



CHRIST CHURCH CATHEDRAL OTTAWA

A diverse and vibrant parish that glorifies God and welcomes all people

WELCOME

*It is so wonderful to gather and worship together! **Please note that masks must be worn at all times except when receiving communion.** If you require a headset for hearing assistance or you require communion to be brought to you in the pew, please speak with a Duty Warden or Sidesperson. Sunday school resources are currently available online.*

ELEVENTH SUNDAY AFTER PENTECOST

August 8th, 2021

10.30 am Sung Eucharist (BAS)
New Plainsong Mass – David Hurd

The flowers are given to the Glory of God and in loving memory of Joan L. Shipton and Marjorie Yorke-Slader (Lane) from her grandchildren and great grandchildren.

Prelude

Prelude in E-flat -- Alexandre Guilmant

THE GATHERING OF THE COMMUNITY

Hymn 373

This is the day the Lord hath made

Greeting

Dear friends, we gather this day on the traditional territory of the Algonquin Nation.
May we always dwell on this land with respect and peace.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

Almighty God,

**to you all hearts are open, all desires known and from you no secrets are hidden;
cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.**

Gloria

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Collect of the Day

Almighty God, you sent your Holy Spirit to be the life and light of your Church. Open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love, joy, and peace; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE PROCLAMATION OF THE WORD

First Reading

2 Samuel 18:5-9, 15, 31-33

A reading from the second book of Samuel.

The king ordered Joab and Abishai and Ittai, saying, "Deal gently for my sake with the young man Absalom." And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. And ten young men, Joab's armour-bearers, surrounded Absalom and struck him, and killed him. Then the Cushite came; and the Cushite said, "Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you." The king said to the Cushite, "Is it well with the young man Absalom?" The Cushite answered, "May the enemies of my lord the king, and all who rise up to do you harm, be like that young man." The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, "O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!"

Hear what the Spirit is saying to the Church.

Thanks be to God.

Psalm 130

Out of the depths have I called you, O Lord; Lord, hear my voice; let your ears consider well the voice of my supplication. If you, Lord, were to note what is done amiss, O Lord, who could stand? For there is forgiveness with you; therefore you shall be feared. I wait for the Lord; my soul waits for him; in his word is my hope. My soul waits for the Lord, more than watchmen for the morning, more than watchmen for the morning. O Israel, wait for the Lord, for with the Lord there is mercy; With him there is plenteous redemption, and he shall redeem Israel from all their sins.

Second Reading

Ephesians 4:25-5:2

A reading from the letter of Paul to the Ephesians.

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Hear what the Spirit is saying to the Church.

Thanks be to God.

Gradual

He prayeth best who loveth best – Morfydd Owen

He prayeth best who loveth best all things both great and small: For the dear God who loveth us, He made and loveth all.

Holy Gospel

John 6:35, 41-51

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Jesus Christ.

Jesus said to the people, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them,

"Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Apostles' Creed

Let us confess the faith of our baptism, as we say,

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of the People

Let us pray.

Let us pray in faith and with thanksgiving to the God of heaven and earth, saying "Lord, hear our prayer."

We pray for one another, for our families and friends, through whom we learn to love and to be loved. Thank you for all who care for us. Give us grace to serve Christ by serving our neighbours and our community, loving others as he loves us.

Let us pray to the Lord:

Lord, hear our prayer.

We pray for Indigenous neighbours, and we ask that you will help us hear, honour and respect their story. Give us humility, and help us to work for justice, reconciliation, healing and right relationship. We pray for all of our relations.

Let us pray to the Lord:

Lord, hear our prayer.

We thank you for the unfailing love you hold out to everyone in Jesus Christ. Comfort and heal those in sorrow, need, sickness or any other trouble. Give them courage and hope in their distress, and bless those who minister to them.

Let us pray to the Lord:

Lord, hear our prayer.

We remember with gratitude your many gifts to us in creation and the rich heritage of this land. Help us and people everywhere to share with justice and peace the resources of the earth. Give wisdom to those in authority among us and to all leaders of the nations.

Let us pray to the Lord:

Lord, hear our prayer.

We pray for your Church throughout the world, thanking you for all who serve Christ and his kingdom. By your Spirit strengthen your people for their work and witness in the world. Unite us in your truth and love, that we who confess your name may also reflect your glory.

Let us pray to the Lord:

Lord, hear our prayer.

We remember with thanksgiving all who have died in Christ, and we rejoice at the faithful witness of your saints in every age, praying that we may enter with them into the unending joy of your heavenly kingdom.

Let us pray to the Lord:

Lord, hear our prayer.

Merciful God, you look with compassion on all who turn to you. Hear the prayers of your people. Grant that what we have asked in faith we may by your grace receive; through Jesus Christ our Lord. **Amen.**

The Peace

The peace of the Lord be always with you.

And also with you.

Offertory Hymn 620

How sweet the name of Jesus sounds

Please note that the collection plate will not be passed but it is available at the back of the Cathedral before and after the service. You may also make an offering to the Cathedral by sending an e-transfer to info@ottawacathedral.ca or by going to <https://www.canadahelps.org/en/dn/5519>. Thank you!

