

Grace Notes

IN THIS ISSUE...

May SALT Lunches

<u>Page 2</u>

ELCA Credit Union

<u>Page 7</u>

Reformation Store

Page 8

A Body in Motion
<u>Page 11</u>

Crush Covid Crew Page 12



Joyfully Growing Disciples in Christ

mtzionlutheran.org (414) 258-0456 parishadmin@mtzionlutheran.org 12012 W North Ave Wauwatosa, WI 53226



Tosa Cares Hospitality

Food distribution at Tosa Cares continues by appointment only on Tuesdays, Wednesdays and Saturdays. So, wouldn't it be fun if when a guest pulls in to pick up their food and "shop" in the Clothing Room, we were outside to meet them with juice and a snack? We'd like to start small and envision two or three people each Saturday distribution for about two hours to greet our guests, offer them something to drink, a prepackaged snack, and a little conversation. There are six Saturday distribution days through the end of August. We are looking for volunteers to buy the juice and snacks and to host the station. You can volunteer once or more often. whatever fits into your schedule. The time and dates are: Saturdays, July 10 17, 24, 31 and August 21 and 28. Distribution time is 9:30 a.m. to 11:30 a.m.

(Continued on page 8)

News Page 2

May Lunches







Results from the May Mission of Month Reformation SALT Ministry

Mt Zion provided lunches for 40 young people and adults on June 29, 30 and July 1. We made and delivered the lunches with the help of Mitch and Merry Casperson, Pastor Tyler, Andrea and Linda. This was week one of the four week Reformation SALT (serving and learning together) ministry.



Memorials and Honorariums

In Memory of Reverend Dale Skogman

Pat and Tom Morgan

Pete Peterson

In Honor of Viola Roberts Baptism

Gregg and Linda Roberts

July 11—July 18

Office Hours

Monday—Friday 10:00 to 3:00

Sun	9:30am Combined Worship
July 11	Meeting ID: 841 6597 2335 password 12012
Mon	12:00 12 Minutes of Prayer on Facebook
July 12	6:00p Property Committee Meeting
	7:00p NA 12-steps group Mt Zion Fellowship Hall
Tues	12:00p AA 12 Steps Meeting continues virtually
July 13	7:00pm Pets Helping People Fellowship Hall
Wed	12:00p Brown Bag Bible Study
July 14	Meeting ID: 389 857 048 Passcode 12012
J,	1:00p Prayer Warriors same Zoom info as Brown Bag
	4:30p Staff Meeting In-person and via Zoom
	7:00p Stewardship Meeting
	8:00p Korean Worship Service on Zoom
Thurs	10:00a Reformation Lutheran Church Bible Study Zoom
July 15	Meeting ID 236 926-7500 Passcode: 8Q0X7t
J,	12:00 12 Minutes of Prayer on Facebook
	5:00p Public Theology Third Space Brewing (see page 13)
Fri	7:00p ACA 12-Step Group [Rm 101]
July 16	7:30p Essay 12-Step Group Meeting Virtually
Sat	8:30a Women of Heart Bible Study on Zoom
July 17	Meeting ID: 849 6940 2756 Passcode: 12012
	9:00a Music Lessons
Sun	9:30am Combined Worship Service
July 18	

