Today I learned...

Today your child learned that Jesus is with us when we're afraid. Children heard about Jesus calming a storm when his disciples were afraid. They discovered that they can call on Jesus to help them, too.

Jesus is with us when we're afraid.

Verse to Learn

"I am with you always" (Matthew 28:20b).

ask Me...

- Why were Jesus' friends afraid?
- When are you afraid?
- How can our family remember that Jesus is with us when we're afraid?

Family Fun

• Have family members make a Fear-Fighters Feast to remember that Jesus calmed the storm. Hollow out half a loaf of French bread, and have family members tell about things that make them afraid. Then fill the bread shells with tuna salad, and share how Jesus helps us when we're afraid. As you enjoy your tuna "boat" sandwiches, remember that Jesus calmed his disciples' fears when he stilled the storm.

Jesus Calms the Storm (Matthew 8:23-27)