THE CELEBRATION OF THE EUCHARIST

Prayer Over the Gifts

God our sustainer, accept all we offer you this day, and feed us continually with that bread which satisfies all hunger, your Son our Saviour Jesus Christ. **Amen.**

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right to give you thanks and praise, O Lord, our God, sustainer of the universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home; by your will they were created and have their being.

Glory to you for ever and ever.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill; you made us the stewards of creation.

Glory to you for ever and ever.

But we turn against you, and betray your trust; and we turn against one another. Again and again you call us to return. Through the prophets and sages you reveal your righteous law. In the fullness of time you sent your Son, born of a woman, to be our Saviour. He was wounded for our transgressions, and bruised for our iniquities. By his death he opened to us the way of freedom and peace.

Glory to you for ever and ever.

Therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn: *Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

Blessed are you, Lord our God, for sending us Jesus, the Christ, who on the night he was handed over to suffering and death, took bread, said the blessing, broke the bread, gave it to his friends, and said, "Take this, and eat it: this is my body which is given for you. Do this for the remembrance of me."

In the same way, after supper, he took the cup of wine; he gave you thanks, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Glory to you for ever and ever.

Gracious God, we recall the death of your Son Jesus Christ, we proclaim his resurrection and ascension, and we look with expectation for his coming as Lord of all the nations. We who have been redeemed by him, and made a new people by water and the Spirit, now bring you these gifts. Send your Holy Spirit upon us and upon this offering of your Church, that we who eat and drink at this holy table may share the divine life of Christ our Lord.

Glory to you for ever and ever.

Pour out your Spirit upon the whole earth and make it your new creation. Gather your Church together from the ends of the earth into your kingdom, where peace and justice are revealed, that we, with all your people, of every language, race, and nation, may share the banquet you have promised; through Christ, with Christ, and in Christ, all honour and glory are yours, creator of all.

Glory to you for ever and ever. Amen.

The Lord's Prayer

Our Father,

who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Breaking of the Bread

We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread.

The gifts of God for the People of God.

Thanks be to God.

Agnus Dei

Communion

For Communion, please proceed in a single line to the chancel. Each group seated together then moves to the altar rail in front of the clergy. For a blessing, cross your hands over your chest; for gluten-free, hold out one hand; for a regular wafer, hold out two hands. The common cup has been deemed safe, but if you are uncomfortable taking the cup, receiving in one kind is full communion. Intinction (dipping the wafer in the wine) is strictly prohibited. Please remove your mask, receive communion, and replace your mask before returning to your seat via one of the side aisles.

Motet

O salutaris hostia – Charles Gounod

*O salutaris hostia, quae coeli pandis ostium. Bella premunt hostilia. Da robur, fer auxilium.
/ O saving Victim open wide the gate of heaven to all below. Our foes press on from every side; Thine aid supply, Thy strength bestow.*

THE SENDING OF THE COMMUNITY

Prayer after Communion

God of grace, we have shared in the mystery of the body and blood of Christ. May we who have tasted the bread of life live with you for ever. We ask this in the name of Jesus Christ our Lord. **Amen.**

Glory to God,

whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

Blessing and Dismissal

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of the Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace, to love and serve the Lord.

Thanks be to God.

Hymn 387

All praise to thee

Postlude

March in F Major -- A. Guilmant

Celebrant
Gospeller and Preacher
Organist
Cantor
Readers
Intercessor
Duty Warden

Archdeacon Michelle Staples
Canon Doug Richards
Nicholas Walters
Keith Gomes
David Morgan, Judith O'Rourke
Chuck Staples
Shawn Scromeda

Liturgy: *The Book of Alternative Services* ©1985 by the General Synod of the Anglican Church of Canada. Readings: *New Revised Standard Version Bible (NRSV)* Anglicized Edition, ©1989, 1995, Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Hymns from *Common Praise*.

READINGS NEXT SUNDAY

August 15th – Twelfth Sunday after Pentecost

Isaiah 7:10-15; Psalm 132:6-10, 13-14; Galatians 4:4-7; Luke 1:46-55

CHRIST CHURCH CATHEDRAL DIRECTORY

*Anishinabe aking ate awaso kikinawadjichigan ~ A place of prayer on Algonquin territory
The Anglican Cathedral in the Nation's Capital
Cathedral of the Canadian Forces Anglican Military Ordinariate*

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The Right Reverend Shane Parker, *Bishop of Ottawa*

The Very Reverend Beth Bretzlaff (ext.16), *Dean of Ottawa and Rector*

The Reverend Canon Douglas Richards (ext.19), *Vicar*

The Reverend Canon Hilary Murray (ext.11), *Canon Pastor*

Albert Dumont (Oshki Nodin), *Algonquin Teacher in Residence*

Archdeacon Pat Johnston, Archdeacon Michelle Staples, *Honorary Assistants*

Deacon Christine Jannasch (613-818-1754), *Spiritual Director in Residence*

Josephine Hall (ext.29), *Cathedral Administrator*

Gillian Wheeler, Jane Morris, *Church Wardens*

Natasha Coolen, *Sunday School Coordinator*

James Calkin (ext.20), *Director of Music and Organist*

Andrew McAnerney (ext.12), *Associate Director of Music*

Nicholas Walters, *Assistant Organist*
