



October 10, 2021

Grace Notes

IN THIS ISSUE...

Halloween Spooktacular

[Page 2](#)

Sunday School Corner

[Page 7](#)

Like a Good Neighbor

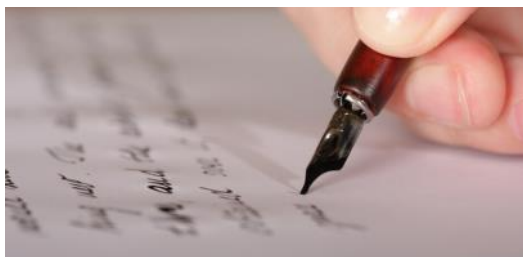
[Page 8](#)

Yard Signs

[Page 10](#)

75th By the Numbers

[Page 13](#)



October 16

God's Work. Our Hands.

From assembling care packages to cleaning up yards in the neighborhood there are several service projects you can choose to be a part of.

God's Work Our Hands will take place from 9:30 to 12 on October 16.

There are even more opportunities after the 16th if you can't make it that Saturday!

More on pages 4 and 5



mtzionlutheran.org

(414) 258-0456

parishadmin@mtzionlutheran.org

12012 W North Ave

Wauwatosa, WI 53226

Clergy Appreciation Day



THANKS, PASTOR!





Clergy Appreciation Day
October 10, 2021

Halloween Spooktacular!

Kids have been through a lot this last year.
Let's give them an afternoon of spooks, laughs, and smiles!

**The Halloween Spooktacular will return to Mt Zion
Sunday, October 24 from 3-4pm.**

3-4 volunteers are needed to help with the following:

-  Lead the costume parade
-  Staff a ghoulish game
-  Tell a not-so-spooky story
-  Prepare and facilitate a craft project

If you have ideas, would like to organize materials beforehand,
or help run the event contact Jess Monahan!

parishadmin@mtzionlutheran.org



October 10 to October 17

Sun Oct 10	<p>8:30a Traditional Worship Service</p> <p>9:40a Faith Formation Hour (Adult Forum, Youth, Sunday School) Meeting ID: 841 6597 2335 Passcode: 12012</p> <p>10:45a Praise & Worship Service</p> <p>5:00p MZY Journey (Confirmation)</p>
Mon Oct 11	<p>6:00p Property Committee meeting</p> <p>7:00p NA 12-steps group Mt Zion Fellowship Hall</p>
Tues Oct 12	<p>12:00p AA 12 Steps Meeting</p> <p>7:00pm Pets Helping People Fellowship Hall</p> <p>6:30p Hands of AA 12-Step Meeting</p>
Wed Oct 13	<p>12:00p Brown Bag Bible Study Meeting ID: 389 857 048 Passcode 12012</p> <p>1:00p Prayer Warriors same Zoom info as Brown Bag</p> <p>4:30p Staff Meeting</p> <p>7:00p Stewardship Meeting</p>
Thurs Oct 14	<p>6:30p Voices of Zion Choir Rehearsal</p> <p>7:30p Festival Bells Hand Bell Rehearsal</p>
Fri Oct 15	<p>7:00p ACA 12-Step Group [Rm 101]</p> <p>7:30p Essay 12-Step Group Meeting Virtually</p>
Sat Oct 16	<p>9:30a God's Work Our Hands Day of Service</p> <p>8:30a Women of Heart Bible Study on Zoom Meeting ID: 849 6940 2756 Passcode: 12012</p>
Sun Oct 17	<p>8:30a Traditional Worship Service</p> <p>9:40a Faith Formation Hour (Adult Forum, Youth, Sunday School)</p> <p>10:45a Praise and Worship Service</p>

God's Work Our Hands

GOD'S
WORK
OUR
HANDS

Mt. Zion is being given the opportunity to contribute to the needs of those in our neighborhood and to extend hospitality to strangers. God's Work Our Hands is part of our tradition as ELCA Lutherans. It is a way to express God's love to our neighbors, those we know and those we do not know.

