

SATURDAY

11am Outdoor Activities: Hiking, biking, tea in the park & playground fun. **Various locations.** Sign-up online or on this form.

1pm Lunch: Make your own sandwich.

3pm Guest Speaker:
David Ruis

4pm Breakout Sessions:
Sign-up online or on this form.

5pm Dinner: BBQ

6:30pm Lip Synch Battle: Sign-up online or on this form.

SUNDAY

12:30pm Bring your own picnic to **Sutherland Bay Park**, bottom of Knox Mountain.

All activities will be held at FBC with the exception of the 11am outdoor activities and the Sunday picnic.



David Ruis

We are excited to welcome David Ruis as our FBC Retreat guest speaker. David is the National Director of Vineyard Canada and a well-respected worship leader and songwriter (You're Worthy Of My Praise, Every Move I Make, and much more).

His most recent album, When Justice Shines, was released through ION Records. David has also authored two books: The Worship God Is Seeking and The Justice God Is Seeking. David resides in Kelowna with his wife Anita.

David will be speaking about the integration of worship and life.

REGISTRATION FORM

Last Name:_____

Name:_____

Name:_____

Name:_____

Name:_____

Name:_____

Name:_____

Email:_____

Phone#:_____

Dietary Needs:_____

Cost & Payment

- Per Person \$20
- Per Couple \$35
- Per Family \$45

*kids 2 and under are free

*Payment due with Registration

Registration Deadline
September 12th, 2021

CONSENT FORM

I hereby authorize any physician to administer such medical or surgical treatment or to carry out such procedures as may be deemed necessary or advisable in the diagnosis and treatment of myself or family member as a participant in the FBC Church Family Retreat. In participating in the camp, I recognize and accept all such hazards that may be present including without limitation the possibility of personal injury or personal loss while on this retreat. I agree that First Baptist Church and its employees will not be held liable for any loss or personal injury sustained by me (or my family) resulting from any cause whatsoever. I also recognize and accept the possibility of personal injury or personal loss resulting from the negligence or carelessness of other participants and agree that FBC and its employees will not be liable to me (or my family) for any personal injury or loss sustained arising from negligence or carelessness of other participants and I release FBC and its directors and employees in respect of such personal loss or injury. I acknowledge that this agreement is binding on me, my heirs, successors and personal representatives.

I have read and understood all of these conditions and I agree to be bound by them.

Signature: _____

Date: _____

Return signed form with registration.

11 am Activity choose 1

- Hike**, Kalamoior Park, West Kelowna Intermediate level
- Walk & Playground time**, Mission Creek Park, all abilities
- Tea**, Mission Creek Park Picnic Shelter, suitable for all
- Family Bike Ride**, Missions Creek Park, beginner level
- Mountain bike ride**, Knox Mountain, Kelowna, advanced ability recommended
- Road bike ride**, location TBD, intermediate level

4 pm Breakout Session choose 1

- Active Listening**
 - Scavenger Hunt**
 - Spiritual Disciplines Discussion**
 - Connect to God Through Art**
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- 6:30 pm Lip Synch Battle**

VISION STATEMENT

We are a diverse community of Christ
followers

*loving God and others where we live and
gather.*

by connecting, belonging, and engaging.

FBC KELOWNA

CONNECTING. BELONGING . ENGAGING

FBC
FALL RETREAT

SEPTEMBER 18-19, 2021

DISCONNECT /
RECONNECT

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