July 18—July 25

Office Hours

Monday—Friday 10:00 to 3:00

Sun	9:30am Combined Worship
July 18	Meeting ID: 841 6597 2335 password 12012
Mon	12:00 12 Minutes of Prayer on Facebook
July 19	7:00p NA 12-steps group Mt Zion Fellowship Hall
Tues	10:00a Staff Meeting
July 20	12:00p AA 12 Steps Meeting continues virtually
July 20	6:00pm 75th Anniversary Committee
	7:00pm Pets Helping People Fellowship Hall
	7:00p Writer's Circle Meeting ID: 829 2787 8248 Code: 12012
Wed	8:30a Health Clinic at Courtyard Parking Lot
July 21	12:00p Brown Bag Bible Study
July 21	Meeting ID: 389 857 048 Passcode 12012
	1:00p Prayer Warriors same Zoom info as Brown Bag
	8:00p Korean Worship Service on Zoom
Thurs	10:00a Reformation Lutheran Church Bible Study Zoom
July 22	Meeting ID 236 926-7500 Passcode: 8Q0X7t
	12:00 12 Minutes of Prayer on Facebook
Fri	7:00p ACA 12-Step Group [Rm 101]
July 23	7:30p Essay 12-Step Group Meeting Virtually
Sat	8:30a Women of Heart Bible Study on Zoom
July 24	Meeting ID: 849 6940 2756 Passcode: 12012
July 24	9:00a Music Lessons
Sun	9:30am Combined Worship Service
July 25	
•	

Seeking former members



Ride, Run, or Walk



Saturday, September 25

Waukesha County • Ozaukee County
Racine/Kenosha County • **NEW!** Milwaukee County
Virtual Option Available

OFHRRW.org









Science Tidbits

Lunch Together 🇯

Join us for Brown Bag Bible Study every Wednesday at noon for an hour of socializing and faith exploration, using the Bible stories for the upcoming Sunday.

It's a great place to grow community and faith at the same time. And, if you have time after, at 1pm we spend a half-hour in prayer for the congregation and the wider community. Pack your own lunch, and we'll see you there!

Scripture Readings for July 11

Lamentations 3: 22-33 Psalm 30

2 Corinthians 8: 7-15 Mark 5:21-43

Scripture Readings for July 18

Ezekiel 2:1-5 Psalm 123

2 Corinthians 12:2-10 Mark 6:1-13



The Power of Prayer

Prayer Warriors Wednesdays at 1:00pm Prayer List
July 11 to
July 24

https://bit.ly/3xva2O1

ELCA Federal Credit Union

ELCA Federal Credit Union: A financial partner that shares its profits and shares your values

ELCA members and employees of congregations and ministries are eligible to join the ELCA Federal Credit Union and take advantage of membership benefits, including:

 No-fee checking accounts, with no monthly maintenance, minimum balance or overdraft fees.*



Auto loan rates for up to 50% less than the national average.**



 And, for a limited time, no payments for up to 60 days and rates as low as 5.99% on personal loans for home improvement projects, repairs and other expenses.***



The ELCA Federal Credit Union is a not-for-profit financial cooperative that shares its profits in the form of lower fees and better rates — helping you and the ministries you love do more with your money.

https://www.elcafcu.org/

Your Story, Our Story

The Greater Milwaukee Synod has many stories of how God works through ministries and congregations. Each video is only a few minutes and covers topics ranging from "Supporting strong babies in Milwaukee" to "Malaria campaign impact" and several stories about our shared witness in the pandemic. Here you can learn more about how your offerings support these various ministries and stories.

Reformation Neighborhood Store

The Neighborhood Store needs more of the following items for its summer shoppers:

- Baby/toddler/children's clothes to size 8; swings, bouncers, stroller, Pack 'n Plays
- Bath and hand towels, washcloths, bath rugs, shower curtains and rings
- Swimming suits for all ages; beach towels
- Gift items for adults; gently used men's items including belts and wallets
- Kitchen utensils and linens, mixing bowl sets, silverware
- Kitchen dinette sets
- Pots, pans and bakeware
- Queen/King sheet sets, bed pillows, bedspreads/comforters
- Small appliances, including fans, flat screen TVs, microwaves, blenders, air or deep fryers, electric skillets, irons, vacuums, single serve coffeemakers, toasters

Donations can be left in the Reformation Store bin outside our worship space, or if you want to see what the Store is all about, you can drop your items off at 3806 W. Lisbon Avenue. Contact Thaurra at 414-326-5059 (leave a message) if you have any questions or need to confirm a drop-off time. Charitable contribution slips are available.

