

# Psalms - Safe House

When you watch a crime drama where they are trying to protect a victim or a witness. One of the first things they do is try to get this person to a place called a “safe house”.

A safe house is a secret place. That’s part of what makes it safe. If the people that are trying to harm them, don’t know where they are at...it keeps them safe.

But then even if they do find the location of the safe house, the safe house is set up in such a way that there is extra protection to fight off the attackers.

A safe house is a good thing, however, on TV it seems like the enemy too often infiltrates the safe house. But that’s TV!

Now you may not need a physical safe house, you may not be on the run from a person that is trying to harm you, but you DO need a spiritual safe house! Because you DO have someone trying to spiritually harm you!

And this is a safe house that the enemy CAN NOT break through!

## **Psalm 91:1 (CSB)**

The one who lives under the protection of the Most High dwells in the shadow of the Almighty.

Church, this Psalm is speaking of a spiritual safe house.

Do you live under the protection of the Most High?

You know when you live somewhere, it should be the place you spend quite a bit of time. It’s the place where you get comfortable. The place where you take your shoes off, take your jacket off, and you sit down. This is the place where you should often find rest...the place where you live.

He says live under protection...where is the protection? It’s that place that hides you from danger...the secret place. That’s what the protection translates to...the secret place.

Do you live in the secret place?

## **Matthew 6:6 (NKJV)**

But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the **secret place**; and your Father who sees in secret will reward you openly.

The secret place is the place of God's presence. It's that place where you go to meet Him. Where you don't want anyone else to find you. It's not just hiding from others...you can do that in lots of places...it's more about finding Jesus...it's the secret place of the **Most High!**

If He's the Most High...there is none that compares...and He should be the most high priority!

If you live in the secret place...you will dwell in the shadow of the Almighty. Sounds good huh?

There's a difference between living and dwelling (*in this verse when you look at the Hebrew meanings*). **Live** was to sit and stay. But this word for **dwell** actually means to "lodge, stop over, pass the night"

If you sit and stay in God's presence, you will stop over or stay the night in the shadow of the Almighty.

Why do you need to stop over in the shadow? For a break from the heat.

When you are facing the heat...the shadow gives you time to recover...it restores power! But then you eventually have to go face the heat again!

The Psalmist uses two words for God here: Most High and Almighty.

**Most High** speaks of position. That's why It's where you want to live, sit, rest...in His presence. You need to be IN CHRIST to work IN the power of the Holy Spirit.

**Almighty** speaks of power. It's where you have to stop over to recharge when you are worn down. It's relying on Him to block the heat and refresh your soul to continue on!

THIS IS OUR GOD! It's the basis for the rest of Psalm 91. If you don't start here, you don't get to claim the rest of it!

**Psalm 91:2 (CSB)**

I will say concerning the Lord, who is my refuge and my fortress,  
my God in whom I trust:

NOW...if you live in the secret place of the Most High, stop under the shadow of the Almighty...THIS IS WHERE...You can SAY concerning the Lord.

This is when you have the right to proclaim His promises!

I claim the promises of God who is my refuge...that's my shelter from the storm, my place of security!

And my fortress ,where He protects me from attacks...

Here are the promises you now have the right to declare:

**Psalm 91:3 (CSB)**

He himself will rescue you from the bird trap,  
from the destructive plague.

What is a bird trap? It's a trap to capture a bird, right? How does it get there? Someone places it, and sets it. (not God, but how often do we blame Him)

Not only does someone place it and set it, but they use something to entice the bird to enter the trap! It's not done by mistake...it's specifically designed to draw the bird in and capture it!

This is a metaphor for us... people who the enemy is constantly working to capture. And he does this many ways but listen...the bait for the trap...it's bait that draws YOU IN. And it's meant to be destructive!

This is why you NEED to live in that secret place. Because you will someday, sometime, enter the trap...how do I know that you WILL? It doesn't say God will **protect** you from the trap...it says He, Himself, will **RESCUE** you, snatch you away from the trap, tear you out of the trap!

That means you got IN IT! But God Himself will rescue you.

You know there are times when you send someone that works under you, to go take care of something. If it's not too critical and you know they can handle it...but if it's to save something that is on the verge of destruction...you go yourself! God, Himself will rescue you!

**Psalm 91:4 (CSB)**

He will cover you with his feathers;  
you will take refuge under his wings.  
His faithfulness will be a protective shield.

How good is our God? That He doesn't just save you from destruction, but then He covers you with His wings! God doesn't literally have wings...it's another metaphor.

Picture a mother bird in a nest...she covers her young with her feathers, right? She protects them under her wings. So if anything from the outside tries to come at them when they are weak, they have to go through her first!

His faithfulness will be a protective shield!

**Psalm 91:5-6 (CSB)**

You will not fear the terror of the night,  
the arrow that flies by day,

6 the plague that stalks in darkness,  
or the pestilence that ravages at noon.