PRISON
MINISTRY

Write letters of encouragement to incarcerated people. Cards, envelopes, stamps and names are provided. This project is in conjunction with our October Mission of the Month, Breaking the Chains Church located within the Felmers O. Cheney Correctional Center. You may pick up the supplies for this project and complete at home. (Text or call 414-861-4725 or email linda.ertel@sbcglobal.net if you want these supplies dropped off to you to complete at home)

Saturday,
October 16

9:30 to Noon

At Mt Zion



TOSA CARES

Tosa Cares is distributing food that morning and can use help sorting, packing and carrying food to cars. (For teens and adults).

AFGHAN
REFUGEES

The other is assembling care bags for the Afghan Refugees here in our state. This is a family-friendly event that includes a place for kids (or adults) to draw pictures and write notes of encouragement and love. Great for kids!

Sign-up by Tuesday, October 12th so we can assure we have enough "hands" to do God's work. All projects will be completed no later than noon, but please come for as long as you can.

Sign-Up Here:

<https://www.signupgenius.com/go/904054EA8A629A46-gods1>



GWOH

**Saturday,
October 16**

9:30 to Noon



**Off-Site
Opportunities**

**BLESSING
SUNDAY**

For those who love to be outside on a beautiful fall day, work with ERAS Senior Network, to assist neighbors who need help with fall yard clean-up. Addresses will be provided at Mt Zion the morning of the event. Please bring your own rakes, loppers, hedge clippers and gloves, if you have them. If not, there will be plenty to share. Carpooling from Mt. Zion will be available. (Rain date for this event is the following Saturday, October 23.)

Sign-up by Tuesday, October 12th so we can assure we have enough "hands" to do God's work. All projects will be completed no later than noon, but please come for as long as you can.

GOD'S WORK OUR HANDS

**YARD
CLEAN-UP**

Participate in Reformation Lutheran's Blessing Sunday outdoor worship at 10 a.m. on Sunday, October 17th. (This means you can sign-up for two events!) This is a great opportunity to see our partners, share worship and fellowship, and to support their mission. You can drive yourself or carpool (9:40) from Mt. Zion to Reformation at 3806 W Lisbon Avenue. Please bring your own lawn chairs.

**FALL FOOD
DRIVE**

Help at the Tosa Rec/ Tosa Cares Fall Food Drive on Saturday, October 23 from 9-10:30 and/or 10:30 – noon across the street from Mt. Zion at the Fisher Bldg. parking lot. Middle and high schoolers promote the event to bring in traffic. Costumes optional. (One turkey costume will be leading the group.) Adult/teens to load / unload donations.



Sign-Up Here:

<https://www.signupgenius.com/go/904054EA8A629A46-gods1>



Adult Forum Schedule

10/10: Dialogues on Race
(Justice Team)

10/17: Rev. David Rebey
from Breaking the Chains

10/24: Dialogues on Race

10/31: Faith Statements
(Confirmands)

11/7: Celebration Sunday
(Stewardship)

11/14: Dialogues on Race

11/21: Dialogues on Race

11/28: Dialogues on Race

12/5: Dialogues on Race

12/12: TBD

12/19: Nativity Play (Sunday School)

Scripture Readings for October 10

Amos 5:6-7, 10-15

Hebrews 4:12-16

Mark 10:17-31

Scripture Readings for October 17

Isaiah 53:4-12

Hebrews 5:1-10

Mark 10:35-45

The Power of Prayer

Prayer Warriors
Wednesdays
1:00 pm

Weekly Prayers

<https://bit.ly/3iBIXEP>

Sunday School Corner



Sunday School has started off with a bang including music, an acting skit, games, cupcake decorating and an explosive science project as we learn Genesis 37: Joseph's Brothers are Jealous. It's great to have the kids back in the classroom learning, loving, and sharing! Thank you to all who have made it back to the classroom. For those of you who are still considering

whether to make it back in-person, we welcome you and will continue to keep your kids safe through social distancing, mask wearing and hand sanitizing.

Bibles have arrived and are available for pick up! Please see Brenda Marciniak for details.

Please emphasize **"Faith 5"** every night in every home:

1. Share Highs and Lows
 2. Read a Bible verse or Story
 3. Talk about how the Bible might relate to your highs and lows
 4. Pray for one another's highs and lows
- Bless one another

We encourage ALL children to attend Sunday School this week for a kid friendly community service project with Tosa Cares to help connect our lesson of Joseph's Triumph of faith in which he was eventually able to save his people from famine. We are grateful for God's great and wise plan.



