of birth (if wished) _____ DD/MM/YR

Date of death _____
DD/MM/YR

INSCRIPTION:

Please confine inscription to two lines if possible.

Address & telephone number

Signed

Please return application and cheque for \$15 payable to ACW, Diocese of Calgary no later than Feb. 1st. To: Vera Apletree. 58 Malibou Rd. S.W. Calgary AB. T2V 1W8 Phone: 403-255-2406

The A.C.W. BOARD OF THE DIOCESE 2021

www.acwcalgarydiocese.com

[email: dioceseofcalgaryacw@gmail.com](mailto:dioceseofcalgaryacw@gmail.com)

[Facebook: Anglican Women, Diocese of Calgary](#)

Patrons: Archbishop, The Most Rev. Greg Kerr-Wilson & Mrs. Vicki Kerr-Wilson

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