



# CHRIST CHURCH CATHEDRAL OTTAWA

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*A diverse and vibrant parish that glorifies God and welcomes all people*

## WELCOME

*It is so wonderful to gather and worship together! **Please note that masks are required to be worn at all times except when receiving communion.** If you require a headset for hearing assistance or you require communion to be brought to you in the pew, please speak with a Duty Warden or Sidesperson. Sunday school resources are currently available online.*

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## FOURTEENTH SUNDAY AFTER PENTECOST

**August 29<sup>th</sup>, 2021**

10.30 am Sung Eucharist (BAS)  
*New Plainsong Mass – David Hurd*

The flowers are given to the Glory of God  
in loving memory of George and Bertha Roper.

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**Prelude**

*Intermezzo (Sonata 8) - Josef Rheinberger*

## THE GATHERING OF THE COMMUNITY

**Hymn 393**

*Immortal, invisible, God only wise*

**Greeting**

Dear friends, we gather this day on the traditional territory of the Algonquin Nation.  
**May we always dwell on this land with respect and peace.**

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

**And also with you.**

Almighty God,

**to you all hearts are open, all desires known and from you no secrets are hidden;  
cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may  
perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.**

**Gloria**

*Glory to God in the highest, and peace to his people on earth. Lord God, heavenly king,  
almighty God and Father, we worship you, we give you thanks, we praise you for your*

*glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.*

### **Collect of the Day**

Author and Giver of all good things, graft in our hearts the love of your name, increase in us true religion, nourish us in all goodness, and of your great mercy keep us in the same; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## **THE PROCLAMATION OF THE WORD**

### **First Reading**

*Song of Solomon 2:8-13*

A reading from the Song of Solomon.

The voice of my beloved! Look, he comes, leaping upon the mountains, bounding over the hills. My beloved is like a gazelle or a young stag. Look, there he stands behind our wall, gazing in at the windows, looking through the lattice. My beloved speaks and says to me: "Arise, my love, my fair one, and come away; for now the winter is past, the rain is over and gone. The flowers appear on the earth; the time of singing has come, and the voice of the turtledove is heard in our land. The fig tree puts forth its figs, and the vines are in blossom; they give forth fragrance. Arise, my love, my fair one, and come away."

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

### **Psalm 45:1-2, 7-10**

*My heart is stirring with a noble song; let me recite what I have fashioned for the king; my tongue shall be the pen of a skilled writer. You are the fairest of men; grace flows from your lips, because God has blessed you for ever. Your throne, O God, endures for ever and ever, a sceptre of righteousness is the sceptre of your kingdom; you love righteousness and hate iniquity. Therefore God, your God, has anointed you with the oil of gladness above your fellows. All your garments are fragrant with myrrh, aloes, and cassia, and the music of strings from ivory palaces makes you glad. Kings' daughters stand among the ladies of the court; on your right hand is the queen, adorned with the gold of Ophir.*

### **Second Reading**

*James 1:17-27*

A reading from the letter of James.

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In

fulfilment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures. You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls. But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act - they will be blessed in their doing. If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

**Gradual**

*Blest are the pure in heart – H. Walford Davies*

*Blest are the pure in heart, For they shall see our God: The secret of the Lord is theirs, Their soul is Christ's abode. Still to the lowly soul He doth himself impart, And for his dwelling and his throne Chooseth the pure in heart.*

**Holy Gospel**

*Mark 7:1-8, 14-15, 21-23*

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, Lord Jesus Christ.**

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around Jesus, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?" He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written, 'This people honours me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.' You abandon the commandment of God and hold to human tradition." Then he called the crowd again and said to them, "Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile. For it is from within, from the human heart, that evil intentions come:

fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person."

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

## **Sermon**

### **Apostles' Creed**

Let us confess the faith of our baptism, as we say,

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

### **Prayers of the People**

Let us pray.

Let us pray in faith and with thanksgiving to the God of heaven and earth, saying "Lord, hear our prayer."

