

CREATED FOR CONNECTION

Hold Me Tight® for Christian Couples



Are you looking to enrich a healthy relationship, revitalize a tired one, or rescue one gone awry? Do you yearn to grow closer to God, and to further incorporate Him and His teachings into your marriage? We all want a lifetime of love, support, and faith. But sometimes we need a little help.

In *Created for Connection*, you will be taught and will get to experience a groundbreaking and remarkably successful program for creating stronger, more secure relationships not only between partners, but between us and God.

- Would you like to feel closer to your partner?
- Are you tired of arguments that never get resolved?
- Do you ever wonder what your partner really feels?
- Do you sometimes have trouble expressing how you really feel to your partner?
- Do you want to learn a positive approach to strengthening your relationship?

The *Hold Me Tight® program* by Dr. Sue Johnson has helped many couples strengthen bonds and enhance trust and communication. During this event you and your partner will:

- Learn about the science of love and attachment
- Learn how to identify and correct negative cycles of couple interaction
- Learn how to become more open and responsive with one another
- Learn how to fix relational mistakes and create a secure base
- Learn to bond through sex and touch
- Develop your plan as a couple to keep your love alive

**Take this chance to keep your love alive.
You deserve it, your partner deserves it and
your relationship deserves it.**

DATE & TIME: Saturdays | **November 6 & 20, 2021** | 9:00am to 6:00pm

LOCATION: **New West Christian Reformed Church** 8255 13th Avenue, Burnaby

FACILITORS: **Ian Verseveldt** Ph.D. R.Psych | Professor at ACTS Seminaries

Joshua Kruse Ph.D. R.Psych | Pastor of Counselling & Care at Village Church

COURSE FEE: Super Early Bird (until September 17) **\$550** per couple

Early Bird (until October 8) **\$600** per couple

Regular (after October 8) **\$650** per couple



Burnaby
Counselling Group

For more information or to register:
www.counsellinggroup.org/CFC