# Launch over Lunch Fall 2021-Spring 2022

## Purpose

Launch over Lunch is a cohort-based class from September through April designed for people who want to discover their calling. This includes exploring our identity in Christ (primary calling) and our God-given unique gifting (secondary calling). The goal is to help participants get clarity and focus on these in order to bring the Gospel to bear in their family, business, church, etc.

Launch over Lunch places a heavy emphasis upon discerning and stepping into God's unique call for each participant's life. This is accomplished by creating a community (or cohort) conducive to growth in Christ-likeness and walking through high-quality content together.



# **Character Requirements**

By entering into this class, you're *voluntarily* opening yourself up to God and others for insight into your life. First, it requires frank conversation and the guarantee of confidentiality from each member of the cohort. Second, it requires a high level of commitment from each person. You must trust this group and leaders that they have your best interests in mind. It also requires you to put forth a high level of self-examination, calls for you to be brutally honest with yourself, and embrace God's vision for your life (and not your own). There will be times that you may be tempted to "push back" from the involvement of others, but it's imperative that you stay humble and open! In short, this will be effective to the degree that you embody these attributes:

- Dependency upon God
- Display of Deacon Characteristics
- Hard Working Ethic
- Humility & Authenticity to Cohort
- Cohort Confidentiality
- Faithfulness to Leaders & Requirements
- Teachable Spirit
- Honesty with Self & Others
- Readiness to Change

## **Time & Financial Requirements**

Please budget 6-7 hours per month for Launch over Lunch. Three of these hours will be meeting every other Sunday from 12-3 pm at the church building. Two of these hours will be spent on homework between meetings. Periodically, there will also be a one-on-one meeting with John Fooshee.

Since we will have lunch for each bi-weekly meeting, we ask that you bring (or order in) your own lunch. We also ask you to budget about \$100 for materials. An additional fee could be included for parents who desire childcare (but we'll consider interest first).

## **Customized Game Plan**

Our desired outcome is to boost your identity in Christ, and clarity of your God-given calling. Towards the end of our time (March), we'll lead you through a thorough assessment of all aspects of your life. This will explore several areas such as assessing your character, calling, marriage and family life, emotional intelligence, and theology.

This assessment will help you craft a personal game plan (April) designed to focus your time and energy, and give you practical "next steps" in order to make a redemptive impact in your spheres of influence.

# **Location & Dates**

This group will meet at the church building on the following dates. (Please make sure that you won't miss more than two of these.)

Fall	Winter/Spring
Sep 26, 2021 - Introduction	Jan 9, 2022) - Life Metaphor
Oct 10, 2021 - Life Evaluation	Jan 23, 2022 - Your Life Prayer
Oct 24, 2021 - Gospel Health	Feb 6, 2022 - Evaluating Your Work
Nov 7, 2021 - Family Communication	Feb 20, 2022 - Opportunities
Nov 21, 2021 - Your Work & Gifts	Mar 6, 2022 - Game Plan (Design)
Dec 5, 2021 - Assessing Your Gifts	Mar 20, 2022 - Game Plan (Feedback)
(Five-week break for the Holidays)	Apr 3, 2022 - Game Plan (Presentations)

# How to Jump In

While Launch into Lunch starts September 26th, we're keeping the number of participants limited. To reserve your spot, email John Fooshee at john@oakcityacademy.com.