We pray for one another, for our families and friends, through whom we learn to love and to be loved. Thank you for all who care for us. Give us grace to serve Christ by serving our neighbours and our community, loving others as he loves us.

Let us pray to the Lord:

**Lord, hear our prayer.**

We pray for Indigenous neighbours, and we ask that you will help us hear, honour and respect their story. Give us humility, and help us to work for justice, reconciliation, healing and right relationship. We pray for all of our relations.

Let us pray to the Lord:

**Lord, hear our prayer.**

We thank you for the unfailing love you hold out to everyone in Jesus Christ. Comfort and heal those in sorrow, need, sickness or any other trouble. Give them courage and hope in their distress, and bless those who minister to them.

Let us pray to the Lord:

**Lord, hear our prayer.**

We remember with gratitude your many gifts to us in creation and the rich heritage of this land. Help us and people everywhere to share with justice and peace the resources of the earth. Give wisdom to those in authority among us and to all leaders of the nations.

Let us pray to the Lord:

**Lord, hear our prayer.**

We pray for your Church throughout the world, thanking you for all who serve Christ and his kingdom. By your Spirit strengthen your people for their work and witness in the world. Unite us in your truth and love, that we who confess your name may also reflect your glory.

Let us pray to the Lord:

**Lord, hear our prayer.**

We remember with thanksgiving all who have died in Christ, and we rejoice at the faithful witness of your saints in every age, praying that we may enter with them into the unending joy of your heavenly kingdom.

Let us pray to the Lord:

**Lord, hear our prayer.**

Merciful God, you look with compassion on all who turn to you. Hear the prayers of your people. Grant that what we have asked in faith we may by your grace receive; through Jesus Christ our Lord. **Amen.**

## **The Peace**

The peace of the Lord be always with you.

**And also with you.**

## **Offertory Hymn 529**

*God, my hope on you is founded*

*Please note that the collection plate will not be passed but it is available at the back of the Cathedral before and after the service. You may also make an offering to the Cathedral by sending an e-transfer to [info@ottawacathedral.ca](mailto:info@ottawacathedral.ca) or by going to <https://www.canadahelps.org/en/dn/5519>. Thank you!*

## **THE CELEBRATION OF THE EUCHARIST**

### **Prayer Over the Gifts**

Merciful God, receive all we offer you this day. Give us grace to love one another that your love may be made perfect in us. We ask this in the name of Jesus Christ our Lord. **Amen.**

### **The Great Thanksgiving**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right to give you thanks and praise, O Lord, our God, sustainer of the universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home; by your will they were created and have their being.

**Glory to you for ever and ever.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill; you made us the stewards of creation.

**Glory to you for ever and ever.**

But we turn against you, and betray your trust; and we turn against one another. Again and again you call us to return. Through the prophets and sages you reveal your righteous law. In the fullness of time you sent your Son, born of a woman, to be our Saviour. He was wounded for our transgressions, and bruised for our iniquities. By his death he opened to us the way of freedom and peace.

**Glory to you for ever and ever.**

Therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn: *Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

Blessed are you, Lord our God, for sending us Jesus, the Christ, who on the night he was handed over to suffering and death, took bread, said the blessing, broke the bread, gave it to his friends, and said, "Take this, and eat it: this is my body which is given for you. Do this for the remembrance of me."

In the same way, after supper, he took the cup of wine; he gave you thanks, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

**Glory to you for ever and ever.**

Gracious God, we recall the death of your Son Jesus Christ, we proclaim his resurrection and ascension, and we look with expectation for his coming as Lord of all the nations. We who have been redeemed by him, and made a new people by water and the Spirit, now bring you these gifts. Send your Holy Spirit upon us and upon this offering of

your Church, that we who eat and drink at this holy table may share the divine life of Christ our Lord.