Parent Volunteers are needed this week for our Tosa Cares community service project (10/10/21 from 9:40-10:40 a.m.) All the many great and wonderful works that God has planned for each of us will be demonstrated through our support and participation with Tosa Cares. Come one, come all!

Call in to Worship

**Listen to Worship
(and other events)
through Zoom**

No internet? Call in through Zoom instead!
Call **312.626.6799**. When Zoom picks up...

- 1) Dial the **Meeting ID 841 6597 2335** and press #
- 2) 2) Press # again
- 3) Dial the **Passcode 12012** and press #

Like a Good Neighbor...

The Justice Team is leading the Adult Forum in Dialogues on Race. Why do such conversations matter? One reason is Mt Zion's ministry partner, Reformation Lutheran. Mt Zion is congregation with a strongly white population and Reformation is a congregation with a strongly black population. Talking about race isn't an abstract conversation; it's about how to be good neighbors with our ministry partners. Listen at Robyn Di Giacinto tells us about her experience with race through our ministry partner...



"When I was growing up at Mt Zion, I have fond memories of visiting Reformation Lutheran for worship and Sunday School as part of our partnership with them. These experiences were a critical part of my anti-racist journey. In the mostly-white suburbs of Milwaukee, we're often taught to be afraid of the mostly-black North Side, but visiting Reformation showed me that it wasn't that bad or threatening.

"Mt Zion has been partners with Reformation for a long time. Often the partnership has meant hosting a quarterly dinner and Bible study, visiting each other for worship and Sunday School, or volunteering to help as needed. But in recent years, this relationship seems to have waned a bit -- not so surprising during the pandemic -- but as we learn how to re-engage with each other safely, there's so much to be gained by reinvesting in this partnership. As one person I talked to observed, "I'm not sure how much we're really helping them... it's really more of an opportunity for us to learn and grow."

"In this hyper-segregated city, we can get trapped into thinking our neighborhood is "normal". We become afraid of different areas, like I was taught about the North Side as a child. Yet getting to know people who are different from us makes us better... more empathetic and less fearful (in other words, more Christ-like!) people. And most importantly, it teaches us how our neighbors live out their faith in different ways-- so that we can all grow together as joyful disciples in Christ!"

Dialogues on Race is an opportunity to talk about what it means to be neighbors with people who are different from those in our "normal" communities. Will you consider joining us at Adult Forum on Sunday morning to discuss how to be neighbors with all people?

Reformation Neighborhood Store

Reformation is revamping its Neighborhood Store operations. The Church Council made the decision on behalf of the congregation to close the store as we know it effective November 15th. In the future, the church will ask partners for targeted items for special events. There simply is not enough space to do both store operations and church ministries, worship and offices with the existing space.

Your church's donations have been greatly appreciated and have served the community well, but at this time are no longer accepted. (The church will serve shoppers during the Advent season with gently-used toys and holiday/gift items that have accumulated.) Thaurra Stallings, Neighborhood Minister and the faith community are committed to work on outreach to its neighbors in new ways.

Reformation Lutheran Church is so grateful for YOUR contributions to the store - household items, volunteer support, and special event assistance - *these are times of fellowship that will never be forgotten!* Join us as we pray for transformative ways to share the Good News in our neighborhood at N. 38th & Lisbon Avenue.

Blessings,

Marge Johnson, Ministry Coordinator
Reformation Lutheran Church ELCA
3806 West Lisbon Avenue
Milwaukee, WI 53208



Help Spread the Word

Can you please help us spread God's Word (as well as the word about Mt Zion)? Stewardship and Marketing collaborated to get some yard signs printed with the message, "We are joyful disciples at Mt Zion." We invite every family or household to take one of these attractive signs home and put it up in your yard. We've had 44 signs printed so far, with more on order, and they will be available at church on Sunday, Oct. 10. One of Mt Zion's "Marks of Discipleship" is to "Invite Others." Some find that initiating a discussion with others about something personal like our church and our faith can be uncomfortable, but posting this sign in your yard is an easy way to say "I like my church." Then, anyone who is looking for a new church would know that they could talk to you for more info. If you are attending this service online, please contact church if you would like to receive a sign.

