

AFP Bishop's Fall Conference
"Help Us Grow: Praying to Foster New Relationships"

Please choose 4 workshops you would like to attend. There will be two workshops in the morning and two workshops in the afternoon.

Please include the number and the name of the workshop so there is no confusion when you register with Kimberly+.

1) Personal and Group Prayers

Anne Jakairan+

In this workshop we will explore the fundamentals of prayer with regard to our personal prayer lives, look at the different ways we can come together in prayer, including house groups and vigils and discuss how we can use both personal and group prayer to build relationships with our neighbours, the community and the wider world.

2) Listening to God

Mary Farmer+ & Steve Greene+

Have you ever wondered about 'how' to listen for God when you read the scriptures, or when you pray? If so, this session is for you! Please join us as we discuss how to strengthen our relationship with the Divine and with others, as we practice reflection, using select readings, the Beatitudes and the 10 Commandments.

Often when we consider prayer, we think of it as personal and it is often inwardly focused. Using our prayer life as a tool to become inwardly centred and outwardly focused, we can become better at fostering new relationships, as we reach out beyond our parish family and the church walls.

Looking forward to sharing, as we learn and hone the ability to listen for the leading of the Spirit in all of our relationships.

3) Intercessory Prayers

Kimberly Myer+

It is something we do every Sunday morning during our service. It is something our prayer groups and prayer chains do. Possibly it is something you do every day. What is intercessory prayer? Why is it so important in fostering new relationships? We will look at how our intercessory prayer builds relationships within our congregations and out into the wider community. Looking forward to being with you on October 2nd as we open up to the possibilities of what we can do with intercessory prayer.

4) Family and Grounding Prayers

Elise Chambers+, & Libi Clifford

In the parable of the sower, the seed of faith falls on four types of soil- the hardened path, the rocky ground, the thorny ground and the good soil.

Grounding Prayer

Through the power of prayer, the Holy Spirit works in our hearts and in the hearts of others to break up the hardened soil, take out rocks of distraction, uproot thorns and thistles of discord and plant and secure the seeds of faith deeply in good soil.

In this session we will be discussing how to use daily prayer and bible reading for the ongoing development of this gift and to emphasize the importance of deepening our prayer life.

Family Prayer

Forming new relationships is all about being open to new possibilities.. We will talk about using different methods, styles and content of prayer to make us more familiar with our multi-faceted world and becoming the more receptive soil that will foster growth in our relationships and help us form new ones.

5) Prayer with Movement

Val Kenyon+ and Stephanie Donaldson

For some, the hardest part of prayer is being still. Why not consider how movement can positively impact both our prayers, the relationships we have with others with whom we walk and pray, and with those people and places we encounter as we move. The ancient Christian practices of pilgrimage and walking a labyrinth, as well as developing prayerful mindfulness as we walk our parish neighbourhoods will be explored.

6) Pastoral Care & Prayer

Carrie Irwin+ & Sharon Frank

Have you ever thought...."I can't do pastoral care?" Or "What REALLY is Pastoral care?". How prayer and pastoral care connect can sometimes be confusing. With a little help and understanding pastoral care and prayer can give support to others and also be fulfilling to the one offering this wonderful ministry. A willing heart and open mind is all that is required to open the door on serving others and self through in the spirit of love, through prayer.