

Worship Services

Sundays

8:30am Traditional
9:40 Education Hour
10:45am Contemporary

Office Hours

Parish Administrator in
the office Tuesday,
Wednesday, Friday

Our Mission

With the assurance of
God's faithfulness, we'll
† nurture disciples,
† extend healing and
compassion, and
† work for justice in our
communities and
throughout the world.

Our Vision

Gathered by the grace
and love of Jesus Christ,
the people of Mt Zion
commit to know God
deeply and to serve God
gladly through the many
and diverse gifts given to
us by the Holy Spirit.

Marks of Discipleship

† **PRAY** daily
† **WORSHIP** weekly
† **READ** the Bible
† **SERVE** at Mt Zion and
beyond
† Be in **RELATIONSHIP**
to encourage spiritual
growth in others
† **GIVE** of my time, tal-
ents, and resources

**ALL ARE
WELCOME!**

This Sunday!

Special Adult Forum This Sunday!

This Lent, we are inviting the whole congregation to join us in a Lenten practice of composting. "Composting?" you say. "I live in the city; I can't compost." Well it's just not true. Thanks to Compost Crusader, it's possible.

We encourage everyone to join us this Sunday as Doug and Perrie Dralle lead the adult forum and tell us all about their experience composting for the past few months. They have discovered that with a little guidance, even those of us who do not garden can drastically reduce our waste and, together, help care for the planet.



They will be joined by special guest Melissa Tashjian, founders of Compost Crusader. Compost Crusader a small business with the goal of diverting organic material from landfills in Milwaukee by collecting organic waste from schools, homes, restaurants and businesses and transporting it to compost sites in southeastern, WI. Compost Crusader works to create a culture around sustainability by making composting available at home, at work and at school to help instill habit forming behaviors.

Use Zoom to login

Meeting ID: 868 1235 8587 Passcode: 12012

Dial into the meeting at 312-626-6799

join us at 9:40a this Sunday.



Building Re-Opening

Covid-19 indicators have returned to green and green means **GO!**

We have approved the re-opening of our church doors for small groups and for worship.

February 1

Small groups are welcome to return. This includes 12-step groups, small sized renters, as well as small groups from Mt Zion. Book club, Women of Heart Bible Study, and Writer's Circle are examples of such groups. Returning to in-person activities will be left up to the comfort of each group and attending via Zoom will continue to be an option.

February 7th

First In-Person Worship

Both worship services will be held on Sunday – Traditional Worship at 8:30 and the Contemporary Service at 10:45am.

Masks a required by everyone (3yrs and older) entering the building.

If you need a mask, we have supplies just inside the main entrance.

2021 WI Elections

There will be at least two elections in 2021 for Wisconsin voters: February 16 and April 6 (electing a new state Superintendent of Public Instruction). You can request an absentee ballot for both elections, if you prefer to vote that way, at <https://myvote.wi.gov/en-us/VoteAbsentee>. If you want an absentee ballot, request it today!