Andrea Cockerham, Outreach Committee

Tosa Cares

(Continued from Page 1)

Usually, only one member from a family comes to pick up food, so not a lot of juice and snacks are needed.

Saturday's average about 25 families, so about 25 to 35 people will be there for hospitality. So, please grab a friend, a neighbor or someone from your household and do a little summer entertaining at Tosa Cares. Contact Andrea Cockerham or leave a message at tosacares@gmail.com and let us know the Saturday you've chosen.

Thank you for continuing to support Tosa Cares through this last difficult year. Your gifts were greatly appreciated.



Backpack Drive



Backpack Kickoff Begins this Month!

Here it is the middle of summer – and we're starting BACK-PACK SEASON!

That's right...the annual "Backpack Drive" for Tosa Cares begins in July. Right after the July 4th Holiday school supply sales begin.

You may make a financial contribution to this mission and we will shop for you.

If you are willing to shop, we will need **backpacks** for elementary through high school ages— along with the following list of items so all children will come to school with school supplies:

- Pencils
- Colored Pencils
- Blue, Black & Red
 Pens
- Blunt Scissors
- Glue Sticks
- Fine Tip Markers
- Broad Markers

- Wide Lined Notebooks
- Packets of Wide Lined Paper
- Some College
 Lined Notebooks
- Packets of College Lined Paper

- Pocket Folders
- Pink Erasers
- Rulers
- Crayons
- Highlighters
- Binders
- Back packs

Please make your financial gifts to purchase the needed supplies which can be enclosed in the July Mission of the Month envelope or online giving July Mission of the Month or Tosa Cares.

We begin distributing supplies on July 26th through the end of August.

THANK YOU to all who have helped in the past — and to those who are willing and

able to help this year. We hope that students will be safely back in school in the fall and prepared with their needed school supplies.

Outreach Committee

Science Tidbits

For the past two years, our daughter, Karen and her husband, James, have tried their hand at maintaining bee colonies. In our recent visit to Arizona, we got to see first-hand the inner workings of a hive and appreciate some of the challenges involved in such a pastime.

Two years ago, a queen bee and some workers were purchased (called a nuc, or nucleus, package) and placed into a pre-made wooden hive. The queen had been pre-mated with male drones and was ready to lay eggs. She came with female worker bees that would build honeycomb cells and then tend to the larvae after they hatched from the eggs laid in the cells by the queen. The developmental outcome of the larvae is influenced by what they are fed by the workers. If the hive becomes too big or if the bee colony rejects the queen, the workers will cause other queens to mature.

At first the bees were fed sugar water to support their survival, and after the hive was established the workers left to gather pollen and then make honey. The honey had to be produced in an amount sufficient to support the bees over the winter.

This first hive started out well, but environmental resources were scarce, making it difficult for mother nature to support multiple hives in the area. Consequently, their hive was raided by local bees that ate the honey and then fought them for control of the hive. Unfortunately, neither set of bees survived, leaving an empty hive.

Then, early this past spring, opportunistic and aggressive Africanized native bees took over the hive. Thankfully, they weren't as aggressive as they might have been had there been honey to defend. Not wanting to allow this aggressive hive to flourish and hoping domesticated bees could replace them, Karen and James bought a new queen to replace the queen already in the hive, first killing that queen (easy to distinguish because of its larger size).

Worker bees have about a 6-week life span (queen bees live 2 years), so it's a waiting game to see what the outcome will be. In the meantime, they built a second hive about the same time and bought another nuc package to initiate hive formation. They added the bees a couple weeks before our visit, but within a week it was evident that the worker bees were not accepting the queen, because they were making many queen cells. So a second nuc was ordered, and while we were there Karen retrieved the queen (they had a second protective adult suit, so I got to watch the proceedings) and then killed it. A day or so later, the new queen + workers nuc arrived and this time Sherry suited up to watch. Now it'll take a little longer to see if this newer hive succeeds. The two pics show the two hives and Sherry suited up with our daughter and granddaughter.



