



S.E.E. in the Field

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**Spiritual Education
& Enrichment
Nov. 8-12**

Wherever you are on your spiritual journey, your path at Unity begins with SEE courses.

Classes may be taken for your own enjoyment or for SEE course credit. Either way, your experiences will enrich your everyday life, for the rest of your life.

Each class is two hours in length with a 15-minute break built in and runs daily, Monday-Friday, all times Central Standard Time.

Class prices are \$65 each. If you wish to apply for S.E.E. credit, you do so through *Unity Worldwide Spiritual Institute (UWSI)*.

Register for Unity of Dallas SEE classes by *clicking HERE!*

Support Unity of Dallas by purchasing books locally at our Book Nook or through Amazon using our link *here*.

Covid-19 closures have affected book availability in some areas. Order early as delivery times are being affected and some books may be in limited quantities.

Several books may be available in digital formats as free open source references: <http://truthunity.net/gallery> (donations recommended.)

Feel free to contact lesacwalker@yahoo.com with any questions regarding texts.

Classes will be offered by Zoom with some classes being *Hybrid (both Zoom and In-Person) pending current conditions and instructor availability.

10 am - 11:45 am CST, MONDAY - FRIDAY

Metaphysics 1 - Rev. Paul Hasselbeck - \$65.00, *Hybrid

This class explores many fundamental concepts that underwrite Unity teachings. Exploring consciousness and how to evolve spiritual awareness. What about our purpose, Divine Will, the Divine Plan and Divine Guidance? Learn about the importance of meditation and the practice of affirmative prayer.

Books:

Heart-Centered Metaphysics, by Paul Hasselbeck (read chapters 1-9)

Applying Heart-Centered Metaphysics, by Paul Hasselbeck and Cher Holton



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1 pm - 2:45 pm CST, MONDAY - FRIDAY

METAPHYSICS 2 - Rev. Paul Hasselbeck - \$65.00, *Hybrid

Explore and be surprised by what Unity teaches about God, Christ, the Holy Spirit and Jesus. Who and WHAT are you? Learn about your relationship with God. Find out just why all this is important to your spiritual evolution.

Books:

Heart-Centered Metaphysics, by Paul Hasselbeck (read chapters 10-18)

Applying Heart-Centered Metaphysics, by Paul Hasselbeck and Cher Holton

1 pm - 2:45 pm CST, MONDAY - FRIDAY

FOUNDATIONS OF UNITY - Rev. Kelly Isola - \$65.00, Zoom

Building consciousness, knowledge and skills in any endeavor begins with learning the foundational principles. This course is designed to be the first course students take when embarking upon any of the Unity Worldwide Spiritual Institute's learning paths.

Students will explore foundational principles from *Lessons in Truth* and other historical texts. They will also learn how to integrate the foundational principles into daily life. (Combines three former classes: Lessons in Truth, Discover the Power Within You and Unity Today.) *Lessons in Truth*, by H. Emilie Cady, is being provided by the instructor in a searchable format.

1 pm - 2:45 pm CST, MONDAY - FRIDAY

OVERVIEW OF EASTERN RELIGIONS - David Drumm, LUT- \$65.00, *Hybrid

Join David for a romp through some of the key insights brought to us through the religious traditions of India, China and other oriental cultures.

"The Western World developed with no understanding of these traditions until the 18th century. Dipping into the parallel development of religious ideas in these traditions sheds light on how we comprehend and unpack the ideas of our native traditions. These traditions do not oppose, but enrich, the core teachings of Jesus as we teach and practice them in the stream of the Unity movement. Our featured text is *Getting Oriented: What Every Christian Should Know About Eastern Religions But Probably Doesn't* by Paul Alan Laughlin. An outstanding read I highly recommend!"

Books:

Getting Oriented, by Paul Alan Loughlin

Recommended:

The Joy of Sects, by Peter Occhiogrosso, Chapters 1-3.



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3 pm - 4:45 pm CST, MONDAY - FRIDAY
INCLUSIVE MINISTRY - Rev. Kelly Isola - \$65.00, Zoom

As a spiritual first responder in crisis situations and an active participant in a vibrant interfaith community, Rev. Kelly Isola brings a keen awareness of how racism, sexism, gender, ableism, etc affect our current life situations. Bring your curiosity, open mind and open heart to this fascinating and sometimes challenging discussion geared towards healing our communities. Additional resources will be provided by instructor.