Volunteer Schedule

Here are the people who are volunteering through in January and February

AV

Jan. 31: Erik and Abby

Feb. 7: Marciniak

Feb. 14: Casperson

Feb. 21: Dralle

Feb. 28: Czervionke

Money stewards

Tom, Jim, and Gary

Tom E, Jim G, and Gary G

Morgans and Hexts

Pete P, John L, and Roy D

Engelhardts

This Week at Mt Zion

<p>Sun January 31</p>	<p>8:30a Traditional Worship youtube.com/mtzionlutheran Meeting ID: 841 6597 2335 password 12012</p> <p>9:40a Faith Formation (Youth, Adult, and Sunday School)</p> <p>10:45a Contemporary Worship www.youtube.com/mtzionlutheran Meeting ID 875 7308 8960 password 12012</p> <p>5:00p Confirmation</p>  <p>RIC Sunday</p>
<p>Mon February 1</p>	<p>Building Open to Small Groups</p> <p>12:12p 12 Minutes of Prayer on Facebook</p> <p>7:00p NA 12-steps group alternate location while closed</p> 
<p>Tues February 2</p>	<p>10:00a Staff Meeting</p> <p>12:00p AA 12 Steps Meeting continues virtually</p> <p>3:00p Library Open and Curbside Communion Carry-Out</p> <p>6:00p Writer's Circle Meeting ID 829 2787 8248 Passcode: 12012</p>
<p>Wed February 3</p>	<p>12:00p Brown Bag Bible Study on Zoom Meeting ID 84924897122 Password 12012</p> <p>1:00p Prayer Warriors (same login as Brown Bag Bible Study)</p> <p>3:00p Library Open and Curbside Communion Carry-out</p>
<p>Thurs February 4</p>	<p>12:12p 12 Minutes of Prayer on Facebook</p> <p>5:00p Beer and Bible, Wine and the Word Meeting ID 835 6456 0076 Passcode: 12012</p>
<p>Fri February 5</p>	<p>7:00p ACA 12-Step Group Meeting Remotely</p> <p>7:30p Essay 12-Step Group Meeting Virtually</p>
<p>Sat February 6</p>	<p>8:30a Women of Heart Bible Study on Zoom Meeting ID: 849 6940 2756 Passcode: 12012</p>
<p>Sun February 7</p>	<p>Building open for In-Person Worship</p> <p>8:30a Traditional Worship YouTube</p> <p>9:40a Faith Formation</p> <p>10:45a Contemporary Worship YouTube</p> 

Grow Your Faith this Lent

Lent is just around the corner, and is often a time when Christians take on practices that fulfill Jesus' command to take up our crosses and follow him to Good Friday and Resurrection Sunday. This year at Mt Zion, we have put together a few options for us to do together as a community even while we are in our homes.



As a whole congregation:

We are inviting everyone at Mt Zion to become a Compost Crusader and take up the practice of composting, allowing even those of us in the city to be connected to the call to care for the earth. Doug and Perrie Dralle have just begun this practice and will be sharing with the congregation how anyone, no matter if you have a garden or not, can compost. If you'd like to learn more now, check out <https://www.compostcrusader.com/>.



For families with children:

We are providing every family with a DIY Lenten devotional series centered on growing God's garden, perfect for our composting theme. This will include video resources, object lessons for hands-on activities, and journals for both children and adults, plus a coloring poster.

Beginning Tuesday February 9th, devotional materials can be picked up during the Library hours from 3:00 to 5:00p. Materials will also be available to pick up on Sunday mornings in the North Narthex. If those hours don't work for you, please contact the church and we'd be happy to help you get the materials at a more convenient time. 414-258-0456.

A purple banner with the word 'LENT' written in white, stylized, block letters.

Sunday School

Take home boxes will NOT be needed this week.



3 year olds through 5th Grade: 9:40 a.m. - 10:25 a.m.

Zoom ID: 752 6656 7262

Passcode: Gf3avC



Please remember to continue working with your children at home for the respective Catechism emphasis:

3-year-old through 2nd Grade: The Ten Commandments

3rd through 5th Grades: The Lord's Prayer.

Brenda

Giving WARMES THE HEART

DONATE BLOOD

**Tuesday
February**

9

2:00 PM – 6:00 PM

Helpful tip:
Make sure to eat a healthy meal and drink plenty of water before donating.



**Mt. Zion Lutheran Church Blood Drive
Donate and save a life!**

Location: Fellowship Hall
12012 W North Ave Wauwatosa, WI 53226

Donate at the Mt. Zion blood drive and save a life! Versiti supplies all local hospitals with blood and your donation goes straight to patients in our community.

Schedule your appointment to donate at:
<https://bit.ly/mtzfeb2021> or call 1-877-232-4376

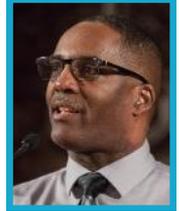
Stay protected and active!
When you donate at this drive, you'll receive a Versiti gaiter as a thank you; while supplies last.

Do Black Lives Matter?

“Do Black Lives Matter?

An Introduction to the Historical Devaluation of Black Lives”

Want to learn how black history meets the present black reality in Milwaukee? Shorewood Library is hosting 4 events featuring Reggie Jackson, founder of the African American Holocaust Museum in Milwaukee and main speaker for Tosa’s 2020 All City Reads event. For more information, please visit: <https://www.shorewoodlibrary.org/connect/events/?eid=3081>



Upcoming Sessions

Tuesday, February 2nd: The Devaluation of Black Lives in Science and Medicine. To register for this free event visit: https://us02web.zoom.us/join/register/tZwkdO6qqD0vE9ThxFIPw_HLqhcEg85bTjhh

Tuesday, February 9th: The Devaluation of Black Lives in the Criminal Justice System. To register for this free event visit: <https://us02web.zoom.us/join/register/tZltcuuorzgjGNxgMI4IMi8859rUQIXOoZQb>

Speaking of Tosa’s All City Reads

Tosa's All-City Read events are inspired by the book Call Me American by Abdi Nor Iftin, and most of them will be virtual.

