

# Worship in Action!

Sunday, October 24, 2021

*Matthew 25: 35 (NRSV)*

*‘for I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me.’*

*Hebrews 13:13-16 (The Message)*

*So let’s go outside, where Jesus is, where the action is—not trying to be privileged insiders.. This “insider world” is not our home...Make sure you don’t take things for granted and go slack in working for the common good; share what you have with others. God takes particular pleasure in acts of worship—a different kind of “sacrifice”—that take place in kitchen and workplace and on the streets.*

**Worship in Action Sunday is a new concept for us at Inlet, and is an invitation to live and worship with imagination and hope, providing a way for us to come alongside our neighbours in Port Moody, in our individual neighbourhoods, and beyond. We hope that you can live into *worship in action* holistically, as a whole person, loving God and neighbour as yourself every day of the week.**

We invite you into this first experience (of what we hope will happen more often) as an opportunity to holistically care for ourselves and our communities. Donating nutritious food for the Share Food Bank fills bellies and provides nourishment. Singing together on Zoom while writing cards to those who need a kind word, writing letters and signing petitions in support of a Canada-wide Guaranteed Livable Income (that would mean basic food provision for all) or taking a walk to exegete (interpret) your neighbourhood or inviting a friend for lunch...all creates space of solace and opening towards deep sabbath. Worship in Action helps us reorient the rest of the month as we relate to people in our community with different life experiences, perspectives, joys, and burdens. Let us live out the scripture through action this Sunday, in whatever way speaks to you.

**Opportunities and Ideas on How You Can Take Action:** (click on links below for info and actionable activities)

- 1. Learn about and send letters in support of Guaranteed Livable Income**
- 2. Explore and take action with the United Church on the topic of Food Security**

**3. Learn and take action on ending poverty through United Church action opportunities**

**4. Learn about the Spring Street Community Kitchen initiative that Inlet United and St. John of the Divine Anglican churches are partnering in, and consider joining the planning team as a volunteer. On YouTube and on Facebook**

**5. Consider ordering an Olive Oil gift box in support of Palestinian families via the Unsettling Goods program**

**6. Tend your** garden or patio planters, or drop off food items this coming week to a Share Food Bank bin near you.

**7. Make** a meal or cookies to share with a neighbour. **Make “comfort bags”:** ziplock bags with granola bars, juice boxes, a \$5 bill or coffee card and a kind note in them to hand out to those you see asking for money or help on the street.

**8. Walk and Pray for the neighbourhood** that it to be “on earth as it is in heaven.” Not sure what to pray in particular? **Take a walk** and look with Christ’s eyes of compassion and justice and see what you discover. Maybe call a friend or an Inlet neighbour and walk and pray together (6 feet apart of course).

**9. Open your news app or a newspaper**, read and pray for the stories that catch your heart.

**And/or join us on Zoom at 10am Oct 24th where we will be hosting a spacious, contemplative worship time of music and prayer, a few highlighted initiatives and time for you to be writing a letter or baking or praying for others intentionally as you listen in.**