

# What is ELCA Level One Coach Training?

This course will give individuals 20 hours of coach-specific training (continuing education hours recognized by the International Coaching Federation and usable toward a professional credential with the [ICF](#)) and a beginning set of skills to use in coaching others in the work of ministry, leadership development, and life transformation.

## What You'll Get From the ELCA Coaching Community

As a participant in Level One Coach Training, you can expect to take away lots of new knowledge that will help you empower those you journey with in ministry and change the way you think about approaching work and conversations. *Our belief is that each individual is:*

- *Beloved of God,*
- *Gifted by God and is*
- *Invited by God into God's work of loving and healing the world.*

Coaching will help individuals figure out what this looks like in their unique contexts with their unique gifts and experiences.

Following completion of Level 1 Basic Skills Coach Training you will also:

- **Have access to continued coach-specific education:** which includes the specialty areas of:
  - ❖ Stewardship Coaching
  - ❖ Discipleship Coaching
  - ❖ Mission Development/Congregational Vitality Coaching
  - ❖ Care for Creation Coaching
  - ❖ Grief/Loss Coaching
  - ❖ Team/Group Coaching



- ❖ International Coaching Federation (ICF) credentialing pathways
  - ❖ And more ...all designed specifically for this learning community.
- **Meet new people and find pathways of engagement of coaching** with others who are also interested in learning about this skill of accompaniment and how it can help us live more fully into their God-given potential. (This includes innovation in ministry, discerning transitions, and leaning into growing edges.)
  - **Gain empowerment through:**
    - ❖ Cultural/ethnic/identity awareness
    - ❖ Embraced diversity and intentional dismantling of institutional racism
    - ❖ Growing network of support for people of color and LBGTQIA+ communities

## What We Expect From You

As with any course, you'll learn more if you stay engaged with the material and actively participate in the community. Here are a few things that you can contribute to our learning environment, and get the most bang for your buck:

- **Be active in the community.** One of the best parts about this training is that you become part of a community. Share your thoughts and ideas, and let us know what you're learning as you work through the material. We encourage you to connect you're your synod and engage the culture of coaching and pathways of engagement that have been built. Likewise, we hope you will join our private Facebook page (<https://www.facebook.com/groups/1713673165318800>), visit our website often (<https://www.elcacoaching.org/>), and consider joining our partner entity – Faith+Lead Coaching with Luther Seminary (<https://faithlead.luthersem.edu/coaching/>).
- **Engage with your peers.** We're all in this together, and we'll learn a whole lot more (AND have more fun) if we help each other out. Consider attending one of our monthly Coach Connect calls to receive free



continuing education and opportunities to practice coaching in triads/diads. This happens on the first Monday and third Thursday of every month. Sign up to join here:

<https://faithlead.mn.co/courses/4444075/about>

- **Ask and answer questions.** Feeling stuck or confused? We're here for you. Share your questions, and we'll help you work through them: [info@elcacoaching.org](mailto:info@elcacoaching.org)
- **Using Course Materials:** Please note that the course Zoom link is unique to you; please don't share the link with others. Recordings and other course materials are for your own personal use as a participant and not to be shared outside of the course, unless otherwise noted.

Don't forget, Level One Coach Training is part of the larger community of ELCA's Coaching Ministry. We encourage you to add specific information, ideas, and questions about this course or start a discussion on a larger topic on our Facebook Page.

We've prepared some awesome material for you, and we're so excited for you to get started. Happy learning!

**If you are wondering what coaching is** – look at some of the videos here:

<https://www.elcacoaching.org/pages/intro-to-coaching> .