Upcoming Events:

[A Conversation with Abdi Nor Iftin](#) - **February 2**, 7-8:30 p.m.

[The Immigrant Experience: A Panel Discussion](#) - **February 4**, 7-8 p.m.

[Somalis in Wisconsin](#) - **February 8**, 7-8 p.m.

[Immigration Today](#) - **February 10**, 7-8:30 p.m.

[An Open Discussion about Islam, Muslims and Contemporary Issues](#) - **February 18**, 7-9 p.m.

[Henna 101](#) - **February 23**, 7-8 p.m.

Book Discussions:

[Sunday, February 7](#), 3:30-4:30 p.m.

[Thursday, February 11](#), 10-11 a.m.

[Monday, February 15](#), 6:30-7:30 p.m.

[Monday, February 22](#), 7-8:30 p.m. (Socially distanced at Mt. Zion Lutheran Church, 12012 W. North Ave., and online)

[Thursday, February 25](#), 1-2 p.m.

We Rise MICAH Event

MICAH PRESENTS
A VIRTUAL BLACK HISTORY
CELEBRATION

**WE RISE:
BUILDING A
HEALTHY
COMMUNITY**


Keynote Speaker - Dr. Aranza Williams
Chief Medical Officer, Milwaukee Health Services


Dasha Emily Hamilton
named as both Milwaukee
& Wisconsin's Post
Laureate

02.11.21
7:00 PM - 8:30 PM ON ZOOM
DONATION \$20 PER PERSON
GROUPS OF TICKETS AVAILABLE

 **MICAH**
We Rise!

CLICK HERE <https://bit.ly/micah2021blackhistory>
TO RSVP, CALL 414.264.0805, OR EMAIL
OFFICE@MICAHMKE.ORG

Email Pastor Tyler
(pastor@mtzionlutheran.org) if
you're interested.

*Wouldn't it be awesome if we could
fill a Mt Zion table?*

January Mission of the Month

Helping Families in Need

Responding to those who ask for help...Families or individual may need help with clothing, winter coats or boots, or extra help with food. A mother may need formula and diapers for her baby. Mt. Zion can respond with Tosa Cares right here to help. Families may need financial assistance for rent, car repair, utility bills just to get by. This month a response to the Mission of the Month helps Mt. Zion families respond to families asking for help. Let us continue to demonstrate Christ's compassion by witnessing boldly to God's love for all people through our helping hands and caring hearts.

How: Mail Mission of the Month envelopes to Mt. Zion.

Use online giving and indicate January Mission of the Month

If you need help or know someone who needs help, please contact the church office or Pastor Tyler.



Rehearsing During a Pandemic

Voices of Zion Resuming Rehearsals during the Pandemic

Fall is the time of year that all the church activities resume meeting after a refreshing summer break. However, in 2020, the refreshing break came in the fall with the Voices of Zion once again being able to blend their voices in song. The research on Covid pointed to transmission being through air droplets and emissions from people speaking, coughing, sneezing and singing. However, masks, social distancing, and outdoor activities were deemed somewhat safe.

People wanted to hear singers; singers needed to sing. And while bobbing to tunes on the radio was fun, many craved for communal singing.

So, Voices of Zion rehearsed and recorded with masks, keeping socially distant and OUTDOORS from August through October. Outdoors presented some challenges including blowing wind (which also blew music and was captured quite well in the mic), rain (the singers were hardy but the keyboard and the recording equipment would not do well); and quarantine (Patricia was exposed to Covid and quarantined for 14 days).

Take a look at the photos which capture the Wisconsin changing of seasons from summer to mid fall.



Recorded by Douglas Johnson and David Yanny; accompanied by Susan Gedemer; directed by Patricia Eby



Science Tidbits

Smallpox and the origin of vaccines Used to rapid advances in medicine, the populace fails to appreciate the historical origins of vaccines and the challenges their creation represents. I used to enjoy lecturing on the history of germ theory and the discovery of vaccines, and central to such a discussion was smallpox.

