

Month 8 | Week 3
September 20, 2021

GENTLENESS

Refreshment



Matthew 11:29

“Simply join your life with mine. Learn my ways and you’ll discover that I’m gentle, humble, easy to please. You will find refreshment and rest in me” (TPT).

Devotional

God guides us with gentle love. See Isaiah 40:11, “He will protect His flock like a shepherd, He will gather the lambs in His arm, He will carry them in His bosom; He will gently and carefully lead those nursing their young” (AMP). As we pursue and walk in gentleness we receive refreshment and blessing. “Blessed [inwardly peacefully, spiritually secure, worthy of respect] are the gentle [the kind-hearted, the sweet spirited, the self-controlled], for they will inherit the earth” (Matthew 5:5, AMP). Wow oh Wow, what blessing!

“You have also given me the shield of Your salvation, And your right hand upholds and sustains me; Your gentleness [Your gracious response when I pray] makes me great” (Psalm 18:35, AMP). His gentleness makes us great. It is so important to seek Him in prayer (taking time to talk with Him) and gather refreshment and rest, while also walking out His plans and purposes.

Study

Take time this week to study Matthew 11:29, the Amplified version says, “Take my yoke upon you and learn from Me [following Me as My disciple], for I am gentle and humble in heart, and you will find rest (renewal, blessed quiet) for your souls”.

Reflection & Action

- Soak up His refreshment this week, join your life with His.
- How has the Lord recently showed you His gentleness?