**Glory to you for ever and ever.**

Pour out your Spirit upon the whole earth and make it your new creation. Gather your Church together from the ends of the earth into your kingdom, where peace and justice are revealed, that we, with all your people, of every language, race, and nation, may share the banquet you have promised; through Christ, with Christ, and in Christ, all honour and glory are yours, creator of all.

**Glory to you for ever and ever. Amen.**

## **The Lord's Prayer**

Our Father,

**who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

## **Breaking of the Bread**

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

The gifts of God for the People of God.

**Thanks be to God.**

## **Agnus Dei**

## **Communion**

*For Communion, please proceed in a single line to the chancel. Each group seated together then moves to the altar rail in front of the clergy. For a blessing, cross your hands over your chest; for gluten-free, hold out one hand; for a regular wafer, hold out two hands. The common cup has been deemed safe, but if you are uncomfortable taking the cup, receiving in one kind is full communion. Intinction (dipping the wafer in the wine) is strictly prohibited. Please remove your mask, receive communion, and replace your mask before returning to your seat via one of the side aisles.*

## **Motet**

*O strength and stay – arr. W.H. Harris*

*O strength and stay upholding all creation, Who ever dost thyself unmoved abide, Yet day by day the light in due gradation From hour to hour, through all its changes guide; Hear us, O Father, gracious and forgiving, Through Jesus Christ thy coeternal Word, Who, with the Holy Ghost, by all things living Now and to endless ages art adored. Amen.*

## THE SENDING OF THE COMMUNITY

### Prayer after Communion

Almighty God, you renew us at your table with the bread of life. May your holy food strengthen us in love and help us to serve you in each other. We ask this in the name of Jesus Christ our Lord. **Amen.**

Glory to God,

**whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

### Blessing and Dismissal

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of the Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace, to love and serve the Lord.

**Thanks be to God.**

### Hymn 619

*Fairest Lord Jesus*

### Postlude

*Scherzoso (Sonata 8) - Josef Rheinberger*

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*Celebrant*

Canon Doug Richards

*Gospeller and Preacher*

Canon Hilary Murray

*Organist*

James Calkin

*Cantor*

Gary Dahl

*Readers*

Hugh Henderson, Ted Livingstone

*Intercessor*

Jamie Tomlinson

*Duty Warden*

Margaret Porter

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Liturgy: *The Book of Alternative Services* ©1985 by the General Synod of the Anglican Church of Canada. Readings: *New Revised Standard Version Bible (NRSV)* Anglicized Edition, ©1989, 1995, Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Hymns from *Common Praise*.

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## READINGS NEXT SUNDAY

### September 5<sup>th</sup> – Fifteenth Sunday after Pentecost

Proverbs 22:1-2, 8-9, 22-23; Psalm 125; James 2:1-10, 14-17; Mark 7:24-37

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## CHRIST CHURCH CATHEDRAL DIRECTORY

*Anishinabe aking ate awaso kikinawadjichigan ~ A place of prayer on Algonquin territory  
The Anglican Cathedral in the Nation's Capital  
Cathedral of the Canadian Forces Anglican Military Ordinariate*

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*The Right Reverend Shane Parker, Bishop of Ottawa*

*The Very Reverend Beth Bretzlaff (ext.16), Dean of Ottawa and Rector*

*The Reverend Canon Douglas Richards (ext.19), Vicar*

*The Reverend Canon Hilary Murray (ext.11), Canon Pastor*

*Albert Dumont (Oshki Nodin), Algonquin Teacher in Residence*

*Archdeacon Pat Johnston, Archdeacon Michelle Staples, Honorary Assistants*

*Deacon Christine Jannasch (613-818-1754), Spiritual Director in Residence*

*Josephine Hall (ext.29), Cathedral Administrator*

*Gillian Wheeler, Jane Morris, Church Wardens*

*Natasha Coolen, Sunday School Coordinator*

*James Calkin (ext.20), Director of Music and Organist*

*Andrew McAnerney (ext.12), Associate Director of Music*

*Nicholas Walters, Assistant Organist*

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