Stewardship Team

*We are joyful disciples
of Christ at*



**Mt
ZION LUTHERAN
CHURCH**
12012 W North Ave, Wauwatosa

October Birthdays & Anniversaries

Birthdays

Jamie D. 9/27	Wendi H. 10/7	Jeff C. 10/21
Andrew F. 9/27	Charlie W. 10/8	Amanda C. 10/21
Francesca R. 9/27	Zach P. 10/8	Dean C. 10/22
Joey S. 9/28	Lexi G. 10/9	Elizabeth F. 10/22
Pete P. 9/28	Cayden P. 10/10	Dorothy S. 10/23
Erin P. 9/28	Brenda M. 10/10	Paul Z. 10/24
Mavis R. 9/30	Jason B. 10/11	Brian D. 10/24
Abraham B. 10/2	Sandra H. 10/13	Diane R. 10/25
Michael M. 10/2	Judith M. 10/13	Jean M. 10/25
Linda E. 10/2	Vivian T. 10/14	Jeanne F. 10/26
Julia C. 10/3	Donna Z. 10/15	Ellen S. 10/26
Adam F. 10/3	Shirley B. 10/15	Mari D. 10/26
Joey H. 10/4	Amy F. 10/17	Emily S. 10/27
Bryce G. 10/4	Carl E. 10/18	Rowen C. 10/30
Mitchell C. 10/4	Kent S. 10/21	Jack J. 10/30
Arlo J. 10/6	Irene M. 10/12	Carolyn F. 10/31

Wedding Anniversaries

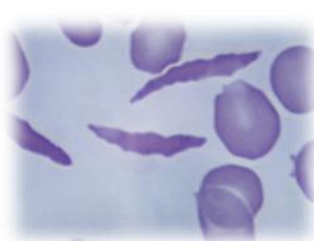
Dean and Liz C. 10/04	Jim and Susan Y. 10/20
Brittany and Kenny H. 10/06	Jeff and Julie B. 10/22
Brendan and Jessica M. 10/09	Katie and Tony F. 10/22
Gregg and Linda R. 10/11	Jeremy and Angela G. 10/24
Andrew and Jennifer J. 10/13	Dave and Debbie J. 10/26
	Chris and Joe K. 10/28
	Beth and Jonathan F. 10/30

Colorful Times at Sunday School



Science Tidbits

Medical Advance of the year



Every year a list comes out of the 10 most significant medical innovations, and at the top of this year's so far is hemoglobin gene therapy. Hemoglobinopathies are genetic disorders affecting the structure or production of hemoglobin, the red protein giving red blood cells (RBCs) their color, that transports oxygen in the blood. These disorders result when a dysfunctional beta-globin gene produces abnormal hemoglobin.

The two most common hemoglobinopathies are sickle cell anemia and thalassemia, conditions affecting over 330,000 children born worldwide per year. Hispanic Americans and African Americans are disproportionately susceptible and are often carriers (possess one abnormal gene). Sickle cell disease (SCD) is caused by misshapen hemoglobin molecules within sickle-shaped RBCs (see pic), while thalassemia results from a low level of hemoglobin in the RBCs. In either case, afflicted individuals suffer from an inadequate oxygen supply to their tissues, leading to damaged nerves and organs, including kidneys, liver and spleen.

In these susceptible populations, it is important to get genetic testing. For example, there was a recent case of an African American high school athlete who didn't know he was a carrier for SCD. Stressing his compromised body during a basketball game, he collapsed and died.

Currently the only cure for SCD is a bone marrow transplant, and only a very small number of eligible donors exists. Palliative treatments are limited and can ease symptoms only to a certain extent. Severe thalassemia cases are usually treated by frequent blood transfusions, while milder cases are managed with supplemental folic acid, a B vitamin that helps treat anemia. Symptom management is challenging, and for those unresponsive to treatment, often fatal.

But new research has produced an experimental gene therapy wherein functional copies of a modified form of the beta-globin gene are introduced into a patient's own hematopoietic (blood-forming) stem cells, allowing the formation of new RBCs with functional hemoglobin molecules. This represents the first-ever gene therapy for either of these conditions.

There are several ongoing medical trials evaluating the effectiveness of this therapy in SCD, and data show robust production of gene therapy-derived anti-sickling hemoglobin. Six-month follow-ups showed patients with a significant overall reduction in sickle cells in the absence of blood transfusions. In patients with thalassemia, hemoglobin production was sufficient to reduce or eliminate the need for chronic blood transfusions. This work was awarded the therapy breakthrough designation by the Federal Drug Administration.

