

New CDC Guidelines and Wauwatosa's Mask Ordinance

Worship Services

Sundays

8:30am Traditional
9:40 Education Hour
10:45am Contemporary

Office Hours

Monday—Friday
10:00 to 3:00

Our Mission

With the assurance of God's faithfulness, we'll
† nurture disciples,
† extend healing and compassion, and
† work for justice in our communities and throughout the world.

Our Vision

Gathered by the grace and love of Jesus Christ, the people of Mt Zion commit to know God deeply and to serve God gladly through the many and diverse gifts given to us by the Holy Spirit.

Marks of Discipleship

† **PRAY** daily
† **WORSHIP** weekly
† **READ** the Bible
† **SERVE** at Mt Zion and beyond
† Be in **RELATIONSHIP** to encourage spiritual growth in others
† **GIVE** of my time, talents, and resources

ALL ARE WELCOME!



Wauwatosa has a mask ordinance until June 16. However, on May 18 the Common Council amended the ordinance to say that fully vaccinated people do not need to wear masks and may resume all activities in accordance with the CDC guidelines. This ordinance does not change the mask requirement for unvaccinated individuals, and individual businesses may implement their own, more strict guidelines.

What is Mt Zion doing going forward?

After conversation and consensus among the Leadership Board, we made the following decisions:

- Starting Sunday, May 23, masks are no longer required at Mt Zion, and those not wearing masks may do all activities, including singing and sharing peace.
- We will not check for proof of vaccination, but we hope each person practices the safety they need when in public. We know these reasons may include more than just being unvaccinated; other reasons may include protecting an unvaccinated family member or personal comfort.
- We will intentionally welcome those who desire to wear masks, no matter the reason they desire to remain masked, and make sure they feel comfortable in our community. We recognize the value of masks and support those who chose to remain masked.

(Continued on page 7)

OUTREACH COMMITTEE PRESENTS

YARD CLEAN UP DAY!

Saturday, May 29

Beyond Mt Zion

Two shifts available!

9:30 - 12:00pm

12:30 - 3:00pm

Help two families from Reformation Lutheran Church tidy up their lawns for the summer! Bring your sunscreen,

Unable to volunteer?
Donate paper yard waste bags!
Or, if you have some recently
divided hosta or other
perennials, we would love to
plant them at these homes.

Please contact Andrea
Cockerham directly for these
donations.



This Week at Mt Zion

<p>Sun May 23</p>	<p>8:30a Traditional Worship youtube.com/mtzionlutheran Meeting ID: 841 6597 2335 password 12012</p> <p>9:40a Faith Formation Hour (youth, Sunday School, Adult) Adult forum Meeting ID: 868 1235 8587 Passcode: 12012</p> <p>10:45a Contemporary Worship</p> <p>5:00p Confirmation</p>
<p>Mon May 24</p>	<p>12:12p 12 Minutes of Prayer on Facebook</p> <p>6:00p Book Club Gathering Space and Zoom Meeting ID 862 1576 4558 Passcode 12012</p> <p>7:00p NA 12-steps group Mt Zion Fellowship Hall</p>
<p>Tues May 25</p>	<p>10:00a Staff Meeting</p> <p>12:00p AA 12 Steps Meeting continues virtually</p>
<p>Wed May 26</p>	<p>12:00p Brown Bag Bible Study on Zoom Meeting ID 84924897122 Password 12012</p> <p>1:00p Prayer Warriors (same login as Brown Bag Bible Study)</p> <p>8:00p Korean Worship Service on Zoom</p>
<p>Thurs May 27</p>	<p>12:12p 12 Minutes of Prayer on Facebook</p>
<p>Fri May 28</p>	<p>7:00p ACA 12-Step Group [Rm 101]</p> <p>7:30p Essay 12-Step Group Meeting Virtually</p>
<p>Sat May 29</p>	<p>8:30a Women of Heart Bible Study on Zoom Meeting ID: 849 6940 2756 Passcode: 12012</p>
<p>Sun May 30</p>	<p>8:30a Worship Service Meeting ID: 841 6597 2335 password 12012</p> <p>9:40a Faith Formation</p> <p>10:45a Contemporary Worship</p>

SUNDAY DRIVES

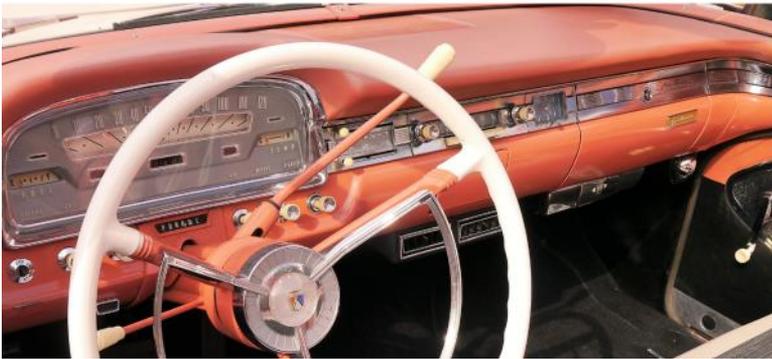
HEAD OUT FOR A FUNDRAISER

8:30 TO NOON

Mt Zion Youth Car Wash
In the Mt Zion Parking Lot
Includes vacuuming and
spiffing up!
Proceeds benefit the
Appalachian Service Trip