For many centuries, smallpox (a member of the orthopoxvirus family) was the scourge of mankind and affected all segments of society. 400,000 people died annually in 18th century Europe, and one-third of survivors went blind. Known as the “speckled monster” because of the small sacs that covered the skin, symptoms appeared suddenly and its progression was devastating. The fatality rate ranged from 20-60% and left survivors with horribly disfiguring scars. The fatality rate in infants was chilling (80% in London, 98% in Berlin). The word “variola” was commonly used for smallpox and meant “mark on the skin.” The most successful means of combating smallpox before vaccination was a process called “variolation,” where a ripe pustule from a patient suffering from smallpox was lanced, and the liquid contents were subcutaneously introduced into the arms or legs of a non-infected individual. This practice was likely common in Africa, India and China long before the 18th century, at which time it was introduced in Europe, where it quickly became popular among physicians. After all, the 2-3% fatality rate from the procedure was at least 10 times lower than that associated with naturally occurring smallpox, although the procedure of variolation could also transmit other serious diseases.



[An interesting side note: variolation eventually spread to the American colonies. In 1766, American troops under George Washington were unable to capture Quebec from the British, because a smallpox epidemic had decimated his troops while the British troops had all been variolated. From then on, all American troops were variolated.]

Edward Jenner (1749-1823) was an English physician, who pioneered the concept of vaccines and is given credit for developing the smallpox vaccine. In his day, girls were hired as milkmaids to do the milking of dairy cows, and they would often catch cowpox (virus from the orthopoxvirus family), a mild viral skin infection, from diseased cows. But word had circulated that these girls did not catch smallpox.

Hearing this, Jenner developed the theory that cowpox could protect against smallpox. In 1796, he found a dairy maid named Sarah Nelms with fresh cowpox lesions (see drawing of her hand), removed some lesion fluid and inoculated an 8-year-old boy (James Phipps) with it. The boy developed a slight fever but nothing more. Nine days later, he inoculated Phipps with material from a fresh smallpox lesion and the boy failed to develop smallpox. He published a paper about the procedure and coined the term “vaccination” (“vaccinia” is Latin for cowpox). Vaccination gradually replaced variolation. Strictly speaking, Jenner didn’t invent vaccination, but was the first person to give it scientific status and pursue its scientific investigation.

How things have changed. The smallpox vaccine was decades in the making, while the COVID vaccine took less than a year.

Steve Downs

Finding Bernie

Bernie Sanders in his mittens have become an internet sensation. And we're joining in on the fun. To help celebrate 75 years of great Mt Zion photos, there are 7 Bernies in these 5 photos.



Can you find them all?



Pastor Kindem in the 1960s



Organization Day April 1946



Burning Greens 1980s



Cars in the 1950s
(parked in the grass on 120th street near the chapel)



Sunday School 1954-1958

January Birthdays and Anniversaries

Birthdays

Erica J. 1/1
Tessa J. 1/1
Susan Y. 1/3
Aaron P. 1/4
Joseph K 1/4
Valerie K. 1/5
John P. 1/5
Kristin F. 1/7
Mason S. 1/8
Nancy S. 1/9
Brittany H. 1/13
Bryce R. 1/13
Isaac R. 1/13
Madeline E. 1/14
Lynden D. 1/17

Curt P. 1/17
Laura C. 1/17
Jim G. 1/18
Abby H. 1/19
Michael B. 1/20
Benjamin S. 1/21
Emma W. 1/21
Greta S. 1/22
James G. 1/22
John M. 1/22
Lauryl P. 1/24
Caleb S. 1/25
Keith P. 1/27
Becky H. 1/27
Derrick G. 1/29
Tom M. 1/31

Wedding Anniversaries

Mary and Douglas J. 1/8
Lynn and Ian K. 1/10
Aharon and James G.
1/23

Scripture Readings for This Week

Deuteronomy 18:15-20 Psalm 111

1 Corinthians 8:1-13 Mark 1:21-28

Scripture Readings for Next Week

Isaiah 40:21-31 Psalm 147:1-11, 20c

1 Corinthians 9:16-23 Mark 1:29-39



This Week's Prayer List



<https://bit.ly/3pojlV8>



Mt Zion Staff

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