



THE
ABBÉY
CHURCH



3rd century manuscript - Ephesians 1

Pentecost + 13

Aug 22, 2021 + 4pm

Welcome to the AbbeyChurch.

No matter who you are or what you are carrying today, know you are beloved and so very welcome here!

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation – and strive to practice the teachings of Jesus.

We're at different places in our faith journey - but we share a guiding sacred Story as found in scripture (The Bible) and summarized in ancient Christian creeds.

We share a willingness to honestly wrestle with God, and with our questions and doubts.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressives, overeducated, undereducated, overhoused, underhoused, certain, doubting, hurting, thriving (to name a few).

We believe that Christ's love binds our differences together in unity as we gather each week at Jesus' table of welcome.

The AbbeyChurch worships, prays, plays and gathers on the traditional and unceded lands of the Songhees and Esquimalt Nations.

*Come as you are, people of the Spirit...
Filled with the breath of God!*

We Gather

Tolling of the Bells

Welcome

Land Acknowledgment

Bell x 3

God is shade from August heat,

the sweetness of a blackberry right off the bush,

a drink from the corner store pressed to our foreheads.

God is the ripe belly of a rain cloud to parched soil;

They are the soil itself, rich brown whispering of blooming.

God is the dark purple leaves of a cherry plum tree.

They are the invitation to rest found in the ink of night sky.

God loves melanin, shade, the wonder of deep hues.

Let us gather in the shadow of God's wings!

Sacred Mystery, we know the logic of empire

influences our thoughts. Make vivid imagery beyond that of battle fields, breastplates, and waging war.

Teach us of ecosystems and of solidarity. School us in softness, intimacy, and soulful communication.

Empower us as we seek your wisdom so we may live a life of emboldened peace. Amen.

(enfleshed:spiritual nourishment for collective liberation)

During the song, AbbeyKids place the Gospel in the center and then are welcome to stay or head over to the hall for AbbeyKids.

Gathering Song We Will Make No Peace With Oppression

We will make no peace, no peace, no peace with oppression, we will make no peace, no peace. X2

Those who live by the sword will die by the sword.

We will stand against violence of every form.

We will march in the streets, "No justice, no peace!"

Arm in arm with our neighbour till we all stand free.

Chorus: Almighty God, help us not to be afraid.
Almighty God, give us your strength.

We will make no peace, no peace, no peace with oppression, we
will make no peace, no peace. X2

We won't turn away from the pain of our brothers,
cries of our sisters, grieving of our mothers.
We won't turn away from destructive politicians,
overflowing prisons, corruption in our systems. *Chorus*
Latifah Alattas, Liz Vice, Paul Zach. © 2020 Integrity's Alleluia! Music/Paul Zach
Publishing/Porters Gate Publications/SESAC/ CCLI

Let us pray together

**Creator, we give you thanks for all you are and all you bring
to us for our visit within your creation.**

**In Jesus, you place the Gospel in the centre of this Sacred
Circle through which all of creation is related.**

**You show us the way to live a generous and compassionate
life. Give us your strength to live together with respect and
commitment as we grow in your Spirit, for you are God,
now and forever. Amen.** (*Anglican Council of Indigenous Peoples*)

Poem "We Lived Happily During the War" by Ilya Kaminsky
selected by Benjamin Hertwig AbbeyChurch Poet-in-Residence

We Proclaim

The Psalm

**We say the psalm responsively.*

Psalm 84 Quam dilecta!

How dear to me is your dwelling, * O Lord of hosts!

**My soul has a desire and longing for the courts of the
Lord; * my heart and my flesh rejoice in the living
God.**

The sparrow has found her a house * and the swallow a
nest where she may lay her young;

**by the side of your altars, O Lord of hosts, * my
Sovereign and my God.**

Happy are they who dwell in your house! *They will always
be praising you.

**Happy are the people whose strength is in you, *
whose hearts are set on the pilgrims' way!**

Those who go through the desolate valley will find it a place of springs, * for the early rains have covered it with pools of water.

They will climb from height to height, * and you, the God of gods, will reveal yourself in Zion.

Lord God of hosts, hear my prayer; * hearken, O God of Jacob.

Behold our defender, O God; * and look upon the face of your anointed.