11:00AM TO 4:00PM

Outside Sendik's
8616 W North Ave, Wauwatosa
Burgers, Brats, and Hot Dogs
Perfect for the day's ball game!
Proceeds benefit
Incarnation Lutheran Church



Mission of the Month

Serving and Learning Together (SALT) Reformation's Summer Youth Ministry

Helping our youth to build a positive relationship with God and with their community does not stop because school is out for the summer OR because of a pandemic. Reformation adapted the SALT program to ZOOM last summer and is doing the same this summer. The youth, elementary age through high school, will learn from home and serve in their individual neighborhoods. The day will begin with a devotion and group ZOOM activity. Then, each child will move to individual service and learning with materials supplied by Reformation. Approximately 60 students are expected to enroll this year.

Please continue to pray for the youth and the leadership at Reformation, our sisters and brothers in Christ.

Andrea Cockerham, Outreach Committee



Science Tidbits

Training Bees for Science

Science is always looking for inexpensive and innovative ways to diagnose disease states. For those who have been tested for COVID 19, you know how unpleasant it can be to have a Q-tip inserted three feet up your nose. And I'm sure you'd welcome alternative approaches.

Thinking along similar lines, scientists in the Netherlands have come up with a truly novel method for detecting COVID-positive patients: they utilized over 150 trained bees, making use of their excellent sense of smell. Metabolic changes from a coronavirus infection makes a person's bodily fluids smell slightly different than those of a non-infected person. Bees are well suited to notice such differences, since they can detect new volatile substances with a sensitivity of parts per trillion. Amazingly, they are able to detect a flower several kilometers away.

This is the first time these small insects have been used for such a purpose. The research team used a refrigerator to cool down and relax the bees. After this, they were put in small harnesses in order to keep them immobilized in front of the samples before them. The bees were trained by giving them a treat--a sugar-water solution--every time they were exposed to the scent of a mink infected with COVID-19. And they would extend their proboscis to consume the sugar water. On the other hand, when bees were exposed to a negative control (disease-free mink), they were given no such treat. This is known as Pavlovian conditioning, named after the scientist who trained dogs to salivate just by the sound of a bell, because during their training, the bell was rung each time they were fed. Dogs have also been used for sensing body odor changes associated with cancers and other diseases, but unlike dogs, who require many hours of training before they become proficient in differential smell detection, bees require only a few minutes of training.

After repetitive training, the bees learned to associate a COVID-positive mink with a drink of sugar water, so when exposed to an infected sample, they reflexively began to stick out their tongues (like clockwork) within a few seconds in anticipation of the treat. Moreover, they continued to perform this task even when they were not awarded with sugar solution.

It can take hours or days to get a COVID-19 test result, but the response from the bees is immediate. The method is also cheap, potentially making it useful for countries where tests and resources are scarce.



Steve Downs

Spirit Week

Things have been stressful lately, huh? Take a moment to find some joy in the next few days when you participate in our Spirit Week!

Share your pictures on Facebook, Instagram, and here in the Grace Notes! Email them to Douglas Johnson (socialmedia@mtzionlutheran.org) or Jessica Monahan (parishadmin@mtzionlutheran.org).

You can also mail a photo to the church!



MAY 23-MAY 28

SPIRIT WEEK

SUNDAY

Wear Red for Pentecost

MONDAY

Superhero Day

TUESDAY

Church Colors Day
(Blue, Purple, and Green)

WEDNESDAY

Fun Hair Day

THURSDAY

Sports Day

FRIDAY

Wacky Socks Day

Masks at Mt Zion

("Mask Ordinance" continued from page 1)

- To maintain space for those who wear masks, we will continue to keep every other pew closed and encourage people to practice social distancing around those who are masked.
- Because many still feel unsafe in public spaces, particularly households where one or more persons are unable to get vaccinated, we will continue doing communion using prepackaged cups so that those who are joining the community online are able to participate. Eventually this emergency response to communion will end, but too many are still in a state of emergency.
- We will allow drinks and prepackaged food for fellowship.
- We will continue to evaluate these changes as the pandemic evolves, ready to open up more widely or to return to previous pandemic policies as needed.

We thank everyone for being understanding over this past year and practicing good pandemic activities. We encourage those who now feel the freedom of vaccination to continue to be understanding of those who are not ready to worship in person and welcoming of those who desire to continue wearing masks and distancing, no matter their reasons.

