

Month 9 | Week 1
 October 4, 2021

SELF-CONTROL

Relinquish Control



Matthew 16:24-25

“If you truly want to follow me, you should at once completely reject and disown your own life. And you must be willing to share my cross and experience it as your own, as you continually surrender to my ways. For if you choose self-sacrifice and lose your lives for my glory, you will continually discover true life. But if you choose to keep your lives for yourselves, you will forfeit what you try to keep” (TPT).

Devotional

Self-control is defined as, “restraint exercised over one’s own impulses, emotions or desires”. However, as believers we are not our own, we are bought with a price (1 Corinthians 6:20). Biblically self-control is a choice to give up our control and to surrender to the Lord and seek Him for counsel in walking in His ways. As we close out our nine-month study on the *Fruit of the Spirit*; what better way to end it with laying down our control, fully surrendering. Just as Jesus did, see Matthew 27:12, “But when the charges were brought against Him by the chief priests and elders, He did not answer” (AMP). Wow, it would be so hard to sit quietly and not lash out against your accusers. Jesus is the greatest demonstrator of self-control. He was so full of the Father’s love and fully surrendered His life by always walking in the ways of the Father.

Study

Take time this week to meditate on Titus 2:11-12, “God’s marvelous grace has manifested in person, bringing salvation for everyone. This same grace teaches us how to live each day as we turn our backs on ungodliness and indulgent lifestyles, and it equips us to live self-controlled, upright, godly lives in this present age” (TPT).

Reflection & Action

- In what areas do you need to relinquish control and walk in His ways?