For one day in your courts is better than a thousand in my own room, * and to stand at the threshold of the house of my God than to dwell in the tents of the wicked.

For you, Lord God, are both sun and shield; * you will give grace and glory;

no good thing will you withhold, O Lord, * from those who walk with integrity.

O Lord of hosts, * happy are they who put their trust in you!

Glory to you Source of All Being, Eternal Word and Holy Spirit

As it was in the beginning, is now and ever shall be. World without end. Amen

The Epistle

A READING FROM THE LETTER OF PAUL TO THE EPHESIANS (6:10-20)

Finally, be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make

you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

...The word of the Lord. **Thanks be to God.**

Sermon

Rob Crosby-Shearer, EC

Bell / Silence / Bell

The Creed (A New Creed)

[we say together, standing in body or spirit:]

We are not alone. We live in God's world.

We believe in God: who has created and is creating,

who has come in Jesus, the Word made flesh,

to reconcile and make new,

who works in us and others by the Spirit.

We trust in God. We are called to be the Church:

to celebrate God's presence, to live with respect in

Creation, to love and serve others,

to seek justice and resist evil,

to proclaim Jesus, crucified and risen, our judge and our

hope. In life, in death, in life beyond death, God is with us.

We are not alone. Thanks be to God.

The United Church of Canada, 1968, alt.

Our Prayers

céline chuang | 莊善寧

The Confession

One: I confess to God and before you my siblings in Christ, that I have sinned of my own fault, in my thoughts and in my words, in the deeds I have done and in what I have failed to do. Now I ask you to pray for me.

Silence

May you know forgiveness from God who is your Source. May Christ embrace you in his Grace. And may the Holy Spirit nurture, encourage and strengthen you in the time of your testing as you seek God's will.

One: Amen.

We confess to God, and before you our siblings in Christ, that we have sinned of our own fault, in our thoughts and in our words, In the deeds we have done and in what we have failed to do. Now we ask you to pray for us. *Silence.*

+May you know forgiveness from God who is your Source. May Christ embrace you in his Grace. And may the Holy Spirit nurture, encourage and strengthen you in the time of your testing as you seek God's will. **Amen.**

The Peace

The peace of Christ be with you all! **And also with you!**

Offertory Song: Be Thou My Vision

Be thou my vision, O joy of my heart
Naught be all else to me, save that thou art
Thou my best thought, by day or by night
Waking or sleeping, thy presence my light

Be thou my wisdom, my calm in all strife;
I ever with thee and thou in my life;
Thou loving parent, thy child may I be,
Thou in me dwelling and I one with thee.

Be thou my battle shield, sword for the fight;
Be thou my dignity, thou my delight,
Thou my soul's shelter, thou my high tower;
Raise thou me heavenward, O power of my power.

Riches I heed not, nor vain, empty praise
Thou mine inheritance, now and always
Thou and thou only the first in my heart
Great God of heaven, my treasure thou art.

Great God of heaven, after victory won
May I reach heaven's joys, O bright heaven's sun!
Heart of my own heart, whatever befall
Still be my vision, O ruler of all.

Text: Irish ca. 8th century; Tune: SLANE, traditional Irish melody.

We Feast

The Invitation

The table of bread and wine is now to be made ready.
It is the table of company with Jesus, and all who love him.
It is the table of sharing with the poor of the world,
with whom Jesus identified himself.
It is the table of communion with the earth,
in which Christ became incarnate.

**We celebrate the life that Jesus has shared among his
community through the centuries, and shares with us now.
Made one in Christ and one with each other, we offer these
gifts and with them ourselves, a single, holy, living
sacrifice. Amen.** *Iona Community.*

The Lord be with You
And with your spirit.

Lift up your hearts

We lift them to the Lord

Let us give thanks to the Lord our God

It is right to give our thanks and praise.

We offer you praise, O God, with hearts lifted high. For in the communion of your love, Christ comes close to us and we come close to Christ. Therefore with the whole realm of nature around us; with earth, sea and sky, we sing to you. With, all the saints before and beside us, with our loved ones, separate from us now, who yet in this mystery are close to us, we join in the song of unending praise:

♩ = 100 Em C G D G Am Dsus⁴

O- Holy - Holy Holy Lord - O God of power and Might. All

C Am⁷ G D G C Em

Heaven and earth of-your glory are full Ho - sanna in the high - est. O

Bm Em D G G Dsus⁴

Blessed is the one who comes in the name-of-the Lord! Ho-

C Am G D G C Em

-sanna in the high - est. Ho - sanna in the high - est.