## **YOU WILL NOT FEAR!**

If God is your protective shield...**don't fear the terror of the night**...go to sleep, rest easy!

Sen. Darren Bailey said, *"If you can't sleep, don't count sheep, PRAY!"*

You **don't fear the arrows** that fly by during the day...all that means is you are under fire...but they aren't going to hit you...not if you're under His wing!

**Don't fear the plague in darkness or the pestilence at noonday.** HOWEVER it falls...God is able to defend His people! No matter what it looks like!

### **Psalm 91:7-8 (CSB)**

Though a thousand fall at your side  
and ten thousand at your right hand,  
the pestilence will not reach you.

8 You will only see it with your eyes  
and witness the punishment of the wicked.

No matter how many people are falling to plague or pestilence. It will not reach you! Yes, I know that people of God die of sickness and disease...listen to this:

*"It is impossible that any ill should happen to the man who is beloved of the Lord; the most crushing calamities can only shorten his journey and hasten him to his reward. Ill to him is no ill, but only good in a mysterious form. Losses enrich him, sickness is his medicine, reproach is his honour, death is his gain. No evil in the strict sense of the word can happen to him, for everything is overruled for good."*

~ **Charles Spurgeon**

And God not only protects His chosen, He has also appointed a "reward" for the wicked. And this, whatever it is, will not harm us...we will only be spectators who see it with their eyes.

### **Psalm 91:9-10 (CSB)**

Because you have made the Lord—my refuge,  
the Most High—your dwelling place,  
10 no harm will come to you;  
no plague will come near your tent.

Do you see here again where the Psalmist repeats that this promise is for those who sit and stay in that secret place of the Most High...positioning is everything when it comes to the spiritual.

Martin Luther wrote that this refers to *“one who really dwells and does not merely appear to dwell and does not just imagine that he dwells”* in God.

No plague comes near your tent...that's where you live. Like the Israelites when they marked their homes with the blood of the lamb and the plague passed over them...are you marked with the blood of Jesus, that protects you from harm.

Do you speak that out loud? “I am protected by the blood of Jesus! No plague can come near my house!”

**Psalm 91:11-12 (CSB)**

For he will give his angels orders concerning you,  
to protect you in all your ways.  
12 They will support you with their hands  
so that you will not strike your foot against a stone.

I don't even have time to get into this...but there are angels that God has placed over you to protect you and support you! But it doesn't give you the right to act foolishly...

Don't misuse this scripture like the devil...

**Matthew 4:6 (CSB)**

and said to him, “If you are the Son of God, throw yourself down. For it is written:  
He will give his angels orders concerning you,  
and they will support you with their hands  
so that you will not strike  
your foot against a stone.”  
7 Jesus told him, “It is also written: Do not test the Lord your God.”

Church, don't test God. Jesus wouldn't throw Himself off a cliff and you shouldn't either. Use wisdom in the things you do. But not the wisdom of man...seek the wisdom of the Holy Spirit.

God doesn't promise protection in your sinful ways...He promises it when you live in His presence! Don't test God...

**Psalm 91:13 (CSB)**

You will tread on the lion and the cobra;  
you will trample the young lion and the serpent.

God doesn't ONLY protect us...He grants us victory. We don't just make it through it, we are part of God's plan to destroy the works of the enemy!

You will tread on the lion and the cobra...this means you will lead the march! And as you lead the march...more will come...the offspring of the enemy...they will keep coming...but IF you keep leading the march, you will trample them...crushing the enemy!

These are the promises for those who sit and stay in the secret place. And God responds to this person...

**Psalm 91:14-16 (CSB)**

Because he has his heart set on me,  
I will deliver him;  
I will protect him because he knows my name.  
15 When he calls out to me, I will answer him;  
I will be with him in trouble.  
I will rescue him and give him honor.  
16 I will satisfy him with a long life  
and show him my salvation.

**BECAUSE** he has his heart set on Me!

Don't fear...remember you don't have to fear the terror of night, arrows in the light, plagues in darkness, pestilence at noonday.

*"We live to live, we don't live to not die."* ~ **John Sprecher**

It doesn't matter how many you see around you being taken out. YOU...if you belong to Jesus, if you are born again, under the blood of Jesus, you are protected under His wings.

Set your heart on Him. Receive His blessings

- The blessing of His presence: **I will be with him in trouble.**
- The blessing of His protection: **I will deliver him.**
- The blessing of His promotion: **I will honor him.**
- The blessing of His prosperity: **I will satisfy him with a long life.**
- The blessing of His preservation: **And show him My salvation.**

We all have an enemy trying to destroy us. We all need a safe house.  
The safe house is that secret place.

Are you dwelling in God's Secret Place this morning? Do you know Jesus as your Savior? Have you been washed in the Blood of the Lamb and Born Again by the power of the Holy Ghost?

Let us draw ever nearer to the Lord in prayer and in dedicated living for Him. Let us search for God's Secret Place until we find it and then let us stay there.