

"Help. Thanks. Wow."

A Primer on Prayer

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August 15, 2021

Rejoice in our confident hope. Be patient in trouble, and keep on praying. Romans 12:12 (NLT)

"Is prayer your steering wheel or your spare tire?" - Corrie Ten Boom

Three simple instructions:

- 1. Keep it Simple.
- 2. Keep it Real.
- 3. Keep it Up.

One day Jesus told his disciples a story to show that they should always pray and never give up. Luke 18:1 (NLT)

Study Guide

1. Read this paraphrase of Matthew 6:7-8, as written in The Message:

"The world is full of so-called prayer warriors who are prayer-ignorant. They're full of formulas and programs and advice, peddling techniques for getting what you want from God. Don't fall for that non-sense. This is your Father you are dealing with, and he knows better than you what you need. With a God like this loving you, you can pray very simply."

- 2. What do you think about that passage, expressed that particular way?
- 3. Does it challenge your thinking or your approach to prayer? How or why?
- 4. Briefly review our simple teaching points from Sunday. How might your prayer experience be influenced by:
 - Keeping it Simple?
 - Keeping it Real?
 - Keeping it Up?
- 5. ... uhmmmm ... pray ... ?