Blessed are you and blessed is our brother Jesus who walks with us the road of our world's suffering, and who is known to us in the breaking of bread. On the night of his arrest Jesus took bread and blessed it and gave it to his companions saying take and eat this is my body which is given for you. Do this in remembrance of me.

As supper was ending Jesus took the cup and after giving thanks he gave it to them and said, " Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Hear us, O God and breathe your Spirit upon us and upon this bread and wine. May they become for us your body and blood, vibrant with your life, healing, renewing and making your whole world whole.

As the bread and wine which we now eat and drink are changed into us, may we be changed again into you, bone of your bone, flesh of your flesh. May we know your presence in the sharing of this bread so that we may know your touch in all bread, all matter.

Let us proclaim the mystery of our faith:

♩ = 100 Em C G D G Am Dsus⁴

Sing Christ has died and Christ is ri - sen, Christ will come a - gain! Sing

C Am⁷ G D G C Em

Christ has died and Christ is ri - sen, Christ will come a - gain!

In times of fear and oppression, guide us with your love until the day when sorrow is turned to dancing and all creation sings the praises of your glory. Through Christ with Christ and in Christ. In the unity of the Holy Spirit, all honour and glory are yours now and forever.

♩ = 100 Em C G D G Am Dsus⁴

A - men, a - men, O Ho - ly One! Ho - san - na and A - men! A -

C Am⁷ G D G C Em

men, a - men, O Ho - ly One, Ho - san - na and A - men!

As beloved Children of a loving parent let us pray:

Our Father, *(or Mother/Parent/Source, if you prefer)*

who art in heaven, hallowed be thy name;

thy kingdom come; thy will be done

on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation, but deliver us from evil.

For thine is the kingdom, the power and the glory.

Forever and ever. Amen.

Take, bless, break, share. – These are the gifts of God, for the people of God, given for the life of the world. **Thanks be to God! Amen.**

All are welcomed to receive at Jesus' table, as each feel called. For those in-house, there are wine and grape juice options in the single cups. All of the bread is gluten-free.

Communion Song: Christ as a Light

Christ as a light, illumine and guide me.
Christ as a sheild, over shadow me.
Christ underneath, Christ over me;
Christ beside me, on my left and my right.

This day be within and without me,
Lowly and meek yet all powerful.
Be in my heart, of each to whom I speak;
In the mouth of each who speaks unto me.

This day be within and without me
Lowly and meek yet all powerful.
Christ as light, Christ as a shield
Christ beside me, on my left and my right.
John Michael Talbot / Birdwing Music / CCLI

Prayer after Communion

Eternal God, grant to your Church the unity and peace that we have tasted in this eucharist, the fruit of your life-giving Spirit. We ask this in the name of Jesus Christ the Lord. **Amen.**

We Are Sent

Benediction

May the gospel of peace wake you up in the morning.
May it walk with you like the shoes you slip on your feet.
May the truth of our interconnectedness go with you as if it were your wallet, your keys, in your back pocket.
May the Love of the Spirit cast cool shade upon your life, that you might rest under the tree of your belovedness, your living ripe with the fruits of the Spirit. And the blessing of God...

Amen (enfleshed:spiritual nourishment for collective liberation)

Closing Song: Study War No More

I'm gonna lay down my sword and shield
Down by the riverside
Down by the riverside
Down by the riverside
I'm gonna lay down my sword and shield
Down by the riverside
Study war no more

Chorus: I ain't gonna study war no more x6

I'm gonna put on my long white robe...

I'm gonna walk with the prince of peace...

African-American Traditional.

Sending

Stay with us now, since the day is far spent and the night is coming; kindle our hearts on the way, that we might recognize you this week, in creation, in the scriptures, in the breaking of bread, and in each other. Thanks be to God! Amen.

Iona Abbey Worship Book. 2001[alt]

Bell x 3



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