Steve Downs

CELEBRATING **75 YEARS OF** **MINISTRY**

Let's look back at some of the numbers:



NEARLY 4,000

Sundays of Worship

30

Pastors, pastoral interns,
and interim ministers



4

Major Building Projects
 1950 - Chapel
 1958 - Sanctuary
 1967 - Education wing and
 Sanctuary remodeling
 2005 - Gathering Space and
 Administrative Wing



55,000

Square feet of
building



20

Bathrooms



32

Exterior Doors













34



Light switches
to turn on every
Sunday
morning for
worship



Volunteer Schedule



	Oct. 10 Sunday 8:30 am	Oct. 10 Sunday 10:45am	Oct. 17 Sunday 8:30 am	Oct. 17 Sunday 10:45am	Oct. 24 Sunday 8:30 am	Oct. 24 Sunday 10:45am
AV	Dawn and Joe Driscoll	Dawn and Joe Driscoll	Erik Peterson and Abby Sumiec	Erik Peterson and Abby Sumiec	Merry & Mitch Casperson	Merry & Mitch Casperson
ACOLYTES	Kyle Czervionke	Eliza Frederick				
ALTAR CARE	Nancy DiGiacinto		Edie DiGiacinto		Ellyn Steinke	
ASSISTING MINISTERS	Rich Robinson	Janet McCarthy	Tom Ertel	Lora Marheine	Linda Ertel	Mavis Roesch
COMMUNION DEACONS	Rich Robinson	Janet McCarthy		Lora Marheine	Linda Ertel	Mavis Roesch
GREETERS	Marika Moore	Katie Frederick				
LECTORS	Lynda Yanny		Donna Zarek		Irene McCarthy	
USHERS	Jim and Donna Zarek	Tony Frederick	Jim Zarek	Dave and Vicki Nelson	Tom Ertel	
OFFERING STEWARDS MONDAY	2ND WEEK: Tom & Pat Morgan / Brad & Pam Hext		3rd WEEK: Pete Peterson/John Link/ Roy Durrenberg		4TH WEEK: Carl & Karen Engelhardt	

Mt Zion Staff**Pastor****The Reverend Tyler D. Rasmussen**pastor@mtzionlutheran.org**Maintenance****David Ulrichsen**maintenance@mtzionlutheran.org**Parish Administrator****Jess Monahan**parishadmin@mtzionlutheran.org**Sunday School Superintendent****Brenda Marciniak** (volunteer)sundayschool@mtzionlutheran.org**Office Volunteers**reception@mtzionlutheran.org**Website****Pat Campbell**Website@mtzionlutheran.org**Worship Volunteer Coordinator****Janet McCarthy** (volunteer)worshipvol@mtzionlutheran.org**Social Media****Douglas Johnson** (volunteer)socialmedia@mtzionlutheran.org**IT Administrator****Geoff Hall** (volunteer)itadmin@mtzionlutheran.org**Director of Music****Jason Meissner**music@mtzionlutheran.org**Leadership Board****Jeremy Goss, President**president@mtzionlutheran.org**David Fohr, Treasurer**Treasurer@mtzionlutheran.org**Lynda Yanny, Vice President**VP@mtzionlutheran.org**Janet McCarthy, Secretary**secretary@mtzionlutheran.org**Jean Morack****Katie Frederick****Wendi Hall****Mavis Roesch****Erik Peterson****Sherry Downs****Mike Marciniak****Joe Driscoll****Church Office
Hours**Monday — Friday 10:00am — 3:00pm
Stop by in-person, call 414-258-0456,
or email parishadmin@mtzionlutheran.org





At Mt Zion we are
Joyfully growing
disciples in Christ

So that
Everyone we meet comes to
know themselves as a
reflection of God's image,
worthy of life and love



By prioritizing
Faith Community
Hospitality Justice



Joyfully Growing Disciples in Christ

12012 West North Avenue
Wauwatosa, WI 53226
(414) 258-0456
parishadmin@mtzionlutheran.org



mtzionlutheran.org
facebook.com/mtzionlutheran
instagram.com/mtzionlutheran
youtube.com/mtzionlutheran