



5-Battle In The Mindfield

Romans 8:5-6, 12:1-2, Philippians 4:8

1. What insight, principle or observation from this week's message did you find to be most helpful, eye opening or troubling? Please explain.
2. Has someone ever played a trick on you (lying to you) and then later said, gotcha? How did that lie believed, affect you like truth received?
3. Proverbs 23:7 says, "7 For as he **thinks** in his heart, so **is** he." (NKJV) How have you seen this prove true in your own life?
4. Read Romans 8:5-6. Why does Paul say the mind is so important? What is the new mindset according to Paul? Read Romans 12:1-2. What is the command from Paul in regards to our thinking and living?
5. Paul says don't conform, be transformed by the renewing of your mind. When it comes to our thoughts, or our mind, we could say, "remove the lie, replace it with truth." As you think of unwanted behaviors or responses in your life, what are the underlying lies you tend to believe that have become unwanted ruts in your mind and life?
6. The enemy, the devil, is not creative he is repetitive, and the father of lies. In what ways do these lies get repeated to you over and over and over again? 2 Corinthians 10:5 says, ¹⁰..."we take **captive** every thought to make it **obedient** to Christ." What would it look like for you to make thoughts prisoner, then obedient to Jesus, before you give them free reign?
7. After not conforming, Paul commands us to be reformed, by the renewing of our minds. It could be said that we need to replace the lies with truth. Read Philippians 4:8. How could doing this be helpful?
8. As you think of your particular ruts, or lies, or neural pathways, what are the new pathways of truth that you need to trench into your mind? What passages of scripture can you think of, or the group think of to help you declare truth when the lies hit your mind and heart?
9. Pray together.