



PREPARATION

• IN THE NAME OF THE FATHER, THE SON, AND THE HOLY SPIRIT •
And now, just as you accepted Christ Jesus as your Lord,
you must continue to follow him.
Colossians 2:6

WORSHIP

That is why the Lord, who redeemed Abraham, says to the people of Israel,
**"My people will no longer be ashamed or turn pale with fear. For when they see
their many children and all the blessings I have given them, they will recognize
the holiness of the Holy One of Jacob. They will stand in awe of the God of Is-
rael. Then the wayward will gain understanding, and complainers will accept
instruction.**
Isaiah 29:22-24

CONFESSION

Satan, who is the god of this world, has blinded the minds of those who don't be-
lieve.
**They are unable to see the glorious light of the Good News. They don't under-
stand this message about the glory of Christ, who is the exact likeness of God.**
2 Corinthians 4:4

MEDITATION John 6:58-69*

I am the true bread that came down from heaven. Anyone who eats this bread will
not die as your ancestors did (even though they ate the manna) but will live forev-
er."
He said these things while he was teaching in the synagogue in Capernaum.
Many of his disciples said, "This is very hard to understand. How can anyone accept
it?"
Jesus was aware that his disciples were complaining, so he said to them, "Does this
offend you? Then what will you think if you see the Son of Man ascend to heaven
again? The Spirit alone gives eternal life. Human effort accomplishes nothing. And
the very words I have spoken to you
are spirit and life. But some of you do
not believe me." (For Jesus knew from
the beginning which ones didn't be-
lieve, and he knew who would betray
him.) Then he said, "That is why I said
that people can't come to me unless
the Father gives them to me."

IN SOLITUDE AND/OR COMMUNITY	
Read	Slowly, several times.
Reflect	What does the text say?
Respond	How does it relate to my life?
Rest	I welcome God's healing and renewal.

At this point many of his disciples turned away and deserted him. Then Jesus turned
to the Twelve and asked, "Are you also going to leave?"

Simon Peter replied, "Lord, to whom would we go? You have the words that give
eternal life. We believe, and we know you are the Holy One of God. "

ANCHORING PRAYER

YOU have the words that give eternal life.

REVIEW OF THE HEART

*How were God's words "spirit and life" to me?
What part of God's Word has been difficult for me to accept?*

WISDOM

For we who worship by the Spirit of God are the ones who are truly circumcised.
We rely on what Christ Jesus has done for us. We put no confidence in human
effort,
Philippians 3:3

So now there is no condemnation for those who belong to Christ Jesus.
Romans 8:1

Since we believe human testimony, surely we can believe the greater testimony
that comes from God. And God has testified about his Son.
1 John 5:9

TESTIMONY *What is God saying today?*

INTERCESSION *For the Church—for others—for me.*

BENEDICTION

And we know that the Son of God has come, and he has given us understanding so
that we can know the true God. And now we live in fellowship with the true God
because we live in fellowship with his Son, Jesus Christ. He is the only true God, and
he is eternal life.
1 John 5:20
**Lord, to whom would we go? You
have the words that give eternal
life. We believe, and we know you
are the Holy One of God.**
• Amen •
John 6:68b-69

SPACE FOR GOD DAILY
Be still and quiet before God.
Seek the Holy Spirit's filling and guidance.
Speak and act from a listening heart.
Actively serve in community with others.