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The 5th Sunday after Pentecost

JULY 5, 2020

Welcome! Whether you're joining us in person at the cathedral or online via Facebook livestream, or even watching the service later, we are glad you are here. This order of service will help you participate in the eucharist, wherever you may be.

- Turn off your telephone;
- Find a good place where you won't be interrupted;
- Whether you are by yourself or with someone else, join in reciting those parts of the service marked in bold print;
- At the Offertory offer to God the gift of your time and your talents.

THE GATHERING OF THE COMMUNITY

Prelude:

‘Softly and Tenderly, Jesus Is Calling’

The Greeting

Presider

Blessed are you, holy and living One,

you send forth your Spirit

and renew the face of the earth. Amen. Alleluia!

The Collect for Purity

Presider

Almighty God,

to you all hearts are open,

all desires known,

and from you no secrets are hidden.

Cleanse the thoughts of our hearts

by the inspiration of your Holy Spirit,

that we may perfectly love you,

and worthily magnify your holy name;

through Christ our Lord. Amen.

Hymn of Praise:

‘I Heard the Voice of Jesus Say’

Common Praise 508

During the playing of the hymn’s tune we will reflect on the words silently in our hearts.

**I heard the voice of Jesus say,
“Come unto me and rest;
lay down, thou weary one,
lay down thy head upon my breast.”
I came to Jesus as I was,
so weary, worn, and sad;
I found in him a resting place,
and he has made me glad.**

**I heard the voice of Jesus say,
“I am this dark world’s light;
look unto me, thy morn shall rise,
and all thy day be bright.”
I looked to Jesus and I found
in him my star, my sun;
and in that light of life I’ll walk
till travelling days are done.**

The Collect of the Day

Presider

Let us pray.

After a brief silence the Presider offers the Collect of the Day.

God of heaven and earth, you reveal your wisdom to the childlike; may we learn from your Son humility of heart, so that we find refreshment and rest even as we shoulder the cross of Christ; who, with you and the Holy Spirit, lives and reigns, one God, now and for ever. **Amen.**

THE PROCLAMATION OF THE WORD

The First Reading: Genesis 24.34-38, 42-49, 58-67

*Before the Reading the Reader says,
A reading from Genesis.*

[Abraham's emissary said to Laban, Rebekah's brother], "I am Abraham's servant. The Lord has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master's wife bore a son to my master when she was old; and he has given him all that he has. My master made me swear, saying, 'You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; but you shall go to my father's house, to my kindred, and get a wife for my son.'

"I came today to the spring, and said, 'O Lord, the God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, "Please give me a little water from your jar to drink," and who will say to me, "Drink, and I will draw for your camels also" – let her be the woman whom the Lord has appointed for my master's son.'

"Before I had finished speaking in my heart, there was Rebekah coming out with her water jar on her shoulder; and she went down to the spring, and drew. I said to her, 'Please let me drink.' She quickly let down her jar from her shoulder, and said, 'Drink, and I will also water your camels.'

So I drank, and she also watered the camels. Then I asked her, ‘Whose daughter are you?’ She said, ‘The daughter of Bethuel, Nahor’s son, whom Milcah bore to him.’ So I put the ring on her nose, and the bracelets on her arms. Then I bowed my head and worshiped the Lord, and blessed the Lord, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master’s kinsman for his son. Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left.”

And they called Rebekah, and said to her, “Will you go with this man?” She said, “I will.” So they sent away their sister Rebekah and her nurse along with Abraham’s servant and his men.

And they blessed Rebekah and said to her, “May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes.”

Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way.

Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb. Isaac went out in the evening to walk in the field; and looking up, he saw camels coming. And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel, and said to the servant, “Who is the man over there, walking in the field to meet us?” The servant said, “It is my master.” So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac brought her

into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death.

After the Reading the Reader says,
Hear what the Spirit is saying to the Church.
Thanks be to God.

The Psalm of the Day: Psalm 45.10-17

Psalmist

Our help is in the name of the Lord.
Our help is in the name of the Lord.

