**Acts: resilience**

**Joy In The City**

**(ref podcast Reasons to Be cheerful)**

<https://freakonomics.com/podcast/reasons-to-be-cheerful-rebroadcast/>

Overcome negativity by having a “Low bad Diet”

John Thierney (Journalist) “in general it takes about 4 good things to overcome one bad thing.”

**Acts 8 GOOD THINGS**

1. Philip takes joy to Samaria
2. Simon is saved (goes from summoning spirits to being filled with the Spirit)
3. Simon is baptised
4. Ethiopian has scripture explained to him
5. Ethiopian is saved and baptised
6. The message starts to go to the ends of the earth

**Acts 8 BAD THING?**

1. Stephen was stoned and the church was put under severe persecution

**READ: ACTS 8:1-3**

* Devout men buried Stephen and mourned deeply over him.

**READ: ACTS 8 :4-8**

- So there was great Joy in the city

Saviour’s proclamation > Self preservation

**NOTHING OR SOMETHING?**

*The news of ­nothing presented as something\_ is the distraction that robs your joy.*

This is something REALLY IS SOMETHING!

The 7 things the apostles did:

1. They ­­­­­grieved deeply
2. performed many miracles
3. left JOY in the city
4. relished explaining Jesus’ story
5. sent news back
6. heard the news because they were the news!
7. Left home to follow Jesus

**Bottom Line**

The gospel changes lives and it leaves JOY in its wake.

Joy comes from rest

Rest comes from burdens laid down, chains broken off, hearts set free.

Let your life be the GOOD news that others read!

**Read Acts 8:31- 38 [relish telling Jesus’ story]**