

Month 9 | Week 2
 October 11, 2021

SELF-CONTROL

Inner Strength



2 Peter 1:5-8

“So devote yourselves to lavishly supplementing your faith with goodness, and to goodness add understanding, and to understanding add the strength of self-control, and to self-control add patient endurance, and to patient endurance add godliness, and to godliness add mercy toward your brothers and sisters, and to mercy toward others add unending love. Since these virtues are already planted deep within, and you possess them in abundant supply, they will keep you from being inactive or fruitless in your pursuit of knowing Jesus more intimately” (TPT).

Devotional

Have you ever thought of self-control as a strength? It is an inner strength motivated by Love. When we know and understand the Lord we are motivated to activate self-control. And as the scripture says above, we possess self-control in abundant supply it is planted deep within us. Our impulses go from being our own to being led by the Spirit. We no longer just react; we seek alignment with the *Fruits of the Spirit*.

Study

Take time this week to meditate on 2 Timothy 1:7, “For God will never give you the spirit of fear, but the Holy Spirit who gives you mighty power, love and self-control” (TPT).

Reflection & Action

- As you reflect on 2 Peter 1:5-8, what stands out to you most?
- How will your actions change this week in regards to your self-control?



INSPIRATION & NOTES

It's All About Love

Love your God with all your heart, with all your soul,
mind, and strength.

It's all about Love.

Love your neighbor as yourself; Joy will abound like a
fountain.

It's all about Love.

Peace will cover you like a warm blanket, guarding your
heart from fretful worry.

It's all about Love.

We eagerly await the fulfillment of His precious
promises to us, as we stand in His love.

Your grace was so kind to me, when I deserved the most
severe.

It's all about Love.

Remember all the good things you have received of me?

It's all about Love.

Resting in Jesus, grows your faith; then you can readily
release Him to others.

It's all about Love.

So gently He caressed my soul, when I was wounded
and distressed.

It's all about Love.

Determination has overtaken me to seek righteousness
and please Him in life.

It's all about Love.

By Edith Smith

