**Friday**

**The Preparation**

Presider O Lord, open our lips

**All And our mouth shall proclaim your praise**

Presider Pour your love into our hearts, O God

**All Through the Holy Spirit you have given to us**

**Glory to God, source of all being,**

**Eternal word and Holy Spirit:**

**As it was in the beginning, is now,**

**And shall be forever. Amen.**

**Alleluia!**

**The Opening Prayer**

Presider The night has passed and the day lies open before us;

Let us pray with one heart and mind

*Silence is kept*

As we rejoice in the gift of this new day,

So may the light of your presence O God,

Set our hearts on fire with love for you

Now and forever. Amen

**The Word of God**

**78**  
  
1 Hear my teaching, O my people; \*  
incline your ears to the words of my mouth.  
  
2 I will open my mouth in a parable; \*  
I will declare the mysteries of ancient times.  
  
3 That which we have heard and known,  
and what our forefathers have told us, \*  
we will not hide from their children.  
  
4 We will recount to generations to come  
the praiseworthy deeds and the power of the Lord, \*  
and the wonderful works he has done.  
  
5 He gave his decrees to Jacob  
and established a law for Israel, \*  
which he commanded them to teach their children;  
  
6 That the generations to come might know,  
and the children yet unborn; \*  
that they in their turn might tell it to their children;  
  
7 So that they might put their trust in God, \*  
and not forget the deeds of God,  
but keep his commandments;

## **Gospel Reading**

Gospel Reader: The Lord be with you.

**All: Also with you.**

Gospel Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, Lord Jesus Christ.**

At that time Jesus said, ‘I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

‘Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.’

Gospel Reader: The Gospel of Christ

**All: Praise to you, Lord Jesus Christ**

Gospel Canticle

Refrain: **You have looked with favour upon your lowly servant:**

**From this day, all generations will call her blessed.**

**Magnificat**

My soul proclaims the greatness of the Lord,

my spirit rejoices in God my Savior,

for he has looked with favor on his humble servant.

From this day all generations will call me blessed,

the Almighty has done great things for me,

and holy is his Name.

He has mercy on those who fear Him

in every generation.

He has shown the strength of his arm,

he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,

and has lifted up the humble.

He has filled the hungry with good things,

and the rich he has sent away empty.

He has come to the help of his servant Israel

for he has remembered his promise of mercy,

the promise he made to our fathers,

to Abraham and his children for ever.

**Glory to the Father, and to the Son, and to the Holy Spirit,**

**as it was in the beginning, is now, and will be for ever.**

**Amen**

Refrain: **You have looked with favour upon your lowly servant:**

**From this day, all generations will call her blessed.**

**The Litany**

Presider Let us ask the Lord for a day of fulfilment and peace.

**All Lord, have mercy.**

Presider Let us ask the Lord to teach us to love others

As he has loved us.

**All Lord, have mercy.**

Presider Let us ask the Lord for peace and justice in the world.

**All Lord, have mercy.**

Presider Let us ask the Lord to strengthen and relieve those who are in need

**All Lord, have mercy.**

Presider (Any individual prayers…)

**All Lord, have mercy.**

Presider Let us ask the Lord to renew the Church through the power

Of his life-giving Spirit

**All Lord, have mercy.**

**The Collect**

Presider Most merciful God,

Who by the death and resurrection of your Son Jesus Christ

Delivered and saved the world:

Grant that by faith in him who suffered on the cross,

We may triumph in the power of his victory

Through Jesus Christ our Lord. Amen.

Presider As Our Saviour Christ taught us we are bold to say:

**All Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation**

**but deliver us from evil.**

**For the kingdom, the power,**

**and the glory are yours**

**now and for ever.**

**Amen.**

**Closing Responses**

The Blessing

**All The Lord bless us and preserve us from all evil,**

**And keep us in eternal life. Amen.**

Presider Let us bless the Lord

**All Thanks be to God.**