Books:

Blindspot: Hidden Biases of Good People, by Mahzarin R. Banaji (Author), Anthony G. Greenwald (also available as a Kindle edition)

3 pm - 4:45 pm CST, MONDAY - FRIDAY
BIBLE INTERPRETATION: ACTS TO REVELATIONS - Rev. Geo Downer - \$65.00, *Hybrid

Reclaim, rediscover and realize the Bible as a practical and useful spiritual tool. Use interpretive methods to re-view the Bible for spiritual discernment. Have an experience of inner knowing, the Higher Self and Christ within by applying the writings of Acts through Revelation in your own life.

Books:

Wisdom for a Lifetime, by Alden Studebaker (if you are interested in a signed or autographed copy, you may contact Alden at aldenstudebaker@aol.com)

A translation of the Bible: <https://www.biblegateway.com/passage/?search=John+1&version=NIV;MSG;KJV;TPT;VOICE>

Recommended:

The Revealing Word, by Charles Fillmore

Be Ye Transformed, by Elizabeth Sand Turner

The Language of God: Metaethics and the Bible, by Laura Barrett Bennett

The First Paul: Reclaiming the Radical Visionary Behind the Church's Conservative Icon, by Borg, Marcus & Crossan, John Dominic.

Kingdom Come: Understanding the Book of Revelation, by Ed Townley

Revelations: Visions, Prophecy & Politics in the Book of Revelation, by Elaine Pagels

5 pm - 6:45 pm CST, MONDAY - FRIDAY
MEDITATION - Rev. James Buchanan- \$65.00, *Hybrid

Meditation is a well known fundamental practice for Unity students and research is backing up what we have all known or intuited by proving the mental and physical health benefits of the practice. Can we possibly heal more than ourselves by the many varieties of meditation practices available to us? Perhaps contribute to the healing that we see possible for our communities and the world which are so often focused on the tumultuous events of the daily news? Rev. James will bring a week of meditative practice, with a focus on mindfulness, geared specifically to keeping us present in the Presence as we navigate the current events of 2021. Bring your beginner's mind, your open heart, and plan to have fun!

Books:

Meditation for Dummies, by Stephan Bodian

Recommended:

I Cheat at Meditation: Zen in 60 Seconds, by Farzana Jaffer Jeraj



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7:15 pm - 9 pm CST, MONDAY - FRIDAY
SELF-CARE - June Dillinger, LUT - \$65.00, Zoom

Self-Care is about making choices that reflect a consciousness of well-being. As we become aware of the care of our mind, body and spirit, we discover that when we are our best self, we make contributions to our family, our communities and our world with ease and grace. This course will provide guidelines and action plans for instilling practices of self-care in the areas of awareness, mindfulness, setting boundaries, letting go, forgiveness and self-love. The class will be both reflective and interactive building self-awareness and sharing what works in applying self-care practices into daily life as well as identifying how to use this foundation in times of stress and chaos.

Books:

Pocket Peace: Effective Practices for Enlightened Living, by Allan Lokos
Inner Peace for Busy People: 52 Simple Strategies for Transforming Your Life, by Joan Borysenko

7:15 pm - 9 pm CST, MONDAY - FRIDAY
JESUS' TEACHINGS - Rev. Geo Downer and David Drumm, LUT - \$65.00, *Hybrid

For a deeper meaning of the core teachings of Jesus, join the eminent, convivial team of David Drum and Geo Downer. Delve into deeper meaning and understanding of the authentic sayings and actions of Jesus. These teachings have had vast influence, and transformational impact in the world. As a student of Truth, you'll examine and explore the sayings, parables, actions and miracles of Jesus through academic insight, and personal experience.

Books:

The Five Gospels, by Robert Funk et al.

Recommended:

Honest to Jesus, by Robert W. Funk
Meeting Jesus Again For the First Time, by Marcus Borg
The Acts of Jesus, What Did Jesus Really Do? —Robert W. Funk and the Jesus Seminar