

# Lenten Quiet Day

March 10, 2018 at  
St. Mary the Virgin Anglican Church,  
Vegreville

**Come with me by yourself to a quiet place and get some rest.**

Mark 6:31

Nearing the midpoint in our journey from Ash Wednesday to Easter, you are invited to join us and come away to a quiet place to check in with your spirit and with God. Invite a friend to join you, if you wish. Then take some time to pray and to “be still and know that I am God.” Renew and strengthen your Lenten discipline. Listen for the longing of your heart. Come and let God transform you.

## Schedule

9:30 AM	Gather & Coffee
10:00 AM	Morning Prayer
10:15 AM	1 <sup>st</sup> Address
10:45 AM	Quiet time for reflection
11:30 AM	Eucharist & 2 <sup>nd</sup> Address, followed by a light lunch (provided)
1:00 PM	Final Address
1:30 PM	Quiet time for reflection
2:15 PM	Prayer and Dismissal



 **ST. MARY THE VIRGIN**  
Anglican Church  
5042 - 48 Avenue - Vegreville, AB