



# “The Body, Soul and Spirit”

- “The Inseparable thing”-

**1 Thessalonians 5:23** Now may the God of peace make you **holy in every way,** and may your whole **spirit and soul and body** be kept blameless until our Lord Jesus Christ comes again.

The **spirit, soul, and body** refer not so much to the distinct parts of a person as to the entire being of a person. This expression is Paul’s way of saying that **God must be involved in every aspect of life.** It is wrong to think that we can separate the spiritual life from everything else, obeying God only in some ethereal sense or living for him only one day each week. **Christ must control all of us, not just a “religious” part.**

Now Paul prays for the sanctification of the Christians. The source is the God of peace. The scope is found in the word completely, meaning “every part of your being.” Paul want to say that sanctification must be extended to every part of our being, and that is “spirit, soul, and body”.

## **1 . The Spirit of Man**

**We were created in God’s image (Spirit) - Genesis 1:26-27 Then God said, “Let us make human beings in our image, to be like us. They will reign over the fish in the sea, the birds in the sky, the livestock, all the wild animals on the earth, and the small animals that scurry along the ground.**

- The spirit is our deeper connection with the Lord when we believe in God and receive Jesus Christ as our Lord and Savior.
- Man is a spirit, created to be associated and companion of Deity
- The faithful God is able and willing to give you a new heart and new Spirit. **Ezekiel 36:36-27 And I will give you a new heart, and I will put a new spirit in you. I will take out your stony, stubborn heart and give you a tender, responsive heart.**
- The inward man (spirit) need to be renew every day. **2 Corinthians 4:16 That is why we never give up. Though our bodies are dying, our spirits are being renewed every day.**

## 2 . The Soul of man

**Spirit and soul are two separate things** - **Hebrews 4:12** *For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires.*

**Romans 12:1-2** *I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. **Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.***

- The old man is dead and reborn. The new man is alive, let him live by renewing the mind with the word of God
- Without a renewed mind, your mind will agree with your body and bind your spirit
- Do something with your mind. Don't die to self; self has been reborn.
- **Renew your mind; crucify your flesh.** **James 1:21** *Therefore put away all filthiness and rampant wickedness and receive with meekness the implanted word, which is able to save your souls.*

## 3 . The Body of Man

**No good things in the flesh** - **Romans 7:18** *For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out.*

- **Present your body to God as a living sacrifice** - **Romans 12:1** *I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.*
- **Your body is not your self. You are a spirit. You have a soul. You live in a body.**

## In Conclusion

Each part has its own function:

- The spirit **contacts** (knows) God
- The soul **contacts** the intellectual realm
- The body **contacts** the material world

**Prayer Points:**

- Pray for your spirit to stay in connection with the Spirit of God
- Pray that your soul **will obey the will of God's Spirit in your life**
- Pray that your body will submit to God's will in your life