

Growth Group Questions

Reuben Capill, 4/10/21

1. If someone said to you, 'How does it *feel* to be a Christian?' what would you say?
2. Think about a normal week: how often does 'joyful' describe how you feel? Why do you think we often lack joy?

Read Philippians 4:1-9

3. *Joy has been a big theme in Philippians. Look through these verses and make a list of the reasons and circumstances in which Paul talks about joy. What can we learn from this?

1:3-5, 1:18, 2:2, 2:14-18, 2:28-30, 4:1

4. In 4:4, Paul tells us to 'Rejoice in the Lord always.' What does 'in the Lord' mean (v1, v2, v4)? How does this command fit with the fact that our lives are often full of pain and hardship?
5. Take a closer look at verses 1-9 and use your detective skills to read between the lines. According to Paul, what sorts of issues might steal our joy? How does Paul want us to respond?
6. This passage is full of commands, but mingled through it are some lovely promises and reassurances. Find them and enjoy them!

Prayer

Let this passage guide your prayer time. As you 'present your requests to God,' be sure to do so with thanksgiving and rejoicing in the Lord!

* You could skip this question if you're pushed for time.