More Information can be found at:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

<https://www.wauwatosha.net/government/departments/health/covid-19>



Book Club

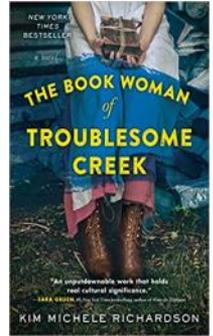
Monday, May 24

7:00pm

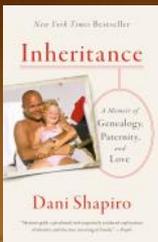
The Book Woman of Troublesome Creek, by Kim Michele Richardson

The hardscrabble folks of Troublesome Creek have to scrap for everything—everything except books, that is. Thanks to Roosevelt's Kentucky Pack Horse Library Project, Troublesome's got its very own traveling librarian, Cussy Mary Carter. Cussy's not only a book woman, however, she's also the last of her kind, her skin a shade of blue unlike most anyone else. Not everyone is keen on Cussy's family or the Library Project, and a Blue is often blamed for any whiff of trouble. If Cussy wants to bring the joy of books to the hill folks, she's going to have to confront prejudice as old as the Appalachias and suspicion as deep as the holler. Inspired by the true blue-skinned people of Kentucky and the brave and dedicated Kentucky Pack Horse library service of the 1930s, *The Book Woman of Troublesome Creek* is a story of raw courage, fierce strength, and one woman's belief that books can carry us anywhere—even back home.

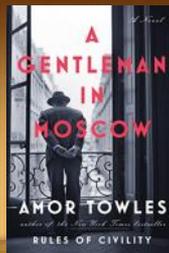
Hosts Erik and Jessica Peterson



Book Club Book Shelf



June 28



July 26



August —Vacay!

Welcome our New Members!



On May 16 we were pleased to welcome Keston and Callie through Holy Baptism and their parents, Kevin and Kira, as new members. We're glad you're here!

Welcome New Renters!



We are pleased to welcome Pets Helping People, Inc. to our church. This non-profit group trains "Big heart-ed dogs and their humans to deliver pet therapy visits in our community". They will be using our Fellowship Hall as a weekly training area for the program.

For more information visit the link below

<https://petshelpingpeople.org/>



The Back Pew



Image: Star Trek: The Original Series

Star Trek Pop Quiz: Why would you **not** want your Captain to wear a red shirt?

Send your answer to Jess at parishadmin@mtzionluthera.org

Say, Pastor Tyler...

Another of Pastor Tyler's memorable sayings :

"May the **Joy** of Christ Be in you All!"

Carol Cobus

Volunteer Schedule

Here are the people who are volunteering through in May:

AV

May 23: Dralles
May 30: Marciniaks

Money stewards

Engelhardtts and Nancy
Morgans/Hexts

Assistant

May 23: TBA
Mavis
May 30: TBA

Usher

Zareks
Driscolls
TBA

May Birthdays and Anniversaries

Birthdays

Meghann S. 5/2
Nate E. 5/2
Ryan M. 5/2
Bob S. 5/3
Linda D. 5/3
Betsey G. 5/5
Owen A. 5/5
Charlie S. 5/5
Maya S. 5/7
Della S. 5/7
George R. 5/7
Arihanna H. 5/8
Isabella R. 5/9
Leah C. 5/14
Pat M. 5/15

Mae E. 5/16
Steve H. 5/18
AJ K. 5/18
Stephanie I 5/19
Barbara G. 5/21
Marleen C. 5/21
Joyce N. 5/22
William A. 5/24
William S. 5/23
Finley S. 5/25
Norma H . 5/25
Kenny H. 5/26
Peg P. 5/27
Pam K. 5/29
Jack S. 5/30

Wedding Anniversaries

Jim and Lisa M. 5/6
Mike and Deni M. 5/6
Jamie D and Stephanie I 5/12
Kurt and Debbie K. 5/15
Jeff and Andrea C. 5/26
Matt C and Marika M. 5/29
Bob and Marleen C. 5/30
Betsy and Robert G. 5/31

Scripture Readings for This Week

Acts 2:1-21 Psalm 104:24-34, 35b

Romans 8:22-27 John 15:26-27; 16: 4b-15

Scripture Readings for Next Week

Isaiah 6:1-8 Psalm 29

Romans 8:12-17 John 3:1-17

THIS WEEK'S PRAYER LIST

<https://bit.ly/33RmKK2>

Mt Zion Staff

Pastor
The Reverend Tyler D. Rasmussen
pastor@mtzionlutheran.org

Sunday School Superintendent
Brenda Marciniak (volunteer)
sundayschool@mtzionlutheran.org

Parish Administrator
Jess Monahan
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Director of Choirs
Patricia Eby
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Office Volunteers
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Contemporary Worship Leader
Kristin Sponcia
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Worship Volunteer Coordinator
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Website
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Youth Ministry Coordinator
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Social Media
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Maintenance
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Leadership Board

Matt Czervionke, President
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David Fohr, Treasurer
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Lynda Yanny, Vice President
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Janet McCarthy, Acting Secretary
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Ian Koenig

Jean Morack

Mavis Roesch

Robyn Di Giacinto

Erik Peterson

Mike Marciniak

Doug Dralle

Katie Frederick



Mt Zion LUTHERAN
CHURCH ELCA

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