A Body in Motion

Newton's first law of physics states, "A body in motion will remain in motion unless acted on by an outside force".

June's Appalachian Service Project certainly got me in motion! My brief, but meaningful journey into Kentucky dragged my weary, apathetic body up to the top of those mountains, breathed crisp, clean air into my soul, and then with all the enthusiastic abandon of a teenager, pushed me down the hill and back into the world ready to roll into the next project.

And I haven't wanted to stop rolling since.

It was exciting to see Mt Zion in action and I cannot wait to see what the Mt Zion youth, adults, and children will pour themselves into next. I, for one, am chomping at the bit to do more. And there is so much to be done right here in the Milwaukee area!



I have found it interesting that my motivation exploded *after* I went on the trip. Writer Brad Stulberg recently wrote, "A big misconception is that you need to be motivated to get rolling. You don't. Research: Motivation often follows action, not the other way around. In Practice: You don't need to feel good to get going; you need to get going to give yourself a chance at feeling good."

So, are you ready? Are you up for trying something **to get the Body of Christ in motion**? We have opportunities here at church and beyond our doors. Once we get going, I don't think there's anything that can stop us from rolling on through to do more in the world!

Let's find out together when we all get involved! Yeah?

Check out these options to get the ball rolling:

Prison Ministry	Sunday School teachers	Worship volunteers
Tosa Cares	Crush Covid Crew (see	Grounds Crew
Justice Team	page 12)	New Nursery Toys Team
75th Anniversary Events	Homebound visits/ communion	And more!
Hospitality Crew		Maybe something new?!

Jess Monahan

Administrator

Crush Covid Crew



The City of Milwaukee Health Department (MHD) is looking for individuals who are passionate about informing their network about COVID-19 vaccines. The Crush COVID Crew is an ambassador program for local leaders, residents, and businesses to be informed on the latest updates from MHD. The goal of this program is to address misconceptions and concerns around vaccine safety and effectiveness by providing influential voices and organizations with consistent & verified COVID-19 messaging & updates.

Roles and Responsibilities

Crush COVID Crew Participants will be responsible for:

- Participating in a one time Crush COVID Crew orientation with updates to follow via email newsletter.
- Providing support to "Crush COVID-19" campaign through virtual and socially distanced events and activities (e.g. presentations, panels, conferences, etc.)
- Cultivating trust and understanding in your network about vaccine safety and effectiveness. We want to ensure the facts are being shared and provided for residents to make the best decision about getting the vaccine.
- Sharing relationships with individuals and organizations that can use their influence to greatly increase dissemination of "Crush COVID-19" campaign resources during events and activities
- Maintaining an active online (social media, website, email, etc.) presence where COVID-19 prevention and vaccine information messages will have impact and reach.

For more information, including qualifications and resources provided visit:

https://docs.google.com/forms/d/ e/1FAIpQLSd725Mz41be9JNupZ6XilkK3VfQfJSVhGawpFkDVI_w28x-VQ/ viewform

Pub(lic) Theology

When: Thursday, July 15 at 5:00pm

Where: Third Space Brewery, 1505 W St Paul Ave., Milwaukee **What:** Check in: How are we doing on the ministry of reconciliation? (2 Corinthians 2:5-6:13, particularly 5:11-21, especially 5:18-19)

Who: You!

July's Pick

Book Club Monday, July 26 7:00pm Hearth Room

He can't leave his hotel. You won't want to. From the New York Times best-selling author of Rules of Civility - a transporting novel about a man who is ordered to spend the rest of his life inside a luxury hotel. In 1922, Count Alexander Rostov is deemed an unrepentant aristocrat by a Bolshevik tribunal, and is sentenced to house arrest in the Metropol, a grand hotel across the street from the Kremlin Rostoy, an indomitable man of erudition and wit, has never worked a day in his life, and must now live in an attic room while some of the most tumultuous decades in Russian history are unfolding outside the hotel's doors. Unexpectedly, his reduced circumstances provide him entry into a much larger world of emotional discovery. Brimming with humor, a glittering cast of characters, and one beautifully rendered scene after another, this singular novel casts a spell as it relates the count's endeavor to gain a deeper understanding of what it means to be a man of purpose.

Host Pat Campbell



Birthdays & Anniversaries

Birthdays

Michael C. 7/23 Melody F. 7/23

Anne M. 7/11 Jeffrey K. 7/23 Ellyn S. 7/11 Donald S. 7/25 Eli B. 7/12 John Y. 7/28 Bella B. 7/18 Hayden P. 7/29 Tyler F. 7/19 Kylee L. 7/29 Ben C. 7/19 Aidan M. 7/29 Jayson P. 7/19 Andrea C. 7/29 Norm W. 7/19 Douglas J. 7/31 Peter M. 7/20 Steve K. 7/21 Hunter F. 7/21 Jase F. 7/21 Lynda Y. 7/21

Mavis R.

7/18

Wedding Anniversaries

Lucy and Gerhard F. 7/12 Mark and Lisa J. 7/17 Eric and Lisa B. 7/18 Nancy and Joe D. 7/27 Shelly and Diane R. 7/31 Jim and Melissa S. 7/31

Volunteer Schedule

Here are the people who are volunteering through July:

	AV	Money stewards
7/11	Marciniaks	Morgans and Hexts
7/18	Douglas J / Janet M.	John L. / Roy D.
7/25	Czervionke	Engelhardts / Nancy S.
	Assistant	Usher
7/11	Rich R.	Dave F.
7/18	Linda E.	Tom E.
7/25	Lynda Y.	John Y.
	Lector	
7/11	Lora M.	

Mt Zion Staff

Pastor

The Reverend Tyler D. Rasmussen

pastor@mtzionlutheran.org

Parish Administrator Jess Monahan

parishadmin@mtzionlutheran.org

Office Volunteers

reception@mtzionlutheran.org

Worship Volunteer Coordinator Janet McCarthy (volunteer) worshipvol@mtzionlutheran.org

Youth Ministry Coordinator Perrie Dralle

youth@mtzionlutheran.org

Maintenance David Ulrichsen

maintenance@mtzionlutheran.org

Sunday School Superintendent Brenda Marciniak (volunteer) sundayschool@mtzionlutheran.org

Director of Choirs
Patricia Eby
Choirs@mtzionlutheran.org

Contemporary Worship Leader

Kristin Sponcia

Contemporaryworship@mtzionlutheran.org

Website Pat Campbell

Website@mtzionlutheran.org

Social Media
Douglas Johns

Douglas Johnson (volunteer) socialmedia@mtzionlutheran.org

Leadership Board

Matt Czervionke, President president@mtzionlutheran.org

Lynda Yanny, Vice President VP@mtzionlutheran.org

David Fohr, Treasurer Treasurer@mtzionlutheran.org

Janet McCarthy, Acting Secretary secretary@mtzionlutheran.org

Ian KoenigJean MorackMavis RoeschRobyn Di GiacintoErik PetersonMike MarciniakDoug DralleJeremy GossKatie Frederick

At Mt Zion we are

Joyfully growing disciples in Christ

So that

Everyone we meet comes to know themselves as a reflection of God's image, worthy of life and love

By prioritizing

Faith Community

Hospitality Justice



ተ

Joyfully Growing Disciples in Christ

12012 West North Avenue
Wauwatosa, WI 53226
(414) 258-0456
parishadmin@mtzionlutheran.org

mtzionlutheran.org facebook.com/mtzionlutheran instagram.com/mtzionlutheran youtube.com/mtzionlutheran