10

“Hear, O daughter; consider and listen closely; *
forget your people and your father's house.

11

The king will have pleasure in your beauty; *
he is your master; therefore do him honour.

12

The people of Tyre are here with a gift; *
the rich among the people seek your favour.”

People

Our help is in the name of the Lord.

13

All glorious is the princess as she enters; *
her gown is cloth-of-gold.

14

In embroidered apparel she is brought to her
sovereign; *
after her the bridesmaids follow in procession.

15

With joy and gladness they are brought, *
and enter into the royal palace.

People

Our help is in the name of the Lord.

16

“In place of fathers, O king, you shall have sons; *
you shall make them princes over all the earth.

17

I will make your name to be remembered from one
generation to another; *
therefore nations will praise you for ever and
ever.”

People

Our help is in the name of the Lord.

The Second Reading: Romans 7.15-25a

Before the Reading the Reader says,

A reading from Paul’s Letter to the Romans.

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost

self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

After the Reading the Reader says,
Hear what the Spirit is saying to the Church.
Thanks be to God.

The Gospel Alleluia

Presider
Alleluia. Alleluia. Blessed is our God, Lord of heaven
and earth,
who has revealed these things to the simple.
Alleluia. Alleluia.

The Gospel: Matthew 11.16-19, 25-30

Before the Gospel the Deacon says,
The Lord be with you.
And also with you.
The Holy Gospel of our Lord Jesus Christ according
to Matthew.
Glory to you, Lord Jesus Christ.

[Jesus said to the crowds,] “But to what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, ‘We played the flute for you, and you did not dance; we wailed, and you did not mourn.’ For John came neither eating nor drinking, and they say, ‘He has a demon’; the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son

except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

*After the Gospel the Deacon says,
The Gospel of Christ.*

Praise to you, Lord Jesus Christ.

The Sermon: The Rev'd Carole Neilson

After the Sermon we have a period for silent reflection.

The Apostles' Creed

Deacon

I believe in God,
**the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ,
God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come again
to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

THE PRAYERS OF THE COMMUNITY

Intercessions, Petitions and Thanksgivings

Leader of the Prayers

Let us come before God to offer our intercessions, petitions and thanksgivings, saying, “Holy One, we give you thanks.”

Holy One, we give you thanks.

We thank you for the revelation of your gift of abundant life and for the rest coming to those who put their trust in you:

Holy One, we give you thanks.

We thank you for entrusting us with the message of grace, that we might speak a reconciling word to our age:

Holy One, we give you thanks.

We thank you for the people of faith who surround us and for the family and friends, teachers and clergy who assist our growth in grace:

Holy One, we give you thanks.

We thank you for the gifts of creation and for wholesome times of recreation:

Holy One, we give you thanks.

We thank you for those who tend the sick, accompany the frustrated, visit the lonely, comfort

the dying, and minister to any in need:

Holy One, we give you thanks.

We thank you for sustaining all who are oppressed, all who suffer for reasons of conscience, all who are passionate for justice:

Holy One, we give you thanks.

Into your hands, O God, we commend all for whom we pray, trusting in your mercy, through Jesus Christ our Lord. **Amen.**

Confession and Absolution

Deacon

Jesus Christ, risen and ascended, we come to you in sorrow for our sins, and confess to you our weakness and unbelief. In your mercy, forgive us.

Lord, hear us and help us.

We have lived by our own strength, and not by the power of your resurrection. In your mercy, forgive us. **Lord, hear us and help us.**

We have lived by the light of our own eyes, as faithless and not believing. In your mercy, forgive us. **Lord, hear us and help us.**

We have lived for this world as it is, and doubted the world as you would have it become. In your mercy, forgive us. **Lord, hear us and help us.**

Presider

May the God of love and mercy forgive you and free you from your sins, heal and strengthen by the Holy Spirit, and raise you to new life in Christ our Lord.

Amen.

The Exchange of the Peace

Presider

The peace of Christ be always with you.

And also with you.

The Offertory Hymn:

‘Eternal Spirit of the Living Christ’

Common Praise #557

**Eternal Spirit of the living Christ,
I know not how to ask or what to say;
I only know my need, as deep as life,
and only you can teach me how to pray.**

**Come, pray in me the prayer
I need this day;
help me to see your purpose and your will
where I have failed, what I
have done amiss;
held in forgiving love, let me be still.**

**Come with the strength I lack,
the vision clear
of neighbour’s need, of all humanity;
fulfilment of my life in love outpoured;
my life in you, O Christ; your love in me.**

The Prayer over the Gifts

Presider

Let us pray.

God of heaven and earth, receive our sacrifice of
praise, and strengthen us for the perfect freedom
of your service, through our Saviour Jesus Christ.
Amen.

The Lord's Prayer

Presider

As our Saviour taught us, let us pray.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

THE SENDING FORTH OF THE COMMUNITY

The Concluding Prayer

Presider

Let us pray.

*After a brief silence the Presider offers the
Concluding Prayer.*

O God, may we never fail to serve you in your world,
and so come to the fullness of joy, in the name of
Jesus Christ our Lord. **Amen.**

The Doxology

Presider

Glory to God,

**whose power, working in us, can do infinitely
more than we can ask or imagine. Glory to God**

from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Announcements

The Blessing of the Community

Presider

May the Spirit who hovered over the waters when the world was created breathe into being the life God wills for all creation. **Amen.**

May the Spirit who, with the Virgin Mary, caused eternal Word to become incarnate among us make you joyful in the service of God. **Amen.**

May the Spirit who set the apostles on fire upon the day of Pentecost bring the world alive with the love of the risen Christ. **Amen.**

And the blessing of the holy and undivided Trinity, one God, be among you and remain with you always. **Amen.**

The Recessional Hymn:

‘To God Be the Glory’

Common Praise #371

**To God be the glory,
who great things has done!
God so loved the world,
freely sending the Son,
who yielded his life
an atonement for sin,
and opened the life-gate
that all may go in.**

**Praise the Lord! Praise the Lord!
Let the earth hear God's voice.
Praise the Lord! Praise the Lord!
Let the people rejoice!
O come to the Father
through Jesus the Son,
and give God the glory,
who great things has done!**

**Great things God has taught us,
great things God has done,
and great our rejoicing
through Jesus the Son;
but purer and higher
and greater will be
our wonder, our gladness
when Jesus we see.**

**Praise the Lord! Praise the Lord!
Let the earth hear God's voice.
Praise the Lord! Praise the Lord!
Let the people rejoice!
O come to the Father
through Jesus the Son,
and give God the glory,
who great things has done!**

The Dismissal

Deacon

Go in peace bringing Christ's rest to those who are weary. Alleluia. Alleluia.

Thanks be to God. Alleluia! Alleluia!

Postlude:

'The Battle Hymn of the Republic'

Assisting with Worship

Greeters	Birgit Petersen Sybil Collett Kate Abel Geoff Clements
Organist	George Ryan
Readers	Brian Dobbin Vi Calhoun
Psalmist	Anne Parker
Intercessor	Kate Abel
Presider	The Ven. Richard Leggett
Preacher	The Rev'd Carole Neilson
Assist. Curate	The Rev'd Tasha Carrothers
Deacon	The Rev'd Carole Neilson

The Flowers at the Altar

The flowers at the altar are given to the glory of God and in loving memory of her parents RAE and NANCY KRUSE and her brother JOHN with love from Janet Taylor.

Breakfasts Served: Saturday, June 28

We served 10 take out breakfasts at Holy Trinity Cathedral on Saturday and delivered 27 to the Emergency Youth Centre and they were glad to see us.

WEEKLY CALENDAR

July 7:00pm Trinity
7 Tuesday (Zoom)

July 8:00am Liturgy of
12 the Word (In-Person)

July 8:00am Liturgy of
8 the Word (In-Person
& Facebook-live)

July 10:00am Liturgy of
12 the Word (In-Person
& Facebook-live)

July 5:30 pm Vespers